

YALU ZHANG

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Research Program

Aging, health, and poverty research, particularly: (a) social determinants of health; (b) consequences of health inequality; (c) policy responses to improve health care equity; and (d) social work interventions to improve health and financial literacy among older populations in the United States, China, and other countries.

Education

PhD Candidate	Columbia University School of Social Work Concentration in Social Policy, Planning, and Policy Analysis Dissertation Topic: Consequences of Health-Induced Poverty and Policy Responses Committee: Drs. Qin Gao (sponsor), Heidi Allen (co-sponsor), Jane Waldfogel, Sophie Mitra, and Usha Sambamoorthi	May 2021 (Expected)
MPhil	Columbia University School of Social Work	October 2019
MSW	Columbia University School of Social Work Concentration in Social Welfare Policy and Gerontology	May 2014
BA	Shanghai University, <i>summa cum laude</i> Major: Television Directing and Editing	July 2011
BA	East China Normal University Minor: Finance	July 2011

Honors & Awards

2020	Sylvia Rosenberg Dissertation Award in Aging and Mental Health
2020	Ruth Fizdale Doctoral Dissertation Support Program
2020	Sasakawa Young Leaders Fellowship Fund Dissertation Fellowship
2019	Weatherhead East Asian Institute PhD Training Grant
2019	Greg O'Neill Honorary Travel Grant
2018	Sasakawa Young Leaders Fellowship Fund PhD Summer Grant
2017	Phyllis and Joseph Caroff Doctoral Fellowship Fund
2017	Sheila B. Kamerman Scholarship Fund
2017	Epidemiology and Population Health Summer Institute Columbia University Scholarship
2016	Outstanding Student Poster Award, awarded to best paper presented at Gerontological Society of America 69th Annual Scientific Meeting, New Orleans, Louisiana; https://www.geron.org/membership/awards/awardees?showall=&start=19
2016	Dr. Barbara Berkman and Dr. Grace Christ Doctoral Scholarship Fund
2011	2011 Outstanding College Graduate of Shanghai
2010	2009-2010 Outstanding Student of Shanghai University
2010	2009-2010 Shanghai Municipal Government Scholarships
2010	2009-2010 Shanghai University President Scholarship
2010	2009-2010 Top Class Scholarship of Shanghai University
2009	2008-2009 First-class Scholarship of Shanghai University
2009	Summer Social Practice - Outstanding Project Award, Shanghai University
2009	Summer Social Practice - Outstanding Individual Award, Shanghai University
2008	2007-2008 Top Class Scholarship of Shanghai University
2008	2007-2008 Outstanding Student of Shanghai University

Publications

- Mitra, S., Gao, Q., Chen, W., & Zhang, Y. (2020). Health and employment among middle-aged and older adults: A panel analysis for China. *Journal of the Economics of Ageing*. <https://doi.org/10.1016/j.jeoa.2020.100255>.
- Zhang, Y., & Gao, Q. (2019). Catastrophic health expenditure and health-related quality of life among older adults in China. *Ageing and Society*, 1-21. <https://doi.org/10.1017/S0144686X19001661>.

- Lee, E., & **Zhang, Y.** (2018). Religiosity as a protective factor of psychological well-being among older Black, White and Asian Christians in the United States. *Ageing International*, 43(2), 321–335. <https://doi.org/10.1007/s12126-017-9319-1>.
- Tang, F., Chen, H., **Zhang, Y.**, & Mui, A. C. (2018). Employment and life satisfaction among middle- and old-aged adults in China. *Gerontology and Geriatric Medicine*, 4, 1–8. <https://doi.org/10.1177/2333721418778202>.
- Gao, Q., Yang, S., **Zhang, Y.**, & Li, S. (2017). The divided Chinese welfare system: Do health and education change the picture? *Social Policy and Society*, 17(2), 227–244. <https://doi.org/10.1017/S1474746417000100>.
- Zhang, Y.** (2011). To realize the media's guidance of public opinions in disaster reports (In Chinese). *Journal of Shanxi Radio & TV University*, 5, 106–109. Retrieved from <http://www.cnki.com.cn/Article/CJFDTotl-SXGB201105041.htm>

Manuscript under Review and Pending

- Zhang, Y.**, & Gao, Q. (*Under Review*). Does welfare receipt change consumption patterns among elder families? The case of China.
- Zhang, Y.** (*Under Review*). Health-induced poverty in the global context: Framework, measurement, and evidence.
- Allen, H., **Zhang, Y.**, Eliason, E., Spishak-Thomas, A., & Frankel, C. (*Under Review*). Adverse childhood experiences and their relationship with depression among adults in a low-income uninsured population.
- Zhang, Y.** (*Full manuscript in Preparation for Journal Submission*). The dynamic relationship between public and private transfers among elder: Does health care spending change the relationship?
- Zhang, Y.** (*Full manuscript in Preparation for Journal Submission*). Does New Rural Cooperative Medical Insurance reduce health-induced poverty? Evidence from the China Household Income Project.
- Zhang, Y.** (*Full manuscript in Preparation for Journal Submission*). Does closing the donut hole under the Affordable Care Act reduce financial burdens of prescription medication expenses?
- Zhang, Y.**, Gao, Q., Zhai, F., & Anand, P. (*Full manuscript in Preparation for Journal Submission*). Wealth and health in predicting older adults' social capabilities in China: Mediating role of community participation.
- Zewde, N., Wimer, C., & **Zhang, Y.** (*Full manuscript in Preparation for Journal Submission*). Will adding assets to resources reduce Supplemental Poverty Measure rates of poverty among the elderly? Evidence from the Health and Retirement Survey.

Selected Presentations

- Zhang, Y.**, & Gao, Q. (2020). *The impact of catastrophic expenditure on health and urban-rural inequality in China*. Poster presentation at the 24th Annual Conference of the Society for Social Work and Research, Washington, DC.
- Zhang, Y.** (2020). *Does New Rural Cooperative Medical Insurance reduce health-induced poverty? Evidence from the China Household Income Project*. Poster presentation at the 24th Annual Conference of the Society for Social Work and Research, Washington, DC.
- Allen, H., **Zhang, Y.**, Eliason, E., Spishak-Thomas, A., & Frankel, C. (2020). *Adverse childhood experiences and their relationship with depression among adults in a low-income uninsured population*. Oral paper presentation at the 24th Annual Conference of the Society for Social Work and Research, Washington, DC.
- Zhang, Y.**, Gao, Q., Zhai, F., & Anand, P. (2019). *Wealth and health in predicting elders' social capabilities in China: Mediating role of social network*. Oral paper presentation at the 71st Annual Scientific Meeting of the Gerontological Society of America, Austin, TX.
- Zhang, Y.**, & Mui, A. C. (2019). *Social isolation among the recipients of the minimum livelihood guarantee program: Evidence from the China Health and Retirement Longitudinal Study*. Paper presentation at the 71st Annual Scientific Meeting of the Gerontological Society of America, Austin, TX. **(Finalist for Outstanding Student Poster Award, awarded to the best 10 papers)**
- Zhang, Y.** (2019). *Do welfare receipts crowd out private transfers from families and friends? Evidence from panel data in China*. Paper presentation at the 71st Annual Scientific Meeting of the Gerontological Society of America, Austin, TX. **(Finalist for Outstanding Student Poster Award, awarded to the best 10 papers)**
- Zhang, Y.** (2019). *Does the New Rural Cooperative Medical Insurance reduce health-induced poverty? Evidence from the China Household Income Project*. Oral paper presentation at the 45th Eastern Economic Association Annual Meetings, New York, NY.

- Zhang, Y.,** Gao, Q., Zhai, F. & Anand, P. (2019). *Wealth and health in predicting elders' social capabilities in China: Mediating role of social resources*. Poster presentation at the 23rd Annual Conference of the Society for Social Work and Research, San Francisco, CA.
- Zhang, Y.,** Liu, J., & Mui, A. C. (2018). *Determinants of predicting, enabling and need factors on outpatient utilizations among rural and urban older adults in China*. Poster presentation at the 22nd Annual Conference of the Society for Social Work and Research, Washington, DC.
- Zhang, Y.,** Mui, A.C., Chen, H., Jiang, N., & Li, Y. (2017). *Alcohol use and outpatient service utilization among older adults in China*. Poster presentation at the 21st IAGG World Congress of Gerontology and Geriatrics, San Francisco, CA.
- Mui, A. C., **Zhang, Y.,** Chen, H., Jiang, N., & Li, Y. (2017). *Tobacco consumption and inpatient hospital service use among an older adult population in China*. Poster presentation at the 21st IAGG World Congress of Gerontology and Geriatrics, San Francisco, CA.
- Zhang, Y.,** & Mui, A. C. (2016). *Determinants of inpatient hospital service utilization among a national representative older adult sample in China*. Poster presentation at the 69th Annual Scientific Meeting of the Gerontological Society of America, New Orleans, LA.
- Zhang, Y.,** & Mui, A. C. (2016). *Outpatient services utilization among older Chinese living the community: Findings from the WHO Study on Global AGEing and Adult Health (SAGE)*. Paper presentation at the 69th Annual Scientific Meeting of the Gerontological Society of America, New Orleans, LA. **(Winner of Outstanding Student Poster Award, awarded to the best paper)**
- Chen, H., **Zhang, Y.,** Tang, F., & Mui, A. C. (2016). *Social participation and late-life well-being: Rural and urban differences*. Symposium paper presentation at the 69th Annual Scientific Meeting of the Gerontological Society of America, New Orleans, LA.
- Li, Y., **Zhang, Y.,** Chen, H., Mui, A.C., & Jiang, N. (2016). *Work and life satisfaction among older persons: A comparison between China and India*. Symposium paper presentation at the 69th Annual Scientific Meeting of the Gerontological Society of America, New Orleans, LA.
- Jiang, N., **Zhang, Y.,** Li, Y., & Mui, A. (2015). *Factors associated with work among older people without pension in China*. Poster presentation at the 68th Annual Scientific Meeting of the Gerontological Society of America, Orlando, FL.
- Li, Y., **Zhang, Y.,** Chen, H., Mui, A., & Jiang, N. (2015). *Work and life satisfaction among a nationally representative older adult sample in China*. Poster presentation at the 68th Annual Scientific Meeting of the Gerontological Society of America, Orlando, FL.
- Chen, H., Mui, A. C., Jiang, N., Li, Y., & **Zhang, Y.** (2015). *Later life work among men in China: Findings from the WHO Study on Global AGEing and Adult Health*. Poster presentation at the 68th Annual Scientific Meeting of the Gerontological Society of America, Orlando, FL.
- Zhang, Y.,** Mui, A. C., Chen, H., Jiang, N., & Li, Y. (2014). *Psychological well-being among older men and older women in China: Findings from the WHO Study on Global AGEing and Adult Health (SAGE)*. Poster presentation at the 67th Annual Scientific Meeting of the Gerontological Society of America, Washington, DC.
- Gao, Q. Yang, S., **Zhang, Y.,** & Li, S. (2014). *Three worlds of the Chinese welfare state: Do health and education change the picture?* Oral paper presentation at the 33rd General Conference of the International Association for Research in Income and Wealth, Rotterdam, Netherlands.
- Jiang, N., Mui, A. C., Li, Y., **Zhang, Y.,** & Chen, H., (2014). *Self-rated health among older adults in China: Findings from the WHO Study on Global AGEing and Adult Health (SAGE)*. Poster presentation at the 67th Annual Scientific Meeting of the Gerontological Society of America, Washington, DC.

Research Experience

- 2019– **Research Assistant**, Robert N Butler Columbia Aging Center
Project: Social Epidemiology of Aging Project. PI: Dr. Daniel Belsky
- 2018– **Research Fellow**, Columbia Population Research Center
Project: The Effects of Pension Income on Disability Status and Trajectories
- 2017– **Research Fellow**, Columbia China Center for Social Policy
Project: Chinese Welfare State Project and China's War on Poverty
- 2015– **Graduate Research Assistant**, Columbia University School of Social Work

- Project: Social Health Insurance and Citizens' Wellbeing in China and their International Comparisons. PI: Dr. Qin Gao
- 2018–2019 **Graduate Research Assistant**, Columbia University School of Social Work
Project: The Oregon Health Insurance Experiment. PI: Dr. Heidi Allen
- 2016–2017 **Graduate Research Assistant**, Columbia University School of Social Work
Project: Assessing Needs of Chinese Dementia Caregivers in New York City. PI: Dr. Jinyu Liu
- 2013–2015 **Research Assistant**, Columbia University School of Social Work
Project: WHO Study on Global AGEing & Adult Health. PIs: Dr. Ada Mui and Dr. Denise Burnette
- 2014 **Research Fellow**, National Council on Aging
Project: Evaluations on the Aging Mastery Program Model. Director: Emily Dessem

Social Work Practice

- 2015–2016 **Geriatric Social Worker**
Agency: Yearriver Inc., New York/Shanghai
- 2014–2015 **Care Transition Coach**
Agency: Selfhelp Community Services, New York, NY
- 2013–2014 **Social Work Intern**
Agency: Cities for Financial Empowerment Fund, New York, NY
- 2012–2013 **Social Work Intern**
Agency: Tompkins Park Senior Center, New York, NY

Teaching Experience

- Fall 2019 **Adjunct Instructor**, Social Work Research Method (Master's Level)
School of Social Work, Columbia University
- Spring 2018, 2019 **Guest Lecturer**, Global Social Policy (Master's Level)
School of Social Work, Columbia University
- Fall 2017–2019 **Guest Lecturer**, Policy Seminar I (Master's Level)
School of Social Work, Columbia University
- Fall 2015–2017 **Guest Lecturer**, Aging: Issue, Policy, Program, and Research (Master's Level)
School of Social Work, Columbia University
- Spring 2018 **Teaching Assistant**, Global Social Policy
School of Social Work, Columbia University
- Spring 2016 **Teaching Assistant**, Criminal Justice
Silberman School of Social Work, Hunter College
- Fall 2015 **Teaching Assistant**, Seminar in Social Welfare
Silberman School of Social Work, Hunter College
- Summer 2014, 2015 **Teaching Assistant**, Advocacy in Social Work Practice
School of Social Work, Columbia University

Professional Affiliations

- Member, Council of Social Work Education
Member, National Association of Social Workers
Member, Society for Social Work and Research
Member, International Association of Gerontology and Geriatrics
Member, Gerontological society of America
Member, Association for Public Policy Analysis & Management

- 2020– Reviewer, Council of Social Work Education Annual Meeting Program research proposal
2019– Reviewer, *Ageing and Society*
2018– Reviewer, *Ageing International*
2017– Reviewer, Gerontology Society of America Annual Conference Abstracts