

# Sara E. Landers, LMSW

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## EDUCATION

- PhD Student      Columbia University School of Social Work, Expected May 2023  
Advanced Practice Track
- MSW                University of Pennsylvania School of Social Policy & Practice, May 2017  
Clinical Practice Concentration  
Specialization in Child Well-Being and Child Welfare
- BS                  Haverford College, May 2013  
Major in Psychology, Minor in Child and Family Studies  
Senior Thesis: “An Investigation of the Effects of Mindfulness on Creative Problem Solving”

## HONORS & AWARDS

- 2020                Recipient of National Institute of Health TL1 award through the Columbia University Irving Institute’s Summer Predoctoral Clinical Research Training Program
- 2019                Alice P. Lin Doctoral Scholarship Recipient, Columbia University School of Social Work
- 2013                Stephen G. Cary Award Winner, Haverford College: Presented to the senior who best exemplifies the qualities of honesty, integrity, a healthy combination of scholarly and extracurricular activities, and a deep concern for Haverford and neighboring communities
- 2012                Psi Chi, The International Honor Society in Psychology

## RESEARCH EXPERIENCE

- 2019-Present      Graduate Research Assistant to Dr. Alissa Davis, Assistant Professor of Social Work. Columbia University School of Social Work, New York, New York. *Assist in the design and implementation of studies that address HIV/STIs, substance use, and mental health with a focus on developing interventions. Design surveys, adapt intervention manuals, pilot test interventions, conduct interviews, analyze quantitative and qualitative data, prepare posters and manuscripts for publication.*
- 2017-2019        Research Coordinator to Dr. Susan L. Rosenthal, Chief of the Division of Child and Adolescent Health and Vice Chair for Faculty Development. Columbia University Irving Medical Center, New York, New York. *Managed NIH R01-funded study on adolescent participation in biomedical*

*sexual health trials and other studies focused on sexual and reproductive health. Led the organization of qualitative data and analyzed quantitative data using SAS software. Developed and managed reports for principal investigators, industry sponsors, and institutional review board. Provided support to faculty in the Department of Pediatrics on adolescent health, global health, and faculty development projects.*

- 2016-2017 Student Fellow under supervision of Dr. Susan B. Sorenson, Director. Ortner Center on Violence & Abuse in Relationships at the University of Pennsylvania, Philadelphia, Pennsylvania.  
*Implemented exploratory study to document and describe new technologies being used to enhance or reduce women's safety. Participated in study design, data collection, analysis, and manuscript preparation.*
- 2013-2015 Clinical Research Assistant to Dr. Victoria A. Miller, Director of Research in the Division of Adolescent Medicine. Children's Hospital of Philadelphia (CHOP), Philadelphia, Pennsylvania.  
*Assisted with NIH R01 and R21-funded studies focused on youth involvement in chronic illness management. Administered psychosocial questionnaires to 8 to 16-year-old participants with either cystic fibrosis or type 1 diabetes and their parents. Coordinated scheduling and follow-up appointments for 167 participants and their families. Conducted literature reviews, contributed to data analysis, and prepared posters and manuscripts for publication.*
- 2012 Research Assistant under supervision of Dr. Kelley Moulton. Gender, Health, and Justice Research Unit at the University of Cape Town (UCT), Cape Town, South Africa.  
*Collected data on university safety protocols as part of a study on the psychosocial effects of gender-based street harassment in South Africa. Conducted literature review for op-ed on the appointment of female justices to South African high courts.*
- 2011-2012 Visiting Scholar in Child and Adolescent Psychiatry to Dr. Christoph U. Correll, Medical Director of the Recognition and Prevention (RAP) Program in the Department of Psychiatry. Zucker Hillside Hospital, Queens, New York.  
*Administered symptom, temperament, and lifestyle questionnaires to hospitalized and outpatient adolescents diagnosed with mood and psychotic disorders as part of a study seeking to characterize the bipolar and psychotic prodromes. Conducted, coded, and helped to interpret neurocognitive tests (MATRICS).*

## **TEACHING EXPERIENCE**

- 2017 SP2 Porter Family Student Fellow. University of Pennsylvania, Philadelphia, Pennsylvania.  
*Graduate Teaching Assistant to Dr. Johanna Greeson for the School of Social Policy & Practice Massive Online Open Course: Top 10 Social Issues for the First 100 Days on the issue of youth aging out of foster care.*

## CLINICAL EXPERIENCE

- 2016-2017 Clinical Social Work Intern. Hall Mercer Community Mental Health Clinic at Penn Medicine, Philadelphia, Pennsylvania.  
*Provided psychotherapy to children, adults, and families using evidence-based treatment interventions. Designed and implemented activities for children ages 4-5 in therapeutic day program. Observed child/adolescent psychiatric evaluations and adult medication management clinics. Attended weekly didactic sessions on mental health topics and clinical methodologies.*
- 2015-2016 Clinical Social Work Intern. Jane Addams Place, Philadelphia, Pennsylvania.  
*Provided comprehensive case management services to mothers and children experiencing homelessness. Held caseload of 12 families. Provided counseling, crisis intervention, risk assessments, safety planning, and referrals to community resources. Screened families who might qualify for Child and Family Traumatic Stress Intervention (CFTSI).*
- 2010-2013 Staff Member. Women\*s Center, Haverford College, Haverford, Pennsylvania.  
*Trained to manage the college's sexual assault crisis hotline; offered counseling to students in crisis. Provided support, resources, and information to the college community about issues of gender, sexuality, and sexual and reproductive health and rights.*

## PEER-REVIEWED PUBLICATIONS

- Guzman, A., **Landers, S.E.**, Nechitilo, M., Catallozzi, M., Gold, M.A., Bell, D.L., & Rosenthal, S.L. (2020). Acceptability of a phone app-based motivational interviewing intervention for young men's sexual health. *Journal of Technology in Behavioral Science*. Advance online publication.
- Landers, S.E.**, Francis, J.K.R., Morris, M. C., Mauro, M., & Rosenthal, S.L. (2020). Adolescent and parent perceptions about participation in biomedical sexual health trials. *Ethics & Human Research, 42*(3), 2-11.
- Rosenthal, S.L., **Landers, S.E.**, Gamble, C., Grigsby, R.K. (2019). Leadership training and its impact on leaders' risk of burnout. *Physician Leadership Journal, 6*(6), 43-49.
- Bornstein, L.M.D., **Landers, S.E.**, Rosenthal, S.L., & McCann, T. (2019). Physician perceptions of stakeholder influences on timing of hospital discharge in a children's hospital. *Global Pediatric Health, 6*, 1-6.
- Cardoso, L., Sorenson, S., Webb, O., & **Landers, S.E.** (2019). Recent and emerging technologies: Implications for women's safety. *Technology in Society, 58*, 101108.
- Francis, J.K.R., **Landers, S.E.**, Chang, C., Catallozzi, M., Radecki Breitkopf, C., & Rosenthal, S.L. (2019). Research participation provides parents and adolescents a launching pad for conversations. *Sexual Health, 16*(2), 198-199.

Rosenthal, S.L., Gamble, C., **Landers, S.E.**, & Stanberry, L.R. (2019). Faculty development programming within pediatric departments: Is it really happening? What their webpages tell us. *Journal of Pediatrics*, 206, 4-5.

Francis, J.K.R., de Roche, A.M., Mauro, C., **Landers, S.E.**, Chang, J., Catalozzi, M., Radecki Breitkopf, C., & Rosenthal, S.L. (2018). Adolescent-parent dyadic retention in an interview study and changes in willingness to participate in a hypothetical microbicide safety study. *Journal of Pediatric and Adolescent Gynecology*, 31(6), 592-596.

Tsevat, R.K., Radecki Breitkopf, C., **Landers, S.E.**, de Roche, A.M., Mauro, C., Ipp, L., Catalozzi, M., & Rosenthal, S.L. (2018). Adolescents' and parents' attitudes toward adolescent clinical trial participation: Changes over one year. *Journal of Empirical Research on Human Research Ethics*, 13(4), 383-390.

**Landers, S.E.**, Friedrich, E., Jawad, A.F., & Miller, V.A. (2016). Examining the interaction of parental involvement and parenting style in predicting adherence in youth with type 1 diabetes. *Families, Systems, & Health*, 34(1), 41-50.

Gerstenberg, M., Hauser, M., Al-Jadiri, A., Sheridan, E.M., Kishimoto, T., Borenstein, Y., **Landers, S.E.**... Correll, C.U. (2015). Frequency and correlates of DSM-5 attenuated psychosis syndrome in a sample of adolescent inpatients with nonpsychotic psychiatric disorders. *Journal of Clinical Psychiatry*, 76(11), e1449-e1458.

## **PROFESSIONAL PRESENTATIONS**

**Landers, S.E.**, Nussinov, T., Mergenova, G., Sarsembayeva, L., Gulyaev, V., Primbetova, S., Terlikbayeva, A., & Davis, A. (2020, July). *Perceptions of opioid substitution therapy among people with HIV who inject drugs and their intimate partners in Kazakhstan*. Poster presented at AIDS 2020: Virtual.

Rosenthal, S.L., **Landers, S.E.**, & Gamble, C. (2020, July). *Supporting faculty at all levels in saying yes, saying no, and letting go*. Poster accepted for presentation to the AAMC Group on Faculty Affairs Professional Development Conference, Portland, OR. [Meeting was cancelled due to COVID-19].

Guzman, A., **Landers, S.E.**, Nechitilo, M., Catalozzi, M., Gold, M.A., Bell, D.L., & Rosenthal, S.L. (2019, July). *Acceptability of a phone app-based motivational interviewing intervention for young men's sexual health*. Poster presented at the STI & HIV World Congress, Vancouver, Canada.

Rosenthal, S.L., **Landers, S.E.**, Gamble, C., Mauro, C., & Grigsby, R.K. (2019, July). *The effect of leadership training on burnout*. Poster presented at the AAMC Group on Faculty Affairs Professional Development Conference, Chicago, Illinois.

Rosenthal, S.L., **Landers, S.E.**, Gamble, C., & Saiman, L. (2019, July). *Division chiefs' documentation of conversations regarding scholarly products during the annual faculty review*. Poster presented at the AAMC Group on Faculty Affairs Professional Development Conference, Chicago, Illinois.

Francis, J.K.R., **Landers, S.E.**, Chang, C., Catalozzi, M., Radecki Breitkopf, C., & Rosenthal, S.L. (2019, March). *Research participation provides parents and adolescents a launching pad for conversations*. Poster presented nationally at the Society of Adolescent Health and Medicine Annual Meeting, Washington, DC and locally at the Women in Science and Medicine Conference at UT Southwestern, Dallas, Texas.

Rosenthal, S.L., Gamble, C., **Landers, S.E.**, & Stanberry, L.R. (2018, July). *Faculty development within Pediatrics: What do webpages tell us?*. Poster presented at the AAMC Group on Faculty Affairs Professional Development Conference, St. Louis, Missouri.

**Landers, S.E.**, Radecki Breitkopf, C., Mauro, C., Francis, JKR, Catalozzi, M., & Rosenthal, S.L. (2018, June). *Adolescent and parent dyads' memory of a microbicide safety study*. Poster presented at the International Union Against Sexually Transmitted Infections World & European Congress, Dublin, Ireland.

Francis, J.K.R., **Landers, S.E.**, Chang, J., Catalozzi, M., Radecki Breitkopf, C., & Rosenthal, S.L. (2018, March). *Adolescent-parent dyads' decision-making about adolescent participation in a reproductive health clinical trial*. Poster presented nationally at the Society for Adolescent Health and Medicine Annual Meeting, Seattle, Washington and locally at the Women in Science and Medicine Conference at UT Southwestern, Dallas, Texas.

Tsevat, R.K., Radecki Breitkopf, C., de Roche, A.M., **Landers, S.E.**, Ipp, L.S., Catalozzi, M., & Rosenthal SL. (2018, March). *Parents' attitudes toward adolescent participation in a hypothetical clinical trial: Changes over one year*. Poster presented at the Society for Adolescent Health and Medicine Annual Meeting, Seattle, Washington.

**Landers, S.E.**, Friedrich, E., & Miller, V.A. (2015, March). *Self-efficacy mediates the associations of parental coercion and autonomy support to adherence in adolescents with Type 1 Diabetes*. Poster presented at the Society for Adolescent Health and Medicine's Annual Meeting, Los Angeles, California.

**Landers, S.E.**, Jawad, A.F., & Miller, V.A. (2014, March). *Child satisfaction with parent-child illness management discussions in children with either Type 1 Diabetes or Cystic Fibrosis*. Poster presented at the Society for Pediatric Psychology's Annual Conference, Philadelphia, Pennsylvania.

## **PROFESSIONAL AFFILIATIONS & LICENSURE**

### **AFFILIATIONS**

2017- Present Member, National Association of Social Workers

### **LICENSURE**

2017- Present Licensed Master Social Worker, State of New York  
License No: 101425