

**Zuleka Henderson, Ph.D., LMSW**  
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## Education

- PhD                                      Howard University School of Social Work, 2015  
Concentration: Trauma; Adolescent Mental Health; Culturally Informed Service Delivery  
Dissertation Title: "African American Adolescents' Attitudes and Beliefs on Trauma and Healing: Implications for Mental Health Service Use"
- MSW                                      Fordham University Graduate School of Social Services, 2005  
Concentration: Children and Families
- BA                                         Wesleyan University, 2002  
Major: Sociology

## Grants/Research Experience

- 2016-2017                                **Co-Director**, *Expanding Global Learning Opportunities for Diverse and Underserved Students*, Funded by the Council on Social Work Education's Katherine A. Kendall Institute for International Social Work Education.
- 2015-2017                                **Project Director**, *Using Reality Television to Talk Mental Health Treatment with Bowie State University Students*, Funded by Morehouse School of Medicine's Historically Black Colleges and Universities Center for Excellence in Behavioral Health.
- 2011-2014                                **Investigator/Project Assistant**, *Engaging Men of Faith in Domestic Violence Prevention Education*, Funded by the Department of Justice Office on Violence Against Women.
- 2014                                        **Data Analyst & Program Assistant**, *Howard University/Mandela Washington Fellowship for Young African Leaders*
- 2011                                        **Data Analyst**, *Youth Service America*
- 2010-2011                                **Research Assistant**, *Howard University*

## Academic Positions

August 2017 – Present

### **Lecturer/Columbia University**

*Courses Taught:* Foundations of Social Work Practice; Decolonizing Social Work; Clinical Case Evaluation; Direct Practice

August 2015 – May 2017

### **Assistant Professor of Social Work/Bowie State University**

*Courses Taught:* Social Welfare Policy; Human Behavior and the Social Environment, Male/Female Relationships; Social Work Methods; Social Work Research; Religion, Spirituality, and the Helping Professions  
*Department & University Service:* Research Development Committee; Faculty Evaluation Committee; Reaffirmation Assessment and Evaluation Committee; Summer Undergraduate Research Institute Proposal Reviewer; Faculty Search Committee

August 2013-May 2015

### **Teaching Assistant/Howard University**

*Courses Taught:* Research Methods in Social Work, Data Analysis for Social Workers  
*Department & University Service:* Research Committee

## Clinical Practice Experience

September 2007-June 2010

### **Clinical Social Worker/Counseling in Schools National Network**

*Responsibilities:* Oversaw the development and day-to-day operations of a counseling center housed in a New York City public high school. Provided individual and group counseling for high school students and elementary school students and families in transitional housing. Designed and facilitated creative expression groups for teens with history of trauma, gang-involved youth, and youth impacted by the 2010 earthquake in Haiti. Supervised an MSW-level intern.

February 2007-August 2007

### **Senior Counselor/The Door**

*Responsibilities:* Partnered with the New York City Department of Education to provide clinical supports to students serving superintendent's suspensions; developed, facilitated, and evaluated groups on conflict resolution and self-esteem.

## Clinical Practice Experience (Cont'd)

December 2005 – February 2006

### **Clinical Social Worker/Jewish Board of Family and Children's Services**

*Responsibilities:* Provided case management services to families in crisis; administered screenings for depression and trauma; assessed for individual and family strengths, resources, and supports; developed and facilitated groups on sexual health, teenage parenting, and grief and loss for adolescents in the foster care system.

## Publications

Johnson, J., & **Henderson, Z.** (2018). Social work education and cultural competence: The role of Historically Black Colleges and Universities. In T.F. Boykin, A.A. Hilton, & R.T. Palmer (Eds.), *Professional education at Historically Black Colleges and Universities: Past trends and outcomes* (pp. 91-102). New York, NY: Routledge.

**Henderson, Z.** (2017). In their own words: How Black teens define trauma. *Journal of Child & Adolescent Trauma*, <https://doi.org/10.1007/s40653-017-0168-6>

**Henderson, Z.**, Acquaye, L., Waites, S., & Howard, T. (2016). Putting principles into practice: Addressing historical trauma, mistrust, and apprehension within Research Methods courses. *Journal of Social Work Education*, *52*(1), 69-78.

Bent-Goodley, T., **Henderson, Z.**, Youmans, L., & St. Vil, C. (2015). The role of men of faith in responding to domestic violence: Focus group themes. *Journal of the North American Association of Christians in Social Work*, *42*(30), 280-295.

Bent-Goodley, T., **Henderson, Z.**, & McFadgion, A. (2014). Domestic violence among African Americans: Strengthening knowledge to inform action. In L. Ross (Ed.), *Continuing the war against domestic violence* (pp. 67-80). Boca Raton, FL: CRC Press.

**Henderson, Z.** (2013). Reality TV therapy: Implications for mental health stigma and service utilization among African American adolescents. *Perspectives on Social Work Journal*, *30*(2), 50-57.

## Presentations

**Henderson, Z.**, Walton, Q., Kawaii-Bogue, B. (October 2017). Culturally relevant discourse about healing for African Americans across the life course. Presentation at the Annual Program Meeting (APM) for the Council on Social Work Education, Dallas, TX.

## [Presentations \(Cont'd\)](#)

**Henderson, Z.,** Burley, J., Smith, N. (March 2017). Enhancing student interest in research through grant involvement: An HBCU case example. Presentation at the Association of Baccalaureate Social Work Program Directors (BPD) Conference, New Orleans, Louisiana.

Blackman, C. **Henderson, Z.,** Hughes, M., Lewis-Jack, O., Lynch, A., Mitchell, A. (January 2017). Working with challenging students. Presentation at the Bowie State University Faculty Institute, Bowie, MD.

**Henderson, Z.** (November 2016). Black teens' perspectives on trauma-informed care: Implications for practice and the profession. Presentation at the Annual Program Meeting (APM) for the Council on Social Work Education, Atlanta, GA.

**Henderson, Z.** (January 2016). Out of the mouths of babes: Using dimensional analysis to understand how Black teens construct meaning of trauma and healing. Presentation at the Society for Social Work and Research Conference (SSWR). Washington, DC.

**Henderson, Z.** (August 2015). Using dimensional analysis to understand how African American teens conceptualize and approach healing from trauma. Presentation at the American Psychological Association (APA) 2015 Society for the Psychological Study of Culture, Ethnicity, and Race Conference, Toronto, Canada.

Kawaii, B., Atingdui, N., **Henderson, Z.,** & Walton, Q. (May 2015). Mental health resilience: Strategies for emotional wellness in Black Americans. Presentation at the Society for Qualitative Inquiry in Psychology (SQIP) Conference, New York, NY.

**Henderson, Z.** (April 2015). In their own words: How African American adolescents view trauma and healing. Presentation at the 12<sup>th</sup> Annual Yale Bouchet Conference on Diversity and Graduate Education, New Haven, Massachusetts.

**Henderson, Z.** (2014). Reality TV: Impact on mental health treatment stigma among Black teens. Poster presented at the Minority Health and Health Disparities Conference, Baltimore, MD.

**Henderson, Z.,** Stephens, T., & Walton, Q. (2013). Conceptualizing healing as a framework to address the mental health of African Americans. Presentation at the Annual Program Meeting for the Council on Social Work Education, Dallas, TX.

### **Professional Affiliations/Memberships/Service**

Member, Council on Social Work Education (CSWE)

Co-Chair, CSWE African Americans and the African Diaspora Track

Co-Editor, *Urban Social Work Journal, Special Issue: Ubuntu: I am Because We Are!*

### **Honors/Scholarships/Awards**

March 2016 Penn Center for Minority Serving Institutions ELEVATE Fellow

April 2015 Inducted into the Edward Bouchet Graduate Honor Society

August 2012 – May 2015 Council on Social Work Education Minority Fellow

May 2005 Inducted into the Graduate Chapter Phi Kappa Phi Honors Society