

Chelsea A. Allen, LCSW

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Education

PhD. Student	Columbia University <i>School of Social Work</i>	Expected 2023
Master of Social Work	University of South Carolina <i>College of Social Work</i>	May 2014
Bachelor of Social Work	University of South Carolina <i>College of Social Work</i>	May 2013

Honors & Awards

Provost Diversity Fellowship Fall 2019

The fellowship is intended to promote diversity, inclusion, and equity in pathways to the professoriate by attenuating barriers to access for doctoral study at Columbia University, particularly for US citizens and permanent residents who have overcome systemic challenges or hardships in their academic pursuits and who have demonstrated a strong commitment to engaging diversity.

Dean's List Fall 2010 - Spring 2013

Recognizes undergraduate students with a grade point average of 3.50 or higher earned on a minimum of 12 credited semester hours.

Clinical Licensure

Licensed Clinical Social Worker (LCSW)	NY	<i>Pending Application Approval by NY Board (submitted 4/1/2020)</i>	
Licensed Clinical Social Worker (LCSW)	NC	License #: C011190	November 2017
Licensed Independent Social Worker (LISW)	SC	License #: 10806	April 2017

Advanced Clinical Training

Child and Adolescent Level of Care Utilization System (CALOCUS) Provider, Certification	SC Dept. of Health & Human Services	May 2015
Grant Writing, Certification	University of South Carolina	May 2014

Clinical Experience

REACH Therapist October 2018- August 2019
Thompson Child & Family Focus Charlotte, NC

- Provide high-quality individual and family therapy in the home and community environment
- Work within an interdisciplinary team to provide ongoing care coordination, Person-Centered Planning, and case management services

Treatment Advocate February 2015 - August 2019
South Carolina Youth Advocates Program Columbia, SC

- Conduct diagnostic assessment and provide psycho-therapy to at-risk children and adolescents
- Develop clinical documentation and recommendations for rehabilitative behavioral health services
- Collaborate with families, treatment teams, and community providers to ensure continuity of care

Senior Social Worker April 2016 – October 2018
Mecklenburg County Youth & Family Services Charlotte, NC

- Conducted investigative assessment on reports of alleged abuse, neglect and/or dependency
- Assessed child's need for protective services to ensure safety and permanence
- Developed initial treatment plans to address families' strengths, needs and future risk

Group Facilitator (Volunteer) February 2015 – February 2016
Sexual Trauma Services of the Midlands Columbia, SC

- Led therapeutic support groups with survivors and their families
- Facilitated community psycho-educational groups for a local women's homeless shelter and a male residential substance abuse program

Lead Counselor June 2015 – April 2016

Three Rivers Behavioral Health

Columbia, SC

- Provided direct supervision to evening clinical staff
- Communicated daily progress and concerns of the department to management staff
- Completed administrative tasks for the department, such as weekly productivity reports and monthly staff schedule

Intake Counselor

June 2014 – June 2015

Three Rivers Behavioral Health

Columbia, SC

- Provided mental health services to emotionally disturbed and mentally ill patients
- Completed diagnostic assessments and direct treatment through individual, family, and group psychotherapy
- Managed clients in crisis utilizing appropriate therapeutic skills and assessment techniques
- Developed, implemented and evaluated patient care, according to identified needs
- Completed administrative tasks for the department, such as weekly productivity reports and monthly staff schedule

Research Experience

Research Assistant

Cogburn Research Group

September 2019 - Present

Courtney Cogburn, Ph.D.

Columbia University School of Social Work

- Supervise qualitative research team conducting thematic analysis to explore the development of critical race consciousness in White-identifying students

Research Assistant

'I Took Care of My Kids: Mothering While Incarcerated' (Manuscript Under Review)

July 2018 – September 2019

Annelise Mennicke, Ph.D.

University of North Carolina Charlotte

- Generated a thorough literature review of the factors that lead to homicide of incarcerated women post-release

Research Assistant

'The Working Poor Report: Poverty Despite Work'; 2016 Revision

February 2016 – December 2016

Appleseed Legal Justice

- Edited and updated the 2016 Annual Revision of 'The Working Poor Report: Poverty Despite Work'
- Consulted peer-reviewed literature and National/State census data to complete a report on the factors affecting poverty and eligibility for welfare services in South Carolina

Telephone Interviewer

Survey Research Lab

October 2014 – February 2015

Institute for Public Service and Policy Research

- Conducted telephone interviews of recipients of State food stamp and Medicaid benefits
- Performed telephone surveys of recent graduates of a local technical college regarding their satisfaction with their academic experience
- Obtained and recorded data for the purpose of evaluating agency programs and policies

Graduate Assistant August 2013 – May 2014
 Managed Care Department S.C. Dept. of Health and Human Services

- Compiled data and generated research reports to support the Department’s current research and outreach initiatives
- Partnered with Managed Care Staff toward the goal of improving health care outcomes and utilization of services
- Collaborated with community members to create effective service delivery models for local health care providers

Research Assistant August 2012 – May 2013
 Pathways to Kidney Transplant Parity Teri Browne, Ph.D.
 Research Group University of South Carolina

- Transcribed audio recordings of focus group sessions for the purpose of finding common trends in the experience of kidney disease patients
- Conducted literature reviews to assess the current knowledge of health disparities affecting kidney treatment

Teaching Experience

Teaching Development Program - Foundational Track Spring 2020 - Present
 Center for Teaching and Learning Columbia University

The program introduces graduate students to fundamental concepts and practices in student-centered teaching. It helps to deepen the experience of TAs, connecting early instructional experience to proven and sustainable pedagogical practices.

Guest Lecturer Fall 2017
 Social Welfare Services for Children & Youth University of South Carolina

Social welfare services available to children and youth and the referral processes involved

International Experience

Comparative Social Work and Social Welfare Maymester 2014
 Hanoi, Vietnam University of South Carolina

Publications

Manuscripts Under Review

Mennicke, A.M., Kennedy, S. C., & **Allen, C.A.** (2020). "I took care of my kids: Mothering while incarcerated". Manuscript submitted for publication.

Manuscripts In Preparation

Filippone, P. L. Frey, W. R. **Allen, C.A.** (2020). *Critical Race Consciousness Among White-Identifying MSW Students*. Manuscript in preparation.

Allen, C.A. (2020). *Reconceptualizing Historical Trauma: An Integrative Perspective for African Americans*. Manuscript in preparation.

Conference Presentations

Allen, C.A. (June, 2020). *Reconceptualizing Historical Trauma: An Integrative Perspective for African Americans*. Paper presented at the meeting of the Memory Studies Association, Charlottesville, VA.