

CARMELA ALCÁNTARA, PH.D.

Date of Preparation: May 15, 2019

Personal Data:

Birthplace: San Cristobal, Dominican Republic

Citizenship: USA

Contact Information: Columbia University School of Social Work, 1255 Amsterdam Avenue, Room 810, MC 4600, New York, NY 10027. Telephone: 212-851- 2187; Fax: 212-851-2204; Mobile: 917-536-2642; ca2543@columbia.edu

ACADEMIC APPOINTMENTS

07/2017 – Present	Associate Professor of Social Work (tenure-track) Columbia University School of Social Work	New York, NY
07/2015 – Present	Assistant Professor of Social Work (tenure-track) Columbia University School of Social Work	New York, NY
07/2015 – Present	Faculty Affiliate, Social Intervention Group Columbia University School of Social Work	New York, NY
11/2015 – Present	Faculty Affiliate, Columbia Population Research Center Columbia University	New York, NY
09/2012 – 06/2015	Associate Research Scientist, Department of Medicine Columbia University Medical Center	New York, NY

EDUCATION

05/2006 – 08/2010	University of Michigan, Department of Psychology (Clinical) Ph.D., August 2010 Dissertation Title: Do Ataque de Nervios and Padecer de Nervios Function as Culture-Bound Syndromes and Markers of Distress among Mexican Mothers? A Mixed-Methods Analysis. Chair (Joseph P. Gone) Alcantara C, Abelson JL, Gone JP. Beyond anxious predisposition: do padecer de nervios and ataque de nervios add incremental validity to predictions of current distress among mexican mothers? <i>Depression & Anxiety</i> . Jan 2012;29(1):23-31.	Ann Arbor, MI
08/2004 – 05/2006	University of Michigan, Department of Psychology (Clinical) M.A., May 2006	Ann Arbor, MI
08/2000 – 05/2004	Cornell University, College of Arts & Sciences B.A., May 2004, <i>Magna Cum Laude</i> ; Psychology and Sociology; Concentration: Latino Studies. Distinction in all Subjects.	Ithaca, NY

TRAINING

09/2010 – 08/2012	Postdoctoral Fellow, Harvard T.C. Chan School of Public Health Department of Social & Behavioral Sciences	Boston, MA
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07/2009 – 06/2010	Psychology Intern, Bellevue Hospital Center New York University Langone Medical Center	New York, NY
07/2008 – 05/2009	Practicum Student, Women's Perinatal Depression Team Department of Psychiatry, University of Michigan Medical School	Ann Arbor, MI
09/2007 – 05/2009	Practicum Student, Anxiety Disorders Clinic Department of Psychiatry, University of Michigan Medical School	Ann Arbor, MI
09/2006 – 12/2006	Practicum Student, Child Trauma Program Safehouse Center	Ann Arbor, MI

LICENSURE

Licensed for the practice of psychology in the State of New York (License #: 022363).

HONORS AND AWARDS

2017	Latino Social Work Coalition Leadership Award
2014	American Academy of Sleep Medicine Young Investigator Research Forum
2014	American Psychosomatic Society Young Investigator Colloquium
2013	NIH/NHLBI Investing in America's Future: Mentoring Researchers in Latino Health Disparities
2010-2012	Kellogg Health Scholars Program Postdoctoral Fellow
2011	Academy Health/Aetna Foundation Minority Scholars Program
2011	Family Research Consortium V Summer Institute Fellowship
2008	American Psychological Association MFP Psychology Summer Institute
2008	Rackham Outstanding Graduate Student Instructor Award (distinguished university teaching award)
2007	Rackham Graduate Student Research Grant
2007	Barbara A. Oleshansky Award
2007	National Multicultural Conference and Summit Travel Award
2007	Barbara Perry Roberson Award, Department of Psychology
2007	Dissertation/Thesis Grant, Department of Psychology
2007	Rackham Social Science Summer Training Award
2006, 2007	Teaching Honor Roll, Department of Psychology (Student evaluations in top 10%)

ACADEMIC SERVICE

2018– present	Columbia University, School of Social Work, Doctoral Program Committee, Member
2018– present	Columbia University, School of Social Work, Doctoral Admissions Committee, Member
2018– present	Columbia University, School of Social Work, Curriculum Committee, Member
2017– present	Columbia University, School of Social Work, Search Committee, Member
2016– present	Columbia University, Collaborative to Advance Equity through Research, Member
2016– 2017	Columbia University, School of Social Work, Admissions Committee, Co-Chair
2016– 2017	Columbia University, School of Social Work, Diversity Task Force Committee
2016– 2017	Columbia University, School of Social Work, Faculty Workload Committee
2015 – present	Columbia University, School of Social Work, Advanced Clinical Practice Committee
2015 – 2016	Columbia University, School of Social Work, Diversity Committee
2008 – 2009	University of Michigan, Department of Psychology Executive Committee
2008 – 2009	University of Michigan, Departmental Associate

2008 University of Michigan, Hispanic Heritage Month Planning Committee (Graduate Advisor)
 2006 – 2008 University of Michigan, Clinical Area Admissions Committee
 2007 – 2008 University of Michigan, Department of Psychology Diversity Committee
 2006 – 2008 University of Michigan, Latina/o Student Psychological Association Executive Co-Chair
 2006 – 2007 University of Michigan, Black Student Psychological Association Archival Co-Chair
 2005 – 2006 University of Michigan, Black Student Psychological Association Social Chair

PROFESSIONAL ORGANIZATIONS AND SOCIETIES

Memberships and Positions

Anxiety and Depression Association of America, member
 Sleep Research Society, member
 American Psychological Association, member
 Society for Social Work Research, member
 American Psychosomatic Society, member
 American Public Health Association, member
 American Academy of Sleep Medicine, member
 Society for the Psychological Study of Ethnic Minority Issues, Division 45, American Psychology Association, member

NATIONAL AND INTERNATIONAL SERVICE

Grant Reviewer

2018 Temporary Reviewer, National Heart Lung and Blood Institute Mentored Clinical and Basic Science (MCBS) Study Section, National Institutes of Health
 2015 External Reviewer, Research Program on Migration and Health (PISMA), an initiative of the University of California, Berkeley and the Health Initiatives of the Americas

Leadership in Professional Organizations

2017, 2018, 2019, 2020 Conference Coordinator, Anxiety and Depression Association of America Conference
 2013 – 2016 Co-Chair, Multicultural Special Interest Group, Anxiety and Depression Association of America

Consulting Editor

2019- present Cultural Diversity and Ethnic Minority Psychology

Journal/Conference Reviewer

2015 – present Ad Hoc Reviewer, Circulation, American Journal of Epidemiology, Psychosomatic Medicine, American Journal of Preventive Medicine, Health Psychology, Sleep Health, Cultural Diversity and Ethnic Minority Psychology
 2011 – present Ad Hoc Reviewer, Social Science & Medicine
 2011 – present Ad Hoc Reviewer, American Journal of Public Health
 2011 – present Ad Hoc Reviewer, Journal of Immigrant and Minority Health
 2011– 2013 Division 45 Proposals Reviewer, American Psychological Association Convention
 2014– present Symposium Submissions Reviewer, Anxiety and Depression Association of American Conference
 Annual Convention of the American Public Health Association

GRANT SUPPORT

Current Support

R01HS024274 (Alcantara, PI) AHRQ \$1,908,319 09/30/2018 – 07/31/2023
Using eHealth to Expand Access to Cognitive Behavioral Therapy for Insomnia in Hispanic Primary Care Patients The primary goals of this research are to compare the effectiveness of a culturally adapted ehealth program of cognitive behavioral therapy for insomnia vs. enhanced usual care for Spanish-speaking, Hispanic patients; examine barriers and facilitators to implementation, and determine the cost effectiveness of the intervention.

K23 HL125748 (Alcántara, PI) NIH/NHLBI \$796,500 09/01/2015 – 04/30/2020
Identifying Novel Behavioral Targets for Improving Sleep: A Self-Regulation Model
The overall goal of this career development award is to develop an independent scientist whose program of research focuses on cardiovascular behavioral risk factors including sleep. Using unobtrusive and continuous data collection methods, this observational study aims to identify a novel behavioral target to improve sleep by examining whether sleep deficiency is associated with deficits in self-regulation resources, and exploring if socioeconomic status alters this association.

U24AG052175 (Davidson, PI; Alcántara, Co-I) NIH \$610,369 09/01/2015-08/31/2020
Columbia University Science of Behavior Change Resource and Coordinating Center
The overall aim of this SOBC Resource and Coordinating Center (RCC) application is to provide strategic leadership, efficient coordination, inspired support, and pioneering dissemination of the innovative experimental medicine approaches that SOBC consortium scientists will adopt to identify, validate assays, and engage novel behavior change targets.

1R01HS024262 (Kronish, PI; Alcantara, Co-I) AHRQ \$780,000 9/01/2015-08/31/2020
Increasing the Uptake of the USPSTF Hypertension Screening Guidelines in Primary Care
The goal of this proposal is to determine the optimal approach to implementing the recent draft update to the U.S. Preventive Services Task Force (USPSTF) guidelines for hypertension screening in underserved primary care settings.

Past Support

Columbia University Provost Grant (Alcántara, PI) \$25,000 06/01/2016 – 12/31/2017
Grant for Junior Faculty Who Contribute to the Diversity Goals of the University
Cultural Adaptation of an Online Cognitive Behavioral Intervention for Insomnia for Hispanic Primary Care Patients This grant will utilize a cultural adaptation stages model, which integrates both top-down and bottom-up approaches to the cultural adaptation of an interactive online evidence-based program of CBT-I for English speaking and limited English-proficiency, low-income Hispanic primary care patients.

RWJF 73637 (Alcántara, Co-PI; Cabassa, Co-PI) \$100,000 6/01/2016 – 05/31/2017
Disaggregating Latino Surveillance Health Data Across the Lifecourse: Barriers, Facilitators, and Exemplars
The primary aim of this project is to identify the barriers and facilitators that either prevent or promote the collection of disaggregated surveillance health data on US Latinos. A secondary aim is to review exemplars of disaggregated surveillance health surveys to identify promising measures, approaches, and techniques.

PCORI (Davidson, PI; Alcántara, Co-I) PCORI \$749,815 12/01/2014 – 11/30/2017
Engaging Stakeholders in Building Patient-Centered N-of-1 Trials
The aims of this proposal are to engage patients and other key stakeholders (e.g., clinicians and ethicists) to prospectively shape the research and methods agenda of an N-of-1 RCT approach to increase the likelihood that patients, clinicians, and health systems can benefit from this method as a clinical decision tool.

KL2 TR000081-10 (Alcántara, PI) NIH/CTSA \$89,100 07/01/2015 – 08/31/2015

Prognostic Risk of Sleep Deficiency After Acute Coronary Syndrome

The primary goal of this proposal was to examine whether actigraphy-measured short sleep duration (<7 hours/night) after an acute coronary syndrome (ACS) predicted 1-year ACS recurrence and mortality in a large, diverse cohort of ACS patients, independent of traditional cardiovascular disease (CVD) risk factors.

3R01HL115941-01S1 (Davidson, PI; Burg, PI) NIH/NHLBI \$345,842 02/01/2013 – 06/30/2015

Ecological Link Of Psychosocial Stress To Exercise: Personalized Pathways

Role: Awardee, Investigator Research Supplement to Promote Diversity in Health-Related Research

Building off the parent grant, the primary aims of this supplement were to examine whether anxiety sensitivity—a cognitive vulnerability— was a predictor of actigraphy-assessed exercise, and the effect of anxiety sensitivity on the relationship between ecologically-assessed stress perception and actigraphy-assessed exercise behavior.

1F31MH078257-01A1 (Alcántara, PI) NIH/NIMH \$51,303 01/01/2008 – 06/30/2009

Acculturation and Ataque de Nervios in a Community Sample

Through the use of quantitative and qualitative methods this project explored the interplay between acculturation, ataque de nervios, and psychopathology in a Mexican/Mexican-American adult female community sample.

Pending

R01 MD012735 (Alcántara, PI) NIH/NIMHD \$3,650,861 04/01/2019 – 3/31/2025

Behavioral Mechanisms of Latina/o Sleep: An Ecological Study of Self-Regulation, Stress and Sleep

The goals of this research are to (a) test the bidirectional relationships between sleep and self-regulation among Latina/os, (b) examine if self-regulation mediates the sociocultural stress-sleep association, and (c) explore nativity status differences.

R01AG060929-01 (Yoon, PI; Alcántara, Co-I) NIH/NIA \$2,976,931 09/30/2018-08/31/2023

Using Twitter to Enhance the Social Support of Hispanic and Black Dementia Caregivers (Tweet-SS)

The specific aims for this application are (1) To analyze Tweets specific to dementia caregiving in Blacks and compare Tweet content and social network structures with our prior findings in Hispanics, which were already completed; (2) To operationalize a Twitter-based intervention to enhance the social support (informational, instrumental, emotional, appraisal) for Hispanic and Black dementia caregivers; and (3) To evaluate the impact of the Twitter-based intervention on Tweet content and social network structures of Hispanic and Black dementia caregiver networks.

EDUCATIONAL CONTRIBUTIONS

Direct Teaching

Instructor, Human Behavior and the Social Environment, Columbia University, New York, NY 2015, 2016, 2017, 2018
School of Social Work, 13-34 graduate students total; Teaching Evaluations: 4.61- 4.96 out of 5.0 rating.

Instructor (invited), ICPSR Immigration, Immigrants, and Health Conditions, Health Status, and Health Policies 2015
Transnational Ties, Immigrant Health, and Health Behavior Workshop, University of Michigan, Ann Arbor, MI
25 enrollees

Instructor, Research Methods, University of Michigan, Ann Arbor, MI, 2007
40 undergraduate students total; 20 students/discussion section; Teaching Evaluations: 4.90 out of 5.0 rating.

Instructor, Introduction to Psychopathology, University of Michigan, Ann Arbor, MI 2005, 2006
120 undergraduate students total; 30 students/discussion section; Teaching Evaluations: 4.78-4.98 out of 5.0 rating.

Advising and Mentorship

Doctoral Supervisor, Columbia University School of Social Work, New York, NY

2017 – Present: Luciana Andrea Giorgio Cosenzo; 2018 – Present: Sarah Valentina Diaz; 2015: Sam Han

Doctoral Comprehensive Exam Committee Member, Columbia University School of Social Work, New York, NY

2016 – Present: Julia Berenson

K99/R01 Advisor on Mentoring Team, Columbia University School of Nursing, New York, NY

2018 – Present: Samantha Stonbraker, PhD

Mentor, Columbia University School of Social Work, New York, NY

Master's in Science in Social Work students (2018-2019: Marcos Huerta, Joseida Rosario; 2015 – 2018: Luciana Andrea Giorgio Cosenzo, Elliot Paradis McCullough, Tiffany Vogt; Jennifer Frias, Adriana Rossel Castro; Melanie Morris, Norma Itzel Salas)

Mentor, Biostatistics Enrichment Summer Training Diversity Program, New York, NY

2014

2 Undergraduate Trainees (Christopher Grant [University of Northern Carolina at Chapel Hill] and Audrey Gil [Southern Methodist University]), Program at Columbia University Mailman School of Public Health

PUBLICATIONS

*denotes student/trainee

Original, Peer-Reviewed Research Publications in Print or Other Media

1. Johnson, D.A., Jackson, C.L., Williams, N., & **Alcántara, C.** (in press). Are Sleep Patterns Influenced by Race/Ethnicity- A Marker of Relative Advantage or Disadvantage? Evidence to date. *Nature and Science of Sleep*.
2. **Alcántara, C.**, Gallo, L. C., Wen, J., Dudley, K. A., Wallace, D. M., Mossavar-Rahmani, Y., . . . Patel, S. R. (2019). Employment Status and the Association of Sociocultural Stress with Sleep in the Hispanic Community Health Study/Study of Latinos (HCHS/SOL). *Sleep, 42*(4). doi: 10.1093/sleep/zsz002
3. Davidson, K. W., **Alcántara, C.**, & Miller, G. E. (2018). Selected psychological comorbidities in coronary heart disease: Challenges and grand opportunities. *American Psychologist, 73*(8), 1019-1030. doi: 10.1037/amp0000239
4. Diaz, K. M., Thanataveerat, A., Parsons, F. E., Yoon, S., Cheung, Y. K., **Alcántara, C.**, . . . Davidson, K. W. (2018). The Influence of Daily Stress on Sedentary Behavior: Group and Person (N of 1) Level Results of a 1-Year Observational Study. *Psychosomatic Medicine, 80*(7), 620-627. doi: 10.1097/psy.0000000000000610
5. Carter, E. J., Moise, N., **Alcántara, C.**, Sullivan, A. M., & Kronish, I. M. (2018). Patient Barriers and Facilitators to Ambulatory and Home Blood Pressure Monitoring: A Qualitative Study. *American Journal of Hypertension, 31*(8), 919-927. doi: 10.1093/ajh/hpy062
6. Yoon, S., Schwartz, J. E., Burg, M. M., Kronish, I. M., **Alcántara, C.**, Julian, J., . . . Diaz, K. M. (2018). Using Behavioral Analytics to Increase Exercise: A Randomized N-of-1 Study. *American Journal of Preventive Medicine, 54*(4), 559-567. doi: 10.1016/j.amepre.2017.12.011
7. McGlinchey, E. L., Oyesiku, L., Diaz, K. M., Ye, S., Abdalla, M., Schwartz, J. E., . . . **Alcántara, C.** (2018). Impact of Sleep Duration and Race on Recurrent Cardiovascular Events Following Acute Coronary Syndrome. *Journal of the American College of Cardiology, 71*(6), 701-703. doi: 10.1016/j.jacc.2017.10.099

8. Petrov, M. E., Weng, J., Reid, K. J., Wang, R., Ramos, A. R., Wallace, D. M., **Alcántara, C.** . . . Patel, S. R. (2018). Commuting and Sleep: Results From the Hispanic Community Health Study/Study of Latinos Sueno Ancillary Study. *American Journal of Preventive Medicine*, 54(3), e49-e57. doi: 10.1016/j.amepre.2017.11.006
9. **Alcántara, C.**, Patel, S. R., Carnethon, M., Castaneda, S., Isasi, C. R., Davis, S., . . . Gallo, L. C. (2017). Stress and Sleep: Results from the Hispanic Community Health Study/Study of Latinos Sociocultural Ancillary Study. *SSM Population Health*, 3, 713-721. doi: 10.1016/j.ssmph.2017.08.004
10. *Meli, L., **Alcántara, C.**, Sumner, J. A., Swan, B., Chang, B. P., & Edmondson, D. (2017). Enduring somatic threat perceptions and post-traumatic stress disorder symptoms in survivors of cardiac events. *Journal of Health Psychology*, 1359105317705982. doi: 10.1177/1359105317705982
11. Kronish, I.M., **Alcántara, C.**, Duer-Hefele, J., St. Onge, T., Davidson, K.W., Carter, E.J., Medina, V., Cohn, E., Moise, N. (2017). Opportunities for Personalized (N-of-1) Trials in the Mobile Health Era: Patient and Primary Care Provider Perspectives. *Journal of Clinical Epidemiology*. doi:10.1016/j.jclinepi.2017.06.008
12. **Alcántara, C.**, *Giorgio, L.C., *Fan, W., Doyle, D.M., Shaffer, J.A. (2017). Anxiety Sensitivity and Racial Differences in Sleep Duration: Results from a National Survey of Adults with Cardiovascular Disease. *Journal of Anxiety Disorders*, 48, 102-108. doi: 10.1016/j.janxdis.2016.10.002
13. Burg, M.M., Schwartz, J.E., Kronish, I.M., Diaz, K.M., **Alcántara, C.**, Duer-Hefele, J., Davidson, K.W. Does Stress Cause You to Exercise Less? Or Does Exercising Cause You to be Less Stressed? Or is it Both? Testing the Bidirectional Stress-Exercise Association at the Group and Person (N of 1) Level. (2017). *Annals of Behavioral Medicine*. doi: 10.1007/s12160-017-9902-4
14. Moise, N., Ye, S., **Alcantara, C.**, Davidson, K. W., & Kronish, I. (2017). Depressive symptoms and decision-making preferences in patients with comorbid illnesses. *Journal of Psychosomatic Research*, 92, 63-66. doi: 10.1016/j.jpsychores.2015.12.001
15. Simonelli, G., Dudley, K. A., Weng, J., Gallo, L. C., Perreira, K., Shah, N. A., **Alcántara, C.** . . . Patel, S. R. (2017). Neighborhood Factors as Predictors of Poor Sleep in the Sueno Ancillary Study of the Hispanic Community Health Study/Study of Latinos (HCHS/SOL). *Sleep*, 40(1). doi: 10.1093/sleep/zsw025
16. **Alcántara, C.**, Li, X., Canino, G., & Alegria, M. (2016). Treatment Moderators and Effectiveness of Engagement and Counseling for Latinos Intervention on Worry Reduction in a Low-Income Primary Care Sample. *Journal of Consulting & Clinical Psychology*, 84(11), 1016-1022. doi: 10.1037/ccp0000146
17. **Alcántara, C.**, Biggs, M.L., Davidson, K.W., Delaney, J.A., Jackson, C., Zee, P., Shea, S.J.C., & Redline, S. (2016). Sleep Disturbances and Depression in the Multi-Ethnic Study of Atherosclerosis. *Sleep*, 39(4), 915-925. doi: 10.5665/sleep.5654
18. Torres, J., **Alcántara, C.**, Rudolph, K., & Viruell-Fuentes, E. (2016). Cross-border ties as sources of risk and resilience: Do cross-border ties moderate the relationship between migration-related stress and psychological distress for Latino migrants in the U.S.? *Journal of Health & Social Behavior*, 57(4), 436-452. doi: 10.1177/0022146516667534.
19. Arellano-Morales, L., Elder, J.P., Sosa, E.T., Baquero, B., **Alcántara, C.** (2016). Health Promotion among Latino Adults: Conceptual Frameworks, Relevant Pathways, and Future Directions. *Journal of Latina/o Psychology*, 4(2), 83-97. doi: 10.1037/lat0000051Psychology.

20. Cespedes, E., Hu, F.B., Redline, S., Rosner, B., **Alcántara, C.**, Cai, J., Hall, M.H., et al. (2016). Comparison of Self-Reported Sleep Duration with Actigraphy: Results from the Hispanic Community Health Study/Study of Latinos Sueño Ancillary Study. *American Journal of Epidemiology*, 183(6), 561-573 doi: 10.1093/aje/kwv251
21. Cohen, R., Gasca, N. C., McClelland, R. L., **Alcántara, C.**, Jacobs, D. R., Jr., Diez Roux, A., . . . Shea, S. (2016). Effect of Physical Activity on the Relation Between Psychosocial Factors and Cardiovascular Events (from the Multi-Ethnic Study of Atherosclerosis). *American Journal of Cardiology*, 117(10), 1545-1551. doi: 10.1016/j.amjcard.2016.02.026
22. Denton, E.G., Shaffer, J.A., **Alcántara, C.**, Cardemil, E. (2016). Neighborhood Matters: The Impact of Hispanic Ethnic Density on Future Depressive Symptoms 1-Year Following an ACS Event among Hispanic Patients. *Journal of Behavioral Medicine*, 39(1), 28-40. doi: 10.1007/s10865-015-9679-5.
23. **Alcántara, C.**, Klesges, L.M., Resnicow, K., Stone, A., & Davidson, K.W. (2015). Enhancing the Evidence for Behavioral Counseling: A Perspective from the Society of Behavioral Medicine. *American Journal of Preventive Medicine*, 49(3 Suppl 2); S184-93; doi: 10.1016/j.amepre.2015.05.015.
24. Chen, X., Wang, R., Lutsey, P. L., Zee, P. C., Javaheri, S., **Alcántara, C.**, . . . Williams, M. A. (2016). Racial/ethnic differences in the associations between obesity measures and severity of sleep-disordered breathing: the Multi-Ethnic Study of Atherosclerosis. *Sleep Medicine*, 26, 46-53. doi: 10.1016/j.sleep.2015.06.003
25. Edmondson, D., Arndt, J., **Alcántara, C.**, & Schwartz, J. (2015). Self-Esteem Buffers the Effect of Anxiety Fluctuations on Blood Pressure. *Psychosomatic Medicine*, 77(7), 833-841. doi: 10.1097/PSY.0000000000000219
26. **Alcántara, C.**, Muntner, P., Edmondson, D., Safford, M. M., Redmond, N., Colantonio, L. D., & Davidson, K. W. (2015). Perfect storm: concurrent stress and depressive symptoms increase risk of myocardial infarction or death. *Circulation Cardiovascular Quality & Outcomes*, 8(2), 146-154. doi: 10.1161/circoutcomes.114.001180
27. Chen, X., Wang, R., Zee, P., Lutsey, P.L., Javaheri, S., **Alcántara, C.**, Jackson, C.L., Williams, M.A., Redline, S. (2015). Racial/Ethnic Differences in Sleep Disturbances: The Multi-Ethnic Study of Atherosclerosis (MESA). *Sleep*, 38(6), 877-888. doi: 10.5665/sleep.4732.
28. **Alcántara, C.**, Molina, K. M., & Kawachi, I. (2015). Transnational, social, and neighborhood ties and smoking among Latino immigrants: does gender matter? *American Journal of Public Health*, 105(4), 741-749. doi: 10.2105/ajph.2014.301964
29. **Alcántara, C.**, Chen, C. N., & Alegria, M. (2015). Transnational ties and past-year major depressive episodes among Latino immigrants. *Cultural Diversity & Ethnic Minority Psychology*, 21(3), 486-495. doi: 10.1037/a0037540
30. **Alcántara, C.**, Edmondson, D., Moise, N., Oyola, D., Hiti, D., & Kronish, I. M. (2014). Anxiety Sensitivity and Medication Nonadherence in Patients with Uncontrolled Hypertension. *Journal of Psychosomatic Research*, 77(4), 283-286. doi: <http://dx.doi.org/10.1016/j.jpsychores.2014.07.009>
31. Alegria, M., Ludman, E., Kalafi, N... **Alcántara, C.** et al. (2014). Effectiveness of the CERED (Comparative Effectiveness Research for Eliminating Disparities) Intervention on Low-Income Latinos. *Medical Care*, 52(11), 989-997. doi: 10.1097/MLR.0000000000000232
32. Kronish, I., Rieckmann, N., Burg, M. M., **Alcántara, C.**, & Davidson K.W. (2014). The Psychosocial Context Impacts Medication Adherence after Acute Coronary Syndrome. *Annals of Behavioral Medicine*, 47(2), 158-164. doi: 10.1007/s12160-013-9544-0.

33. **Alcántara, C.**, Peacock, J., Davidson, K.W., Hiti, D., Edmondson, D. (2014). The Association of Short Sleep after Acute Coronary Syndrome with Recurrent Cardiac Events and Mortality. *International Journal of Cardiology*, 171(2), e11-e12. doi: 10.1016/j.ijcard.2013.11.135
34. **Alcántara, C.**, & Davidson, K.W. (2014). Mental Disorders and Coronary Heart Disease Risk: Could the Evidence Elude Us While We Sleep? *Circulation*, 129(2):139-141. 10.1161/circulationaha.113.006515.
35. **Alcántara, C.**, Chen, C., & Alegría, M. (2014). Do Post-Migration Perceptions of Social Mobility Matter for Latino Immigrant Health? *Social Science & Medicine*, 101, 94-106. 10.1016/j.socscimed.2013.11.024
36. Whang, W., Peacock, J., Soliman, E. Z., **Alcántara, C.**, Nazarian, S., Shah, A. J., . . . Shimbo, D. (2014). Relations between depressive symptoms, anxiety, and T Wave abnormalities in subjects without clinically-apparent cardiovascular disease (from the Multi-Ethnic Study of Atherosclerosis [MESA]). *American Journal of Cardiology*, 114(12), 1917-1922. doi: 10.1016/j.amjcard.2014.09.034
37. Wasson, L. T., Shaffer, J., **Alcántara, C.**, Schwartz, J. E., & Edmondson, D. (2014). The association of posttraumatic stress disorder and quality of life during the first year after acute coronary syndrome. *International Journal of Cardiology*, 176(3), 1042-1043. doi: 10.1016/j.ijcard.2014.07.290
38. Denton, E. G., Shaffer, J. A., **Alcántara, C.**, Clemow, L., & Brondolo, E. (2015). Hispanic residential ethnic density and depression in post-acute coronary syndrome patients: Re-thinking the role of social support. *International Journal of Social Psychiatry*, 61(3), 225-235. doi: 10.1177/0020764014540148
39. Shaffer JA, Diaz K, **Alcántara C**, Edmondson, D., Krupka, D.J., Chaplin, W.F., & Davidson, K.W. (2014). An inexpensive device for monitoring patients' weights via automated hovering. *International Journal of Cardiology*, 172(2): e263-e264. doi: 10.1016/j.ijcard.2013.12.123
40. **Alcántara, C.**, Casement, M.D., & Lewis-Fernández, R. (2013). Conditional Risk for PTSD among Latinos: A Systematic Review of Racial/Ethnic Differences and Sociocultural Explanations. *Clinical Psychology Review*, 33(1), 107-119. doi: 10.1016/j.cpr.2012.10.005
41. Pabayo, R., **Alcántara, C.**, Kawachi, I., Wood, E., & Kerr, T. (2013). The role of depression and social support in non-fatal drug overdose among a cohort of injection drug users in a Canadian setting. *Drug & Alcohol Dependence*, 132(3), 603-609. doi: 10.1016/j.drugalcdep.2013.04.007
42. Molina, K., & **Alcántara, C.** (2013). Household Structure, Family Ties, and Psychological Distress among US-born and Immigrant Latino Women. *Journal of Family Psychology*, 27(1), 147-158. doi: 10.1037/a0031135
43. Burg, MM, Edmondson, D, Whang, W, Shaffer, JA, Kronish, IM, **Alcántara, C**, Schwartz, JE, Muntner, P, Shimbo, D, Davidson, KW. (2013). The 'Perfect Storm' that leads to acute coronary syndrome: Do psychosocial factors play a role? *Progress in Cardiovascular Diseases*, 55(6), 601-610. doi: 10.1016/j.pcad.2013.03.003
44. **Alcántara, C.**, & Abelson, J.L., & Gone, J.P. (2012). Beyond Anxious Predisposition: Do Ataque de Nervios and Padeecer de Nervios Add Incremental Validity to Predictions of Current Distress among Mexican Mothers? *Depression and Anxiety*, 29 (1), 23-31. doi:10.1002/da.20855
45. Gone, J. P., & **Alcántara, C.** (2010). The Ethnographically-Contextualized Case Study Method: Exploring ambitious achievement in an American Indian community. *Cultural Diversity & Ethnic Minority Psychology*, 16, 159-168. doi.org/10.1037/a0013873

46. **Alcántara, C.,** & Gone, J.P. (2007). Reviewing suicide in Native American communities: Situating risk and protective factors within a transactional-ecological framework. *Death Studies*, 31, 457-477. doi:10.1080/07481180701244587
47. Gone, J.P., & **Alcántara, C.** (2007). Effective mental health interventions for American Indians and Alaska Natives: A review of the literature. *Cultural Diversity & Ethnic Minority Psychology*, 13, 356-363.
48. Nazzi, T., Iakimova, G., Bertoncini, J., Frédonie, S., & **Alcántara, C.** (2006). Early segmentation of fluent speech of infants acquiring French: Emerging evidence for crosslinguistic differences. *Journal of Memory and Language*, 54, 283-299.

Reviews, Chapters, Monographs, Editorials

1. **Alcántara, C.,** *Estevez, C.D., Alegría, M. (2017) Latino and Asian Immigrant Adult Health: Paradoxes and Explanations. In S. Schwartz & J. Unger (Eds.), *Oxford Handbook of Acculturation and Health*. New York: Oxford University Press.
2. **Alcántara, C.,** Cabassa, L.J., Suglia, S., Perez Ibarra, I., Falzon, A.L., McCullough, E., Alvi, T. (2017). Disaggregating Latina/o Surveillance Health Data across the Lifecourse: Barriers, Facilitators, and Exemplars. Report contracted by the Robert Wood Johnson Foundation (RWJF Grant #: 73637).
3. **Alcántara, C.,** & Lewis-Fernández, R. (2016). Latinas' and Latinos' Risk of Posttraumatic Stress Disorder After Trauma Exposure: A Review of Sociocultural Explanations. In D. Hinton & B. Good (Eds.), *Culture and PTSD*. Philadelphia, Pennsylvania: University of Pennsylvania Press.
4. **Alcántara, C.,** & Gone, J.P. (2013). Multicultural issues in the clinical interview and diagnostic process. In F.T.L. Leong, L. Comas-Diaz, G. Nagayama Hall, V. McLoyd, & J. Trimble (Eds.), *APA handbook of multicultural psychology: Applications and training* (Volume 2). Washington, DC: American Psychological Association.
5. **Alcántara, C.,** Hudson Banks, K., Haynes, T. Graham, E.T., Winborne, K., & Kohn-Wood, L.P. (2009). Diversity issues in clinical psychology. In D.C.S. Richard & S.K. Huprich (Eds.), *Clinical Psychology: Assessment, Treatment, and Research*, (pp. 447- 473). New York: Academic Press.
6. **Alcántara, C.,** & Gone, J. P. (2007). Suicide in Native American communities: A transactional-ecological formulation of the problem. In F. T. L. Leong & M. M. Leach (Eds.), *Suicide among racial and ethnic groups: Theory, research, and practice*, (pp. 173-199). New York: Brunner-Routledge.
7. Gone, J. P., & **Alcántara, C.** (2006). *Traditional healing and suicide prevention in Native American communities: Research and policy considerations*. Unpublished report contracted by the Office of Behavioral and Social Sciences Research, National Institutes of Health (Contract No. MI-60823).

Under Review

Alcántara, C., Giorgio, L.C., Vogt, T., McCullough, E.P., Falzon, A.L., Ibarra, I.P. Cultural Adaptations of Psychological Interventions for Prevalent Sleep-Wake Disorders in the United States: A Systematic Review. Manuscript submitted for publication. PROSPERO 2016: CRD42016039070

Alcántara, C., *Cosenzo, L.G., Shimbo, D., Miller, G.E. Longer Sleep Duration and Endothelial Cell Health among a Multi-Ethnic Sample of Adolescents. Manuscript submitted for publication. Revised and Resubmitted. *Psychosomatic Medicine*.

Alcántara, C., Qian, M., Meli, L., Ensari, I., Siqin, K. Davidson, K.W., Diaz, K.M. Anxiety Sensitivity and Physical Inactivity in a National Sample of Adults with Cardiovascular Disease. Manuscript submitted for publication.

April-Sanders, A., Duarte, C., Wang, Shuang, M Glinchey, E., **Alcantara, C.**, Bird, H., et al. Childhood Adversity and Sleep Disturbances: Longitudinal Results in Puerto Rican Children. Manuscript submitted for publication.

Shechter, A., Romero, E., Abdalla, M., Thanataveerat, A., **Alcantara, C.**, Kronish, I., & Edmondson, D. Short sleep duration following evaluation for acute coronary syndrome is associated with increased risk of 6-month readmission. Revised and Resubmitted. *Psychosomatic Medicine*.

In Progress

Alcantara, C., Diaz, S.V., Giorgio, L.C., Loucks, E., Penedo, F., & Williams, N.J. Social Determinants as Moderators of Health Behavior Change Interventions: Scientific Gaps and New Directions. Invited Contribution for Special Issue in *Health Psychology Review*.

Alcántara, C., Cabassa, L., Suglia, S., Ibarra, I.P., Falzon, A.L., McCullough, E., & Alvi, T. A Systematic Review of Latina/o Surveillance Health Data Disaggregation across the Lifecourse. Manuscript in Preparation. PROSPERO 2016: CRD42016041879

Hamilton, T., & **Alcántara, C.** Measuring the Degree of Variation in Health among Latinos: How Much Does Race, Country of Origin, and Ancestry Matter? Manuscript in preparation.

Giorgio, L.C., Diaz, S.V., & **Alcántara, C.** Migration and Sleep among Latina/o, Asian, and Black Adult Immigrants. In G. Nagayama Hall & E. Huang, E.R. (Eds.), *Immigration and Mental Health*. Elsevier. Manuscript in preparation.

INVITED AND/OR PEER-SELECTED PRESENTATIONS

*denotes trainee

Invited

Alcántara, C. (2019, January). *Social Determinants of Latina/o Sleep Health: Insights and Implications for Behavioral Interventions*. Invited presentation for Center for Healthful Behavior Change in the Department of Population Health at New York University Langone School of Medicine, New York, NY.

Alcántara, C. (2019, January). *Social Determinants of Latina/o Sleep Health: Insights and Implications for Behavioral Interventions*. Invited presentation for Department of Psychology at University of Arizona, Tucson, AZ.

Alcántara, C. (2018, December). *Social Determinants of Latina/o Sleep Health: Insights and New Directions*. Invited presentation for Department of Psychiatry Grand Rounds at Weill Cornell Medical College-New York Presbyterian Hospital –Westchester Division, White Plains, NY.

Alcántara, C. (2017, June). *Unpacking Acculturation and Migration Health Data*. Invited presentation for the Robert Wood Johnson Foundation Racial/Ethnic Health Data Disaggregation Convening, Washington, DC.

Alcántara, C. (2017, March). *Social Determinants of Latina/o Sleep Health: Insights and New Directions*. Invited presentation for the Mt. Sinai Integrative Sleep Center in the Mount Sinai School of Medicine, New York, NY.

Alcántara, C. (2016, May). *Sleep in the 21st Century: A National Crisis and What We Can Do About It*. Invited presentation for the Columbia University School of Social Work Annual Alumni Conference, New York, NY.

Alcántara, C. (2015, November). *Latino Health: Exploring the Transnational Context*. Invited presentation for the Spanish Department at Franklin & Marshall College, Lancaster, PA.

Alcántara, C. (2015, April). *Context and Health: Exploring Migration, Socioeconomic, and Psychosocial Influences*. Invited presentation for Columbia University School of Social Work, New York, NY.

Alcántara, C. (2015, January). *Context and Health: Exploring Migration, Socioeconomic, and Psychosocial Influences*. Invited presentation for the Department of Psychology at San Diego State University, San Diego, CA.

Alcántara, C. (2014, October). *Aquí y Allá: Transnational Ties, Gender, and Latino Immigrant Health*. Invited presentation for the Latino Pedagogies: Theorizing a Transnational Experience Conference, Stony Brook University, Stony Brook, NY.

Alcántara, C. (2012, January). *Culture, Social Position, and the Mental Health of Latino Immigrants*. Invited presentation for the Department of Psychology at University of Southern California, Los Angeles, CA.

International

Alcántara, C. (2017, March). Employment and the Association of Stress with Insomnia and Habitual Sleep in Latina/os. In T. Lewis (Chair), *Hispanic Health Disparities*. Invited Symposium conducted at the 75th Annual Scientific Meeting of the American Psychosomatic Society, Sevilla, Spain.

Alcántara, C. (2016, October). *Sleep in the 21st Century: A Global Crisis and What We Can Do About It*. Invited presentation for the Columbia University School of Social Work Recruitment Event, Beijing, China.

Select National Presentations

Alcántara, C., Li, G., *Zheng, X., *Giorgio, Ibarra, I.P. (2019, March). Self-Regulatory Processes and Sleep among Urban-Dwelling Latina/o Adults. In C. Alcántara (Chair), *Self-Regulatory Processes, Mental Health, and Help Seeking among Racial/Ethnic Minorities across the Lifecourse*, Symposium conducted at the Anxiety and Depression Association of America Annual Conference, Chicago, IL.

Fustis, E., Roember, L., **Alcantara, C.,** Arbid, N., Graham-LoPresti, J., Hayes-Skelton, S. (2018, April). Cultivating Awareness and Understanding of Privilege and Marginization to Enhance Culturally-Responsive Clinical Work and Mentorship: The Role of Cultural Humility and Compassion. Panel Discussion at the Anxiety and Depression Association of America Annual Conference, Washington, DC.

Alcántara, C., *Giorgio, L.C., Fan, W., Doyle, J. Shaffer, J.A. (2017, April). Anxiety Sensitivity and Racial Differences in Sleep Duration: Results from a National Survey of Adults with Cardiovascular Disease. In K. D'Anna-Hernandez (Chair), *Health Disparities in Anxiety and Behavioral Health Factors*, Symposium conducted at the Anxiety and Depression Association of America Annual Conference, San Francisco, CA.

Alcántara, C., Hayes-Skelton, S. (2016, April). In C. Alcantara & S. Hayes-Skelton (Co-Chairs), *Enhancing the Cultural Sensitivity of Interventions for Anxiety and Depression*. Roundtable conducted at the Anxiety and Depression Association of America Annual Conference, Philadelphia, PA.

Alcántara, C., Carnethon, M., Arredondo, E., Castaneda, S., Isasi, C.I., Ramos, A.R., Davis, S., Patel, S., Redline, S., Zee, P.C., & Gallo, L.C. (2016, March). Chronic Psychosocial and Sociocultural Stress and Sleep Disturbances in the HCHS/SOL- Sociocultural Ancillary Study. In W. Troxel (Chair), *From Couples to Communities: Understanding How Social Environments Influence Sleep*. Symposium conducted at the 74th Annual Scientific Meeting of the American Psychosomatic Society, Denver, CO

Alcantara, C., Diaz, K.M., Parsons, F., Schwartz, J.E., Burg, M., & Davidson, K.W. (2016, March). Anxiety Sensitivity, Stress, and 6-Month Exercise Behavior in Healthy Adults. In J. Stewart (Chair), *Learning From Healthy Populations*. Paper presented at the 74th Annual Scientific Meeting of the American Psychosomatic Society, Denver, CO.

Alcántara, C., Biggs, M.L., Davidson, K.W., Delaney, J.A., Jackson, C., Zee, P., Shea, S.J.C., & Redline, S. (2015, June). *Sleep Disturbances and Depression in the Multi-Ethnic Study of Atherosclerosis*. Poster presented at SLEEP, Seattle, WA.

Alcántara, C., Gill, A., Grant, C. (2015, April). Psychosocial and Sociodemographic Correlates of Sleep Deficiency in Adults with Coronary Heart Disease. In K. Martinez (Chair), *Culture, Biology, & Context: Does it Matter for Practice?* Symposium conducted at the Anxiety and Depression Association of America Annual Conference, Miami, FL.

Alcántara, C., Chen, X., Canino, G., Alegria, M.I. (2014, March). The Effect of a Cognitive Behavioral Intervention for Depression on Anxiety among Latino Primary Care Patients: Evidence of Transdiagnostic Clinical Utility. In C. Alcántara (Chair), *Racial/Ethnic and Sociocultural Considerations in the Search for Personalized Treatments for Anxiety and Mood Disorders*. Symposium conducted at the Anxiety Disorders and Depression Conference, Chicago, IL.

Alcántara, C., Molina, K., & Kawachi, I. (2013, November). Transnational, Social, and Neighborhood Ties and Smoking among Latino Immigrants: Does Gender Matter? Paper presented at the American Public Health Association 141st Annual Meeting and Exposition, Boston, MA.

Alcántara, C. (2013, August). Patient Preferred Outcomes and Interventions for Patients with Heart Attacks. In J.A. Shaffer & C. Alcántara (Co-Chairs), *Patient Oriented Research in Health Psychology*. Symposium conducted at the 121st Annual Convention of the American Psychological Association in Honolulu, Hawaii.

Alcántara, C., Chen, C., & Alegría, M. (2012, May). *Transnational Ties and Latino Immigrant Mental Health*. Paper presented at the 2nd Biennial American Psychological Association Division 45 Conference, Ann Arbor, MI.

Alcántara, C., Casement, M.D., & Lewis-Fernández, R. (2012, April). Conditional Risk Differences for PTSD among Latinos: A Systematic Review of Racial/Ethnic Differences and Sociocultural Explanations. Paper presented at the 32nd Annual Conference of the Anxiety Disorders Association of America, Arlington, Virginia.

Alcántara, C. (2010, November). Clinical Utility and Validity of Ataque de Nervios and Padecer de Nervios among Mexican Mothers: A Mixed Method Analysis. Paper presented at NIH Trainee Seminar, Harvard School of Public Health, Boston, Massachusetts.

Alcántara, C., & Gone, J.P. (2007, January). Trauma and Aboriginal residential school syndrome: The need for counter narratives. In J.P. Gone (Chair), *Promoting (counter) narratives of resilience in multiply oppressed communities*. Symposium conducted at the National Multicultural Conference and Summit 2007: The psychology of multiple identities: Finding empowerment in the face of oppression, Seattle, Washington.

Alcántara, C. (2006, May). Turning the investigative lens inward. In C.Winston (Chair), *Up close and personal: Teaching and learning in a narrative, life story, and race graduate seminar in the department of psychology at the University of Michigan*. Symposium conducted at the meeting of the Second International Congress of Qualitative Inquiry, Urbana-Champaign, IL.

MEDIA

For **Alcántara, C.**, Muntner, P., Edmondson, D., Safford, M. M., Redmond, N., Colantonio, L. D., & Davidson, K. W. (2015). Perfect storm: concurrent stress and depressive symptoms increase risk of myocardial infarction or death. *Circ Cardiovasc Qual Outcomes*, 8(2), 146-154. doi: 10.1161/circoutcomes.114.001180

March 10, 2015

TIME; WebMD; US News & World Report; CBS News; Medical Xpress; Live Science; Yahoo News, UK; CBS Local