

COVID-19: Everything You Need to Know



INFORMATION ABOUT COVID-19 VACCINES

Remember to continue wearing a mask and washing your hands after getting vaccinated!



- **Name:** Pfizer-BioNTech
- **Type of Vaccine:** mRNA
- **Number of Doses:** 2 doses taken 21 days apart
- **Method of Administration:** Shot in the muscle of the upper arm
- **Efficacy:** 95% efficacy in preventing COVID-19 in previously uninfected individuals
- **Potential Side Effects:** Symptoms typically arise within 7 days of receiving the vaccine, usually after the second dose, and can include pain, redness, and swelling at the injection site, fatigue, headaches, muscle pain, chills, fever, and nausea
- **Who Is Eligible?:** Anyone 16 years old and over



- **Name:** Moderna
- **Type of Vaccine:** mRNA
- **Number of Doses:** 2 doses taken 1 month (28 days) apart
- **Method of Administration:** Shot in the muscle of the upper arm
- **Efficacy:** 94.1% efficacy in preventing COVID-19 in previously uninfected individuals
- **Potential Side Effects:** Symptoms typically arise within 7 days of receiving the vaccine, usually after the second dose, and can include pain, redness, and swelling at the injection site, fatigue, headaches, muscle pain, chills, fever, and nausea
- **Who Is Eligible?:** Anyone 18 years old and over



- **Name:** Johnson & Johnson
- **Type of Vaccine:** Viral vector
- **Number of Doses:** 1 dose
- **Method of Administration:** Shot in the muscle of the upper arm
- **Efficacy:** 72% overall efficacy and 86% efficacy against severe disease
- **Potential Side Effects:** Symptoms typically arise within 7 days of receiving the vaccine, and can include pain, redness, and swelling at the injection site, fatigue, headaches, muscle pain, chills, fever, and nausea
- **Who Is Eligible?:** Anyone 18 years old and over

Sources:
<https://www.cdc.gov/coronavirus/2019-ncov/vaccines/different-vaccines/Pfizer-BioNTech.html>
<https://www.cdc.gov/coronavirus/2019-ncov/vaccines/different-vaccines/Moderna.html>
<https://www.cdc.gov/coronavirus/2019-ncov/vaccines/different-vaccines/janssen.html>
<https://www.yalemedicine.org/news/covid-19-vaccine-comparison>

SCAN THIS QR CODE TO FIND THE NEAREST NYC
VACCINATION SITE NEAR YOU



Support & Resources for Addressing Anti-Asian Violence

According to an analysis done by the Center for the Study of Hate and Extremism at California State University, anti-Asian hate crimes increased by nearly 150% in 2020, mostly in NYC and LA.



API Anti-Hate Community Resources

Crowd-sourced list of resources in various states across the U.S.



Asian Mental Health Collective

Mental health resources for AAPI communities, including a state-by-state directory of AAPI therapists



Stop Asian Hate

A toolkit for addressing anti-Asian bias, discrimination, and hate provided by the New York City Office of Human Rights

