



**GLORIA LUCAS**  
**She/her**

**Founder, Nalgona Positivity Pride, an in-community eating disorders and body positivity organization for B I P O C communities; Xicana eating disorders awareness educator; Creator of Nalgona Positivity Pride, Seeds From the Flesh, and Mujeres Market**

Gloria Lucas was born and raised in Southern California and founded Nalgona Positivity Pride in 2014 at the age of 24. Struggling with an eating disorder (E D) and not being able to relate to the conventional narratives of E D she was moved to share her pain with the world and inspired many others to turn their stories into medicine. Gloria has a background in grassroots feminist organizing, sexual health education and H I V/A I D S services. With the help and support of people from her hometown, Inland Empire (I E), family, and friends she was able to grow and impact the lives of thousands who have or currently struggle with body image and E D. Her areas of focus have consisted of how E D are connected to issues of harm reduction, size diversity, and colonialism. Her work has been featured in N P R, Teen Vogue, M T V, Huffpost, Los Angeles Times, and Bitch Magazine. She is the person behind Mujeres Market, Seeds from The Flesh, and co-owner of Feminist W o C Biz Center. Currently, Gloria is working on a book that shares the stories of other Black, Indigenous, people of color affected by E D. She currently resides in Santa Ana, California.

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