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School of Social Work
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Education

2013 Ph.D. University of Iowa, School of Social Work, Iowa City, IA.
Dissertation Title: Caregiver Strain among Chinese Adult Children of Oldest-old Parents. Chair: Mercedes Bern-Klug

2011 M.S.W. University of Iowa, School of Social Work, Iowa City, IA.

2007 M.A. Peking University, Department of Sociology, Beijing, China

2004 B.S.W. China Women's University, Department of Social Work, Beijing, China

Licensure

2012-2014 Licensed Master Social Worker (LMSW, Iowa # 007897)

Academic Employment

2019- Associate Professor, Columbia University, School of Social Work

2015-2019 Assistant Professor, Columbia University, School of Social Work

2013-2015 Postdoctoral Fellow, University of Michigan, Vivian A. and James L. Curtis School of Social Work Research and Training Center

Research Grant

2022-2024 Co-I, Identifying Risk Factors of Alzheimer's Disease and Related Dementias in Older Chinese Immigrants, 1R21AG077649-01 (PI: Li, Clara), NIA/NIH/DHHS (\$494,430).

2021-2026 Co-I, Rutgers-NYU Center for Asian Health Promotion and Equity, 1P50MD017356-01 (PI: Dong, Xinqi and Wu, Bei), NIH/NIMHD (\$11,602,806).

2021-2022 PI, Improving knowledge of Advance Care Planning of Older Adults and Their Families in China. Faculty Research Grant, Columbia University Weatherhead East Asian Institute (WEAI) (\$10,000)

2020-2021 PI, Medical Professionals' End-of-life Care Attitude in China, Faculty Research Grant, Columbia University Weatherhead East Asian Institute (WEAI) (\$6,000)

2019-2024 PI, Developing a Culturally-sensitive Volunteering Intervention to Reduce Stress among Dementia Caregivers in Chinese American Communities. 1K01AG064028, NIA (\$627,210).

2019-2020 PI, Stress Coping Process among Homebound Chinese and Korean American Older Adults: How do Internet Use and Acculturation Matter?. RCMAR Pilot Grant, Rutgers Institute for Health, Health Care Policy, and Aging Research (\$34,995).

2019-2020 PI, Dementia Caregivers' Perspectives on End-of-life Care in China, Faculty Research Grant, WEAI (\$10,000).

- 2018-2019 PI, Social Engagement, Technology Utilization, Acculturation and Well-being of Homebound Older Asian Americans in New York City. Tenure-track Faculty Support Fund at Columbia University School of Social Work (\$3,800).
- 2018-2019 PI, Service Utilization and Stress of Chinese Dementia Caregivers in New York City, Columbia Population Research Center Seed Grant at Columbia University (\$12,000)
- 2017-2018 PI, Strength and Stress of Chinese Dementia Caregivers in New York City, Tenure-track Faculty Support Fund at Columbia University School of Social Work (\$8,000)
- 2016-2017 PI, Social Determinants of Mental Health in Older Chinese Americans, Tenure-track Faculty Support Fund at Columbia University School of Social Work (\$6,667)

Peer-Reviewed Publication

45. **Liu, J.**, Lou, Y., Li, L. W., Xu, H., & Zhang, Z. Dyadic effects on depressive symptoms of spouse caregivers and their care recipients: Evidence from China. *Aging & Mental Health*. In press.
44. Li, Y., **Liu, J.**, Xu, L., & Sun, F. Adult day service use among minority older adults: Facilitators, barriers and outcomes from an updated integrative literature review between 2010 to 2021. *Journal of Applied Gerontology*. In press.
43. Guo, M., Wang, Y., & **Liu, J.** Ethnic Enclaves, Social Capital, and Psychological Well-being of Immigrants: The Case of Chinese Older Immigrants in Chicago. *Aging & Mental Health*. In press.
42. **Liu, J.**, Lou, Y., & Cheung, E. Use of tangible, educational and psychological support services among Chinese American dementia caregivers. *Dementia: The International Journal of Social Research and Practice*. In press.
41. Wang, Y., Guo, M., **Liu, J.**, Lou, Y., Carter, K., & Dong, X. Neighborhood environment and depressive symptoms among Chinese older immigrants in the U.S.: The mediation effects of coping resources. *Gerontologist*. In press.
40. Li, L. W., Cheng, G. J., Xu, H., Zhang, Z., **Liu, J.**, & Conwell, Y. (2022). Depression Is Associated With Myocardial Infarction Within a 2-Year Period Among Adults in China. *Asia Pacific Journal of Public Health*, 10105395221095331.
39. Xu, H., **Liu, J.**, Zhang, Z., & Li, L. (2022). Sandwiched Grandparents and Biological Health Risks in China. *Journal of Health and Social Behavior*, 00221465211069895.
38. **Liu, J.**, Ji, B. & Lou, Y. (2021). Impact of the COVID-19 pandemic on community services for homebound older adults in New York City. *Health & Social Care in the Community*, 1-11.
37. Guo, M., Wang, Y., **Liu, J.**, Stensland, M., & Dong, X. (2021). Coping repertoires and psychological well-being of Chinese older immigrants in the United States. *Aging & Mental Health*, 1-10.
36. Xu, L., **Liu, J.**, Mao, W., Guo, M., Chi, I., & Dong, X. (2021). Intergenerational solidarity and being primary caregiver for older parents in Chinese American families: Findings from PIETY study. *Journal of Transcultural Nursing*, 10436596211004677.
35. **Liu, J.** (2021). Spouse and adult-child dementia caregivers in Chinese American families: Who are more stressed out?. *Journal of American Medical Directors Association*. Advanced online publication. <https://doi.org/10.1016/j.jamda.2020.12.012>.

34. Lou, Y. & **Liu, J.** (2021). Racial disparities of possessing healthcare power attorney and living will among older Americans: Do SES and health matter? *Journal of Pain and Symptom Management*. Advanced online publication. <https://doi.org/10.1016/j.jpainsymman.2021.01.004>.
33. **Liu, J.**, Mao, W., Guo, M., Xu, L., Chi, I., & Dong, X. (2021). Loss of friends and psychological well-being of older Chinese immigrants. *Aging & Mental Health*, 25(2), 323-331.
32. Zhang, Z., Xu, H., Li, L., **Liu, J.**, & Choi, S. (2020). Social relationships in early life and episodic memory in mid- and late life. *Journal of Gerontology: Social Sciences*. Advanced online publication. <https://doi.org/10.1093/geronb/gbaa179>.
31. **Liu, J.**, Lou, Y., Wu, B., & Mui, A. (2020). “I’ve been always strong to conquer any suffering:” challenges and resilience of Chinese American dementia caregivers in a life course perspective. *Aging & Mental Health*. Advanced online publication. <https://doi.org/10.1080/13607863.2020.1793900>
30. Mao, W., Guo, M., Xu, L., **Liu, J.**, & Chi, I. (2020). Intergenerational support and self-rated health among older Chinese immigrants: Do depressive symptoms play a mediating role. *China Journal of Social Work*. Advanced online publication. <https://doi.org/10.1080/17525098.2020.1792644>
29. Lou, Y., & **Liu, J.** (2020). Death narrative in 19th-Century China: How did newspapers frame death and dying. *OMEGA-Journal of Death and Dying*. Advanced online publication. <https://doi.org/10.1177/0030222820905946>.
28. **Liu, J.**, Li, L., Zhang, Z., & Xu, H. (2020). Intergenerational coresidence and depressive symptoms of rural and urban older adults in China. *Journal of Family Issues*, 41(8), 1282-1306.
27. **Liu, J.**, Wu, B., & Dong, X. (2020). Psychological well-being of Chinese American adult-child caregivers: How do filial expectation, self-rated filial performance, and filial discrepancy matter?. *Aging & Mental Health*, 24(3), 489-496.
26. Huang, X., **Liu, J.**, & Bo, A. (2020). Living arrangements and quality of life among older adults in China: Does social cohesion matter?. *Aging & Mental Health*, 24(12), 2053-2062.
25. Bern-Klug, M., Singh, J., **Liu, J.**, & Shinkunas, L. (2019). Prospect theory concepts applied to family members of nursing home residents with cancer: A good ending is a gain. *Journal of Social Work in End-of-life & Palliative Care*, 15(1), 34-54.
24. **Liu, J.**, Guo, M., Mao, W., & Chi, I. (2018). Geographic distance and intergenerational relationships in Chinese migrant families. *Journal of Ethnic & Cultural Diversity in Social Work*, 27(4), 328-345.
23. Guo, M., **Liu, J.**, Xu, L., & Mao, W. (2018). Intergenerational relationships in Chinese transnational families in Beijing: A typology study. *Journal of Ethnic & Cultural Diversity in Social Work*, 27(4), 366-381.
22. Xu, L., Guo, M., **Liu, J.**, & Mao, W. (2018). Grandparenting and support from adult children—does children’s international migration make a difference for Chinese older adults. *Journal of Ethnic & Cultural Diversity in Social Work*, 27(4), 382-397.
21. **Liu, J.**, Mao, W., Guo, M., Huang, X. & Chi, I. (2018). Support from migrant children and depressive Symptoms among Chinese older adults in transnational families. *Gerontology and Geriatric Medicine*, 4, 2333721418778187.

20. Guo, M., **Liu, J.**, Xu, L., Mao, W., & Chi, I. (2018). Intergenerational relationships and psychological well-being of Chinese older adults with migrant children: Does internal or international migration make a difference?. *Journal of Family Issues*, 39(3), 622-643.
19. Xu, H., Li, L., Zhang, Z., & **Liu, J.** (2018). Early-life exposure to China's 1959-61 famine and midlife cognition. *International Journal of Epidemiology*, 47(1), 109-120.
18. Zhang, Z., **Liu, J.**, Li, L., & Xu, H. (2018). The long arm of childhood in China: Early-life conditions and cognitive function among middle-aged and older adults. *Journal of Aging and Health*, 30(8), 1319-1344.
17. Xu, L., **Liu, J.**, Mao, W. & Chi, I. (2017). Family relationships, friend network and worry: A comparison between Chinese older adults in immigrants, yo-yo, and nonmigrant families. *Journal of Ethnic & Cultural Diversity in Social Work*, 28(3), 317-333.
16. **Liu, J.**, Lu, N., & Lou, V. W. (2017). Care tasks in the stress process for family caregivers in urban China. *Clinical Gerontologist*, 40(5), 428-434.
15. **Liu, J.**, Dong, X., Nguyen, D. & Lai, D. (2017). Family relationships and depressive symptoms among Chinese older immigrants in the United States. *Journal of Gerontology: Medical Sciences*, 72(suppl_1), S113-S118.
14. **Liu, J.**, Guo, M., Xu, L., Mao, W., & Chi, I. (2017). Family relationships, social connections, and depressive symptoms among Chinese older adults in international migrant families. *Journal of Ethnic & Cultural Diversity in Social Work*, 26(3), 167-184.
13. **Liu, J.**, Li, L., Zhang, Z., & Xu, H. (2016). Associations between physical health and depressive symptoms in Chinese older adults: Do neighborhood resources matter? *SSM: Population Health*, 2, 531-535.
12. Pan, X., **Liu, J.**, & Li, L. (2016). Posttraumatic growth in aging individuals who have lost their only child in China. *Death Studies*, 40(7), 395-404.
11. Guo, M., Xu, L., **Liu, J.**, Mao, W., & Chi, I. (2016). Parent-child relationships among older Chinese immigrants: the influence of co-residence, frequent contact, intergenerational support and sense of children's deference. *Ageing and Society*, 36(07), 1459-1482.
10. Xu, H., Li, L., Zhang, Z., & **Liu, J.** (2016). Is natural experiment a cure? Re-examining the long-term health effects of China's 1959-1961 Famine. *Social Science & Medicine*, 148, 110-122.
9. **Liu, J.** & Bern-Klug, M. (2016). 'I should be doing more for my parent': Chinese adult children's worry about performance in providing care for their oldest-old parents. *International Psychogeriatrics*, 28(2), 303-315.
8. Lv, N., **Liu, J.**, & Lou, V. (2016). Exploring the reciprocal relationship between caregiver burden and the functional health of frail older adults in China: A cross-lag analysis. *Geriatric Nursing*, 37(1), 19-24.
7. Li, L. W., **Liu, J.**, Xu, H., & Zhang, Z. (2016). Understanding rural-urban differences in depressive Symptoms among older adults in China. *Journal of Aging and Health*, 28(2), 341-362.
6. Lv, N., **Liu, J.**, & Lou, V. (2015). Caring for frail elders with musculoskeletal conditions and family caregivers' subjective well-being: The role of multidimensional caregiver burden. *Archives of Gerontology and Geriatrics*, 61(3), 411-418.
5. Li, L. W., **Liu, J.**, Zhang, Z., & Xu, H. (2015). Late-life depression in rural china: Do village infrastructure and availability of community resources matter? *International Journal of Geriatric Psychiatry*, 30(7), 729-736.

4. Guo, M., Li, S., **Liu, J.**, & Sun, F. (2014). Family relations, social connections, and mental health among Latino and Asian older adults. *Research on Aging*, 37(2), 123-147.
3. **Liu, J.**, Guo, M., & Bern-Klug, M. (2013). Economic stress among adult-child caregivers of the oldest old in China: the importance of contextual factors. *Journal of Cross-Cultural Gerontology*, 28(4), 465-479.
2. **Liu, J.** & Bern-Klug, M. (2013). Nursing home social services directors who report thriving at work. *Journal of Gerontological Social Work*, 56(2), 127-145.
1. **Liu, J.**, & Bern-Klug, M. (2011). Elders' expectations of community health services in China. *Indian Journal of Gerontology*, 25(4), 532-552.

Book Chapter

- Liu, J.** & Sanders, S. (2014). Isolation and loneliness among older adults. In T. P. Gullotta & Bloom, M. (Eds.), *Encyclopedia of Primary Prevention and Health Promotion (2nd Edition)* (pp.2043-2052). New York: Springer.

Invited Presentation

- 2022 May Culturally sensitive interventions to reduce stress among caregivers, Inaugural Annual NIH Asian American and Native Hawaiian/Pacific Islander Health Research Conference, online.
- 2022 April. Technology use and mental health among Chinese and Korean older immigrants in the COVID-19 pandemic. RCMAR Annual Meeting
- 2020 Nov. Mental health and family care of older adults in China, South China University of Technology, Guangdong, Guangzhou Province, China.
- 2020 Jan. Challenges and strengths of dementia caregivers, Caringkind, New York, U.S.
- 2019 Oct. Needs and Challenges of Chinese Dementia Caregivers, Northeast Normal University, Changchun, Jilin Province, China.
- 2019 July Supportive social environment for older adults in China, the Columbia Global Center in Beijing, China.
- 2019 Jun. Evidence-based practice and research in gerontological social work, Department of Economics and Sociology, Shanghai University of Finance and Economics, Shanghai, China.
- 2019 May Needs of Chinese dementia caregivers, the School of Public Management, Tianjin University, Tianjin, China.
- 2018 Jun. Developing interventions for dementia caregivers in China, School of Culture and Social Development Studies, Southwest University, Chongqing, China.
- 2018 May Supportive services for Chinese dementia caregivers. School of Social Development and Public Policy, Fudan University, Shanghai, China.
- 2017 May Aging and health among Chinese older adults. Peking University, Beijing, China.
- 2016 Dec. Aging and health in China. Xi'an Jiaotong University, Xi'an, Shaanxi Province, China.

Selected Conference Presentation

- 2021 Nov. **Liu, J.**, Lou, Y., Cheung, E. & Wu, B. Use of tangible, educational, and psychological supportive services among Chinese American Dementia Caregivers. Paper presented at the Gerontological Society of America's (GSA) Annual Scientific Meeting, online.

- 2020 Nov. **Liu, J.** Are spouses more likely to be depressed than adult children in dementia care? A mixed-method study on Chinese American caregivers. Paper presented at the GSA Annual Scientific Meeting, online.
- 2019 Nov. **Liu, J.,** Wu, B., Mui, A., Lou, Y., Wei, W., & Jiang, J. “Always try to do my best”: A thematic analysis of Chinese American dementia caregivers. Poster presented at the GSA Annual Scientific Meeting, Austin, TX.
- 2018 Nov. **Liu, J.,** Wu, B., & Dong, X. Filial piety and psychological well-being of Chinese American adult-child caregivers. Poster presented at the GSA Annual Scientific Meeting, Boston, MA.
- 2018 Nov. **Liu, J.,** Mao, W., Guo, M., Xu, L., Chi, I., & Dong, X. Loss of friends and psychological well-being of older Chinese Americans. Paper presented at the GSA Annual Scientific Meeting, Boston, MA.
- 2018 July **Liu, J.,** Wu, B., & Dong, X. Filial piety and psychological well-being of Chinese American adult-child caregivers. Paper presented at 2018 conference of Social Work, Education and Social Development, Dublin, Ireland.
- 2018 Jan. **Liu, J.** & Oh, H. Social relationships and cognitive functioning in Later Life. Paper presented at Society for Social Work and Research (SSWR) Annual Conference, Washington, DC.
- 2017 Jul. **Liu, J.,** Guo, M., Ling, X., Mao, W., & Chi, I. Migration and intergenerational relationships in Chinese families. Poster presented at the 21st IAGG World Congress of Gerontology and Geriatrics, San Francisco.
- 2017 May **Liu, J.,** Lu, N., & Lou, V. Care tasks in the stress process for family caregivers in urban China. Paper presented at Social Work in Aging and Urbanization—International Experience & China’s Development, Hangzhou, Zhejiang, China.
- 2016 Nov. **Liu, J.,** & Guo, M. Family relations and well-being of Chinese older adults in migrant Families. Symposium presented at GSA Annual Scientific Meeting, New Orleans, LA.
- 2016 Nov. **Liu, J.,** Burnett D., Huang, X., & Jiang, N. Depressed and still happy: Is the "Two-Continua Model" applicable to older adults in China? Paper presented at GSA Annual Scientific Meeting, New Orleans, LA.
- 2015 Nov. **Liu, J.,** Li, L., Zhang, Z., Xu, H. Community facilities and depressive symptoms of older adults in China. Paper presented at GSA Annual Scientific Meeting, Orlando, FL.
- 2015 Nov. **Liu, J.** Guo, M., Xu, L., Mao, W., & Chi, I. Intergenerational relationships in Chinese transnational families: Does geographic proximity between older parents and their children make a difference? Poster presented at GSA Annual Scientific Meeting, Orlando, FL.
- 2015 Jan. **Liu, J.,** Guo, M., Xu, L., Mao, W., & Chi, I. Family support and depression among Chinese older adults in transnational families. Poster presented at 2015 SSWR Annual Conference, New Orleans, LA.
- 2014 Nov. **Liu, J.,** Li, L., & Zhang, Z. Co-residence with children and depression in Chinese older adults. Paper presented at GSA Annual Scientific Meeting, Washington DC.
- 2014 Oct. **Liu, J.,** Pan, X., & Li, L. Posttraumatic growth of older adults who lost their only child in China. Poster presented at 2014 Council of Social Work Education (CSWE) Annual Program Meeting (APM), Tampa, FL.

- 2013 Nov. **Liu, J.** Older adults as immigrants versus family members as immigrants: Implications for the mental health of older persons. Paper presented at GSA Annual Scientific Meeting, New Orleans, LA.
- 2013 Jan. **Liu, J.** & Bern-Klug, M. 'My parent needs better care:' Understanding Chinese adult children's caregiving experience through a contextual and cultural perspective. Poster presented in 2013 SSWR. San Diego, CA.
- 2012 Nov. **Liu, J.**, Guo, M. & Bern-Klug, M. Economic stress among young-old children caring for the oldest-old in China: The importance of contextual factors. Paper presented at GSA Annual Scientific Meeting, San Diego, CA.
- 2012 Nov. **Liu, J.**, Guo, M., & Chi, I. Family relationships, social connections and depression among older Chinese immigrants. Paper presented at GSA Annual Scientific Meeting, San Diego, CA.
- 2012 Nov. **Liu, J.** & Bern-Klug, M. Help social work students to identify nursing homes where they can thrive. Paper presented at 2012 CSWE APM, Washington, DC.
- 2011 Nov. **Liu, J.** Elders' expectations of community services in China. Paper presented at GSA Annual Scientific Meeting. Boston, MA.
- 2011 Aug. **Liu, J.** Productive aging of "Chinese baby boomers": what we need to know. Paper presented at Productive Aging in China: Toward Evidence-based Practice and Policy. Beijing, China.
- 2011 June **Liu, J.** Elders' expectations of community services in China. Paper presented at Annual conference of Asian and Pacific Islands Social Work Education Association. Shanghai, China.

Teaching Experience

- 2018-2020 **Instructor**, Global Aging for MSW (SOCWT660B), Columbia University, School of Social Work
- 2016-2019 **Instructor**, Immigrants and Families for MSW (SOCWT660B), Columbia University, School of Social Work
- 2015-2016 **Instructor**, Human Behavior and the Social Environment for MSW (SOCWT660A), Columbia University, School of Social Work
- 2014 Fall **Instructor**, Human Differences, Social Relationships, Well-being, & Change through the Life Course for MSW (SW005), University of Michigan, School of Social Work
- 2012 Fall **Instructor**, Global Aging for BSW (web course SSW3135), University of Iowa, School of Social Work
- 2011-2012 **Instructor**, Computer Laboratory for MSW (SSW6146), University of Iowa, School of Social Work

Social Work Practice

- 2010-2011 **Social Worker** (M.S.W. advanced practicum), Oaknoll Retirement Residence, Iowa City, IA
- 2009 Spring **Social Worker** (M.S.W. foundational practicum), the Crisis Center of Johnson County, Iowa City, IA
- 2004 Spring **Social Worker** (B.S.W. practicum), Beijing Huiwen Middle School, Beijing, China

Grant, Conference and Journal Review

- 2020- Review grants submitted to National Institutes of Health, Foundation for Aging, Social Sciences and Humanities Research Council of Canada
- 2011- Review conference abstracts for Gerontology Society of America Annual Scientific Meeting
- 2011- Review manuscripts submitted to *Journal of Gerontology Series A: Medical Sciences*, *Journals of Gerontology Series B: Social Sciences*, *Journal of American Geriatric Society*, *Aging & Mental Health*, *Research on Aging*, *Journal of Immigrant and Minority Health*, *the International Journal of Aging and Human Development*, *BMC Geriatrics*, *Journal of Ethnic & Cultural Diversity in Social Work*, *Gerontology and Geriatric Medicine*, *Journal of Cross-Cultural Gerontology*, *International Journal of Geriatric Psychiatry*, *SAGE Open*, *Journal of Applied Gerontology*, *Social Forces*, *Journal of Affective Disorders*, *China Journal of Social Work*, *American Journal of Orthopsychiatry*, *Advances in Geriatric Medicine and Research*, *Family Process*, *Geriatrics and Gerontology International*, *Journal of Family Studies*, *Social Problems*, *Journal of Social and Personal Relationships*

University Services

- 2019-2021 Faculty Search Committee, Columbia University, School of Social Work
- 2019-2021 Doctoral Admission Committee, Columbia University, School of Social Work
- 2019-2020 Budget Advisory Committee, Columbia University, School of Social Work
- 2018-2020 Workload Committee, Columbia University, School of Social Work
- 2016-2018 Outcome Committee, Columbia University, School of Social Work
- 2016-2017 Assistant Dean Search Committee, Columbia University, School of Social Work
- 2015-2018 Diversity Committee, Columbia University, School of Social Work
- 2013-2015 Gerontology Learning Committee, University of Michigan, School of Social Work
- 2011-2012 Doctoral Student Admission Committee, University of Iowa, School of Social Work
- 2011-2012 Doctoral Study Committee, University of Iowa, School of Social Work
- 2010-2011 Faculty Search Committee, University of Iowa, School of Social Work

Community services

- 2019- Chinese Advisory Board, CaringKind – The Heart of Alzheimer’s Caregiving, New York, NY.
- 2018- Program Evaluation Counselor, University Settlement Society of New York, New York, NY.

Professional membership

- 2009- Society of Social Work Research
- 2010- Gerontological Society of America
- 2010- Association of Gerontology Education in Social Work
- 2010-2015 National Association of Social Workers

