Learn Complicated Grief Treatment
A proven, highly effective, short-term therapy that licensed mental health care professionals can use to help people struggling to adapt to a difficult loss.

Through our case-based approach to clinical training
Train with us onsite at the Columbia School of Social Work in New York City or through self-paced, interactive, online courses.

With expert clinician-educators
Our multi-level workshops are led by Dr. M. Katherine Shear, MD, a leader in evidence-based treatments and her team of experienced clinicians.

You’ll join a community of clinicians working in diverse practice settings
And gain access to resources for advanced, individualized training, practice support, and case consultation.
Clinical training in Complicated Grief Treatment will give you the tools to help recognize and treat Complicated Grief and improve the lives of bereaved people in your practice.

WHAT OUR PARTICIPANTS SAY ABOUT THEIR EXPERIENCES

“The Level 1 workshop had an enormous impact on me and fueled my desire to pursue the training for myself.”

“The CGT workshop was one of the most moving, powerful and helpful workshops that I have ever attended.”

REGISTER NOW
www.complicatedgrief.org

The Center’s clinical training programs are accredited for continuing education. Contact us to learn more:
training@complicatedgrief.columbia.edu

Level 1: Introduction to Complicated Grief and Complicated Grief Treatment
Focuses on recognizing and assessing the symptoms of CG, laying the groundwork for treatment, and differentiating CG from other common mental health problems. We’ll also discuss the theoretical basis for CGT and consider how you can begin to work with people with CG.

May 12, 2017, 9:00 a.m. –5:00 p.m.

Level 2: Learn to do CGT
Outlines CGT’s core treatment elements and their theoretical foundations. You’ll observe training demonstrations and videos as well as participate in role-play exercises to help learn the essential elements of the treatment progression.

June 8–9, 2017, 9:00 a.m.–5:00 p.m.

Level 3: Advanced Workshops in CGT Procedures
These focused workshops offer clinicians the opportunity to work in-depth with the core procedures of CGT such as grief monitoring, revisiting and restoration exercises.

Working with Aspirational Goals in CGT
May 19, 2017, 9:00 a.m.–12:00 p.m.

Practice Support and Case Consultation
We offer individual, session-by-session case consultation with our team to build essential skills and competencies to effectively provide CGT in diverse practice settings.

Online Training—Coming Soon
This self-paced, online course focuses on recognizing and assessing the symptoms of CG, laying the groundwork for treatment, and differentiating CG from other common mental health problems.