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ACADEMIC APPOINTMENTS

07/2020 – Present	Associate Professor of Social Work (with tenure) Columbia School of Social Work	New York, NY
07/2017 – 06/2020	Associate Professor of Social Work (tenure-track) Columbia School of Social Work	New York, NY
07/2015 – 07/2017	Assistant Professor of Social Work (tenure-track) Columbia School of Social Work	New York, NY
09/2012 – 06/2015	Associate Research Scientist, Department of Medicine Columbia University Irving Medical Center	New York, NY

ADMINISTRATIVE APPOINTMENTS

01/2021 – Present	Associate Dean for Doctoral Education Columbia School of Social Work	New York, NY
07/2020 – Present	Co-Convener, Cross Cutting Inequities Theme Group Columbia Population Research Center	New York, NY
07/2019 – 12/31/2020	Chair, Doctoral Program Columbia School of Social Work	New York, NY

ACADEMIC AFFILIATIONS

11/2015 – Present	Faculty Affiliate, Columbia Population Research Center Columbia University	New York, NY
07/2015 – Present	Faculty Affiliate, Social Intervention Group Columbia School of Social Work	New York, NY

EDUCATION

05/2006 – 08/2010	University of Michigan, Department of Psychology (Clinical) Ph.D., August 2010 Dissertation Title: Do Ataque de Nervios and Padeecer de Nervios Function as Culture-Bound Syndromes and Markers of Distress among Mexican Mothers? A Mixed-Methods Analysis. Chair (Joseph P. Gone) Alcantara C, Abelson JL, Gone JP. Beyond anxious predisposition: do padeecer de nervios and ataque de nervios add incremental validity to	Ann Arbor, MI
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predictions of current distress among mexican mothers? *Depression & Anxiety*. Jan 2012;29(1):23-31.

08/2004 – 05/2006	University of Michigan, Department of Psychology (Clinical) M.A., May 2006	Ann Arbor, MI
08/2000 – 05/2004	Cornell University, College of Arts & Sciences B.A., May 2004, <i>Magna Cum Laude</i> ; Psychology and Sociology; Concentration: Latino Studies. Distinction in all Subjects.	Ithaca, NY

TRAINING

09/2010 – 08/2012	Postdoctoral Fellow, Harvard T.C. Chan School of Public Health Department of Social & Behavioral Sciences	Boston, MA
07/2009 – 06/2010	Psychology Intern, Bellevue Hospital Center New York University Langone Medical Center	New York, NY
07/2008 – 05/2009	Practicum Student, Women’s Perinatal Depression Team Department of Psychiatry, University of Michigan Medical School	Ann Arbor, MI
09/2007 – 05/2009	Practicum Student, Anxiety Disorders Clinic Department of Psychiatry, University of Michigan Medical School	Ann Arbor, MI
09/2006 – 12/2006	Practicum Student, Child Trauma Program Safehouse Center	Ann Arbor, MI

LICENSURE

Licensed for the practice of psychology in the State of New York (License #: 022363).

HONORS AND AWARDS

2020	<i>Cell Mentor</i> , 100 Inspiring Hispanic/Latinx Scientists in America
2020	Anxiety and Depression Association of America Member of Distinction Award
2017	Latino Social Work Coalition Leadership Award
2014	American Academy of Sleep Medicine Young Investigator Research Forum
2014	American Psychosomatic Society Young Investigator Colloquium
2013	NIH/NHLBI Investing in America’s Future: Mentoring Researchers in Latino Health Disparities
2010 – 2012	Kellogg Health Scholars Program Postdoctoral Fellow
2011	Academy Health/Aetna Foundation Minority Scholars Program
2011	Family Research Consortium V Summer Institute Fellowship
2008	American Psychological Association MFP Psychology Summer Institute
2008	Rackham Outstanding Graduate Student Instructor Award (distinguished University of Michigan teaching award)

ACADEMIC SERVICE

2019 – present	Columbia School of Social Work, Ethics Committee, Member
2018 – 2019	Columbia School of Social Work, Doctoral Program Committee, Member
2018 – present	Columbia School of Social Work, Doctoral Admissions Committee, Member
2018 – present	Columbia School of Social Work, Curriculum Committee, Member
2017 – present	Columbia School of Social Work, Search Committee, Member

2016 – present	Columbia University, Collaborative to Advance Equity through Research, Member
2016 – 2017	Columbia School of Social Work, Admissions Committee, Co-Chair
2016 – 2017	Columbia School of Social Work, Diversity Task Force Committee
2016 – 2017	Columbia School of Social Work, Faculty Workload Committee
2015 – present	Columbia School of Social Work, Advanced Clinical Practice Committee
2015 – 2016	Columbia School of Social Work, Diversity Committee
2008 – 2009	University of Michigan, Department of Psychology Executive Committee
2008 – 2009	University of Michigan, Departmental Associate
2008	University of Michigan, Hispanic Heritage Month Planning Committee (Graduate Advisor)
2006 – 2008	University of Michigan, Clinical Area Admissions Committee
2007 – 2008	University of Michigan, Department of Psychology Diversity Committee
2006 – 2008	University of Michigan, Latina/o Student Psychological Association Executive Co-Chair
2006 – 2007	University of Michigan, Black Student Psychological Association Archival Co-Chair
2005 – 2006	University of Michigan, Black Student Psychological Association Social Chair

PROFESSIONAL ORGANIZATIONS AND SOCIETIES

Memberships and Positions

Anxiety and Depression Association of America, member
Sleep Research Society, member
American Psychological Association, member
American Psychosomatic Society, member
Society for Social Work Research, member
American Public Health Association, member
American Academy of Sleep Medicine, member
Society of Behavioral Sleep Medicine, member
Society for the Psychological Study of Ethnic Minority Issues, Division 45, American Psychology Association, member
Society for Health Psychology, Division 38, American Psychology Association, member
Society of Clinical Psychology, Division 12, American Psychology Association, member

NATIONAL AND INTERNATIONAL SERVICE

Grant Reviewer

2019 – 2023 Standing Member, National Heart Lung and Blood Institute Mentored Clinical and Basic Science (MCBS) Study Section, National Institutes of Health
2018 Temporary Reviewer, National Heart Lung and Blood Institute Mentored Clinical and Basic Science (MCBS) Study Section, National Institutes of Health
2015 External Reviewer, Research Program on Migration and Health (PISMA), an initiative of the University of California, Berkeley and the Health Initiatives of the Americas

Leadership in Professional Organizations

2021 Faculty, American Academy of Sleep Medicine Young Investigators Research Forum
2020 – 2022 Member, American Psychological Association Board of Scientific Affairs
2017, 2018, 2019, 2020 Conference Coordinator, Anxiety and Depression Association of America Conference
2013 – 2016 Co-Chair, Multicultural Special Interest Group, Anxiety and Depression Association of America

Consulting Editor/Editorial Board

2021 – present Sleep Health
2020 – present Annals of Behavioral Medicine
2019 – present Cultural Diversity and Ethnic Minority Psychology

Journal/Conference Reviewer

2015 – present Ad Hoc Reviewer, *Circulation*, *American Journal of Epidemiology*, *Psychosomatic Medicine*,
American Journal of Preventive Medicine, *Health Psychology*, *Sleep Health*,
Cultural Diversity and Ethnic Minority Psychology

2011 – present Ad Hoc Reviewer, *Social Science & Medicine*, *American Journal of Public Health*,
Journal of Immigrant and Minority Health

2011 – 2013 Division 45 Proposals Reviewer, *American Psychological Association Convention*

2014 – present Symposium Submissions Reviewer, *Anxiety and Depression Association of American Conference*
Annual Convention of the American Public Health Association

GRANT SUPPORT

Current Support

Columbia University Provost Grant (Alcántara, PI) \$36,707 07/01/2021 – 06/30/2024

Grant for Mid-Career Faculty Who Contribute to the Diversity Goals of the University

Stress and Waking Health Behaviors in Daily Life: Is Sleep a Stress-Buffer or Stress-Exacerbator?

The goal of this grant is to examine the bi-directional and temporal relationships between daily stress and waking health behaviors (i.e., physical activity, tobacco use, caffeine use) and to examine the moderating effect of sleep regularity using daily intensive longitudinal methods in a sample of Latinx adults.

R01HS024274 (Alcántara, PI) AHRQ \$1,908,319 09/30/2018 – 07/31/2023

Using eHealth to Expand Access to Cognitive Behavioral Therapy for Insomnia in Hispanic Primary Care Patients

The primary goals of this research are to compare the effectiveness of a culturally adapted ehealth program of cognitive behavioral therapy for insomnia vs. enhanced usual care for Spanish-speaking, Hispanic patients; examine barriers and facilitators to implementation, and determine the cost effectiveness of the intervention.

K23 HL125748 (Alcántara, PI) NIH/NHLBI \$796,500 09/01/2015 – 12/31/2021 (NCE)

Identifying Novel Behavioral Targets for Improving Sleep: A Self-Regulation Model

The overall goal of this career development award is to develop an independent scientist whose program of research focuses on cardiovascular behavioral risk factors including sleep. Using unobtrusive and continuous data collection methods, this observational study aims to identify a novel behavioral target to improve sleep by examining whether sleep deficiency is associated with deficits in self-regulation resources, and exploring if socioeconomic status alters this association.

R01AG060929-01 (Yoon, PI; Alcántara, Co-I) NIH/NIA \$2,976,931 07/15/2019 – 05/31/2024

Using Twitter to Enhance the Social Support of Hispanic and Black Dementia Caregivers (Tweet-SS)

The specific aims for this application are (1) To analyze Tweets specific to dementia caregiving in Blacks and compare Tweet content and social network structures with our prior findings in Hispanics, which were already completed; (2) To operationalize a Twitter-based intervention to enhance the social support (informational, instrumental, emotional, appraisal) for Hispanic and Black dementia caregivers; and (3) To evaluate the impact of the Twitter-based intervention on Tweet content and social network structures of Hispanic and Black dementia caregiver networks.

1R01HS024262 (Kronish, PI; Alcántara, Co-I) AHRQ \$780,000 09/01/2015 – 08/31/2020 (NCE)

Increasing the Uptake of the USPSTF Hypertension Screening Guidelines in Primary Care

The goal of this proposal is to determine the optimal approach to implementing the recent draft update to the U.S. Preventive Services Task Force (USPSTF) guidelines for hypertension screening in underserved primary care settings.

Past Support

U24AG052175 (Davidson, PI; Alcántara, Co-I) NIH \$610,369 09/01/2015 – 08/31/2020

Columbia University Science of Behavior Change Resource and Coordinating Center

The overall aim of this SOBC Resource and Coordinating Center (RCC) application is to provide strategic leadership, efficient coordination, inspired support, and pioneering dissemination of the innovative experimental medicine approaches that SOBC consortium scientists will adopt to identify, validate assays, and engage novel behavior change targets.

Columbia University Provost Grant (Alcántara, PI) \$25,000 06/01/2016 – 12/31/2017
 Grant for Junior Faculty Who Contribute to the Diversity Goals of the University
Cultural Adaptation of an Online Cognitive Behavioral Intervention for Insomnia for Hispanic Primary Care Patients
 This grant utilized a cultural adaptation stages model, which integrates both top-down and bottom-up approaches, to the cultural adaptation of an interactive online evidence-based program of CBT-I for English speaking and limited English-proficiency, low-income Hispanic primary care patients.

RWJF 73637 (Alcántara, Co-PI; Cabassa, Co-PI) \$100,000 06/01/2016 – 05/31/2017
Disaggregating Latino Surveillance Health Data Across the Lifecourse: Barriers, Facilitators, and Exemplars
 The primary aim of this project was to identify the barriers and facilitators that either prevent or promote the collection of disaggregated surveillance health data on US Latinos. A secondary aim was to review exemplars of disaggregated surveillance health surveys to identify promising measures, approaches, and techniques.

PCORI (Davidson, PI; Alcántara, Co-I) PCORI \$749,815 12/01/2014 – 11/30/2017
Engaging Stakeholders in Building Patient-Centered N-of-1 Trials
 The aims of this proposal were to engage patients and other key stakeholders (e.g., clinicians and ethicists) to prospectively shape the research and methods agenda of an N-of-1 RCT approach to increase the likelihood that patients, clinicians, and health systems can benefit from this method as a clinical decision tool.

KL2 TR000081-10 (Alcántara, PI) NIH/CTSA \$89,100 07/01/2015 – 08/31/2015
Prognostic Risk of Sleep Deficiency After Acute Coronary Syndrome
 The primary goal of this proposal was to examine whether actigraphy-measured short sleep duration (<7 hours/night) after an acute coronary syndrome (ACS) predicted 1-year ACS recurrence and mortality in a large, diverse cohort of ACS patients, independent of traditional cardiovascular disease (CVD) risk factors.

3R01HL115941-01S1 (Davidson, PI; Burg, PI) NIH/NHLBI \$345,842 02/01/2013 – 06/30/2015
Ecological Link Of Psychosocial Stress To Exercise: Personalized Pathways
 Role: Awardee, Investigator Research Supplement to Promote Diversity in Health-Related Research
 Building off the parent grant, the primary aims of this supplement were to examine whether anxiety sensitivity—a cognitive vulnerability— was a predictor of actigraphy-assessed exercise, and the effect of anxiety sensitivity on the relationship between ecologically-assessed stress perception and actigraphy-assessed exercise behavior.

1F31MH078257-01A1 (Alcántara, PI) NIH/NIMH \$51,303 01/01/2008 – 06/30/2009
Acculturation and Ataque de Nervios in a Community Sample
 Through the use of quantitative and qualitative methods this project explored the interplay between acculturation, ataque de nervios, and psychopathology in a Mexican/Mexican-American adult female community sample.

Pending

(Alcántara, subaward PI, Sofer Prime PI) NIH/NHLBI \$39,061 09/01/2021-08/31/2026
 The Brigham and Women's Hospital (Prime PI: Sofer)
Leveraging omics data to understand sleep health and its consequences among diverse Hispanics/Latinos
 The goal of this study is to examine the linkages between sociocultural factors and sleep health, and the downstream effects that contribute to sleep health-related risk of diabetes mellitus, uncontrolled hypertension, and cognitive decline in a diverse sample of Latino adults.

(Cornelius, PI, Alcantara Co-I) NIH/NHLBI \$499,213 09/01/2021-08/31/2026

Dyadic Consequences of the COVID-19 Pandemic in High-Risk Cardiovascular Patients and their Partners
The goal of this study is to determine the impact of the COVID-19 pandemic on psychological distress, relationship quality, health behaviors, and CVD outcomes in patients with cardiovascular diseases and their cohabiting partners in New York City.

EDUCATIONAL CONTRIBUTIONS

Direct Teaching

Instructor, Doctoral Proseminar in Social Work Research, Columbia University, New York, NY 2019, 2020
School of Social Work, 6-9 predoctoral students

Instructor, Human Behavior and the Social Environment, Columbia University, New York, NY 2015-2018, 2020
School of Social Work, 13-45 graduate students total; Teaching Evaluations: 4.61- 4.96 out of 5.0 rating.

Instructor (invited), ICPSR Immigration, Immigrants, and Health Conditions, Health Status, and Health Policies 2015
Transnational Ties, Immigrant Health, and Health Behavior Workshop, University of Michigan, Ann Arbor, MI
25 enrollees

Instructor, Research Methods, University of Michigan, Ann Arbor, MI, 2007
40 undergraduate students total; 20 students/discussion section; Teaching Evaluations: 4.90 out of 5.0 rating.

Instructor, Introduction to Psychopathology, University of Michigan, Ann Arbor, MI 2005, 2006
120 undergraduate students total; 30 students/discussion section; Teaching Evaluations: 4.78-4.98 out of 5.0 rating.

Advising and Mentorship

Doctoral Supervisor, Columbia School of Social Work, New York, NY
2017 – Present: Luciana Giorgio Cosenzo; 2018 – Present: Sarah Valentina Diaz; 2020– Present: Tali Gleiser; 2015:
Sam Han

Doctoral Dissertation Sponsor

2021: Luciana Giorgio Cosenzo

Doctoral Comprehensive Exam Committee Member, Columbia School of Social Work, New York, NY
2021: Sarah Valentina Diaz; 2021: Valentina Chegwin; 2020: Luciana Giorgio Cosenzo; 2016: Julia Berenson

K99/R01 Advisor on Mentoring Team, Columbia University School of Nursing, New York, NY
2018 – Present: Samantha Stonbraker, PhD

Postdoctoral Advisor, Columbia University Irving Medical Center, New York, NY
2019- Present: Maristella Lucchinni, PhD

Mentor, Columbia School of Social Work, New York, NY

Master's in Science in Social Work students (2018-2019: Marcos Huerta, Joseida Rosario; 2015 – 2018: Luciana Andrea Giorgio Cosenzo, Elliot Paradis McCullough, Tiffany Vogt; Jennifer Frias, Adriana Rossel Castro; Melanie Morris, Norma Itzel Salas)

Mentor, Columbia College, Columbia University, New York, NY
Laidlaw Undergraduate Research and Leadership Program (2019-2021: Darwin Arias)

Mentor, Biostatistics Enrichment Summer Training Diversity Program, New York, NY 2014

2 Undergraduate Trainees (Christopher Grant [University of Northern Carolina at Chapel Hill] and Audrey Gil [Southern Methodist University]), Program at Columbia University Mailman School of Public Health

PUBLICATIONS

*denotes student/trainee

Original, Peer-Reviewed Research Publications in Print or Other Media

1. **Alcántara, C.**, *Giorgio, L.C., *Vogt, T., *McCullough, E.P., Falzon, A.L., Ibarra, I.P. (2021) Cultural Adaptations of Psychological Interventions for Prevalent Sleep Disorders and Sleep Disturbances: A Systematic Review of Randomized Controlled Trials in the United States. *Sleep Medicine Reviews*, 56, 101455. doi:<https://doi.org/10.1016/j.smr.2021.101455>
2. Leeds R, Schechter A, **Alcantara C**, Aggarwal B, Abdalla M, Moise N. Elucidating the relationship between Insomnia, Sex, and Cardiovascular Disease. (in press). *Gender and the Genome*.
3. **Alcántara C**, Suglia SF, Ibarra IP, Falzon AL, *McCullough E, *Alvi T, & Cabassa, L. (2021). Disaggregation of Latina/o Child and Adult Health Data: A Systematic Review of Public Health Surveillance Surveys in the United States. *Population Research and Policy Review*, 40(1):61-79.
4. Stonbraker, S., Flynn, G., George, M., Cunto-Amesty, S., **Alcántara, C.**, Abraído-Lanza, A. F., Halpern, M., Rowell-Cunsolo, T., Bakken, S., & Schnall, R. (2021). Feasibility and acceptability of using information visualizations to improve HIV-related communication in a limited-resource setting: a short report. *AIDS care*, 1–7. Advance online publication. <https://doi.org/10.1080/09540121.2021.1883517>
5. Makarem, N., **Alcántara, C.**, Williams, N., Bello, N. A., & Abdalla, M. (2021). Effect of Sleep Disturbances on Blood Pressure. *Hypertension*, 77(4), 1036-1046. doi:10.1161/HYPERTENSIONAHA.120.14479
6. April-Sanders, A., Duarte, C. S., Wang, S., McGlinchey, E., **Alcántara, C.**, Bird, H., Canino, G., & Suglia, S. F. (2021). Childhood Adversity and Sleep Disturbances: Longitudinal Results in Puerto Rican Children. *International journal of behavioral medicine*, 28(1), 107–115. <https://doi.org/10.1007/s12529-020-09873-w>
7. Abdalla, M., Schwartz, J. E., Cornelius, T., Chang, B. P., **Alcántara, C.**, & Shechter, A. (2020). Objective short sleep duration and 24-hour blood pressure. *International Journal of Cardiology. Hypertension*, 7, 100062. <https://doi.org/10.1016/j.ijchy.2020.100062>
8. **Alcántara C**, Qian M, Meli L, Ensari, I., Siqin, K. Davidson, K.W., Diaz, K.M. Anxiety Sensitivity and Physical Inactivity in a National Sample of Adults with a History of Myocardial Infarction (2020). *International Journal of Behavioral Medicine*. 10.1007/s12529-020-09881-w. Advance online publication. <https://doi.org/10.1007/s12529-020-09881-w>
9. Odium, M., Moise, N., Kronish, I. M., Broadwell, P., **Alcántara, C.**, Davis, N. J., Cheung, Y. K. K., Perotte, A., & Yoon. (2020). Trends in Poor Health Indicators among Black and Hispanic Middle-aged and Older Adults in the United States, 1999-2018, PMC: NIHMSID1629267. *JAMA network open*. 10.1001/jamanetworkopen.2020.25134
10. Moise, N., Phillips, E., Carter, E., **Alcantara, C.**, Julian, J., Thanataveerat, A., Schwartz, J. E., Ye, S., Duran, A., Shimbo, D., & Kronish, I. M. (2020). Design and study protocol for a cluster randomized trial of a multi-faceted implementation strategy to increase the uptake of the USPSTF hypertension screening recommendations: the EMBRACE study. *Implementation science : IS*, 15(1), 63. <https://doi.org/10.1186/s13012-020-01017-8>

11. Pearson, T. A., Califf, R. M., Roper, R., Engelgau, M. M., Khoury, M. J., **Alcantara, C.**, . . . Mensah, G. A. (2020). Precision Health Analytics With Predictive Analytics and Implementation Research: JACC State-of-the-Art Review. *Journal of the American College of Cardiology*, 76(3), 306-320. doi:<https://doi.org/10.1016/j.jacc.2020.05.043>
12. **Alcántara, C.**, *Diaz, S. V., *Cosenzo, L. G., Loucks, E. B., Penedo, F. J., & Williams, N. J. (2020). Social determinants as moderators of the effectiveness of health behavior change interventions: scientific gaps and opportunities. *Health Psychology Review*, 14(1), 132-144. doi:10.1080/17437199.2020.1718527
13. **Alcántara, C.**, *Giorgio Cosenzo, L., Leigh, A., Shimbo, D., & Miller, G. E. (2019). Longer Sleep Duration and Endothelial Cell Health Among a Multiethnic Sample of Adolescents. *Psychosomatic Medicine*, 81(9), 778–781. <https://doi.org/10.1097/PSY.0000000000000745>
14. Moise, N., Thanataveerat, A., Florez-Salamanca, L., Ye, S., Qian, M., Obi, M., & **Alcántara, C.** (2020). Willingness to Engage in Traditional and Novel Depression Treatment Modalities Among Myocardial Infarction Survivors. *Journal of General Internal Medicine*, 35(5), 1620–1622. <https://doi.org/10.1007/s11606-019-05406-8>
15. Romero, E. K., Abdalla, M., Thanataveerat, A., **Alcántara, C.**, Kronish, I. M., Edmondson, D., & Shechter, A. (2020). Short Sleep Duration After Hospital Evaluation for Acute Coronary Syndrome Is Associated With Increased Risk of 6-Month Readmission. *Psychosomatic medicine*, 82(1), 57–63. <https://doi.org/10.1097/PSY.0000000000000730>
16. Johnson, D.A., Jackson, C.L., Williams, N., & **Alcántara, C.** (2019). Are Sleep Patterns Influenced by Race/Ethnicity- A Marker of Relative Advantage or Disadvantage? Evidence to date. *Nature and Science of Sleep*, 11, 79-95. doi: 10.2147/NSS.S169312
17. **Alcántara, C.**, Gallo, L. C., Wen, J., Dudley, K. A., Wallace, D. M., Mossavar-Rahmani, Y., . . . Patel, S. R. (2019). Employment Status and the Association of Sociocultural Stress with Sleep in the Hispanic Community Health Study/Study of Latinos (HCHS/SOL). *Sleep*, 42(4). doi: 10.1093/sleep/zsz002
18. Davidson, K. W., **Alcántara, C.**, & Miller, G. E. (2018). Selected psychological comorbidities in coronary heart disease: Challenges and grand opportunities. *American Psychologist*, 73(8), 1019-1030. doi: 10.1037/amp0000239
19. Diaz, K. M., Thanataveerat, A., Parsons, F. E., Yoon, S., Cheung, Y. K., **Alcántara, C.**, . . . Davidson, K. W. (2018). The Influence of Daily Stress on Sedentary Behavior: Group and Person (N of 1) Level Results of a 1-Year Observational Study. *Psychosomatic Medicine*, 80(7), 620-627. doi: 10.1097/psy.0000000000000610
20. Carter, E. J., Moise, N., **Alcántara, C.**, Sullivan, A. M., & Kronish, I. M. (2018). Patient Barriers and Facilitators to Ambulatory and Home Blood Pressure Monitoring: A Qualitative Study. *American Journal of Hypertension*, 31(8), 919-927. doi: 10.1093/ajh/hpy062
21. Yoon, S., Schwartz, J. E., Burg, M. M., Kronish, I. M., **Alcántara, C.**, Julian, J., . . . Diaz, K. M. (2018). Using Behavioral Analytics to Increase Exercise: A Randomized N-of-1 Study. *American Journal of Preventive Medicine*, 54(4), 559-567. doi: 10.1016/j.amepre.2017.12.011
22. McGlinchey, E. L., Oyesiku, L., Diaz, K. M., Ye, S., Abdalla, M., Schwartz, J. E., . . . **Alcántara, C.** (2018). Impact of Sleep Duration and Race on Recurrent Cardiovascular Events Following Acute Coronary Syndrome. *Journal of the American College of Cardiology*, 71(6), 701-703. doi: 10.1016/j.jacc.2017.10.099

23. Petrov, M. E., Weng, J., Reid, K. J., Wang, R., Ramos, A. R., Wallace, D. M., **Alcántara, C.**... Patel, S. R. (2018). Commuting and Sleep: Results From the Hispanic Community Health Study/Study of Latinos Sueno Ancillary Study. *American Journal of Preventive Medicine*, 54(3), e49-e57. doi: 10.1016/j.amepre.2017.11.006
24. **Alcántara, C.**, Patel, S. R., Carnethon, M., Castaneda, S., Isasi, C. R., Davis, S., . . . Gallo, L. C. (2017). Stress and Sleep: Results from the Hispanic Community Health Study/Study of Latinos Sociocultural Ancillary Study. *SSM Population Health*, 3, 713-721. doi: 10.1016/j.ssmph.2017.08.004
25. *Meli, L., **Alcántara, C.**, Sumner, J. A., Swan, B., Chang, B. P., & Edmondson, D. (2019). Enduring somatic threat perceptions and post-traumatic stress disorder symptoms in survivors of cardiac events. *Journal of health psychology*, 24(13), 1817–1827. <https://doi.org/10.1177/1359105317705982>
26. Kronish, I.M., **Alcántara, C.**, Duer-Hefele, J., St. Onge, T., Davidson, K.W., Carter, E.J., Medina, V., Cohn, E., Moise, N. (2017). Opportunities for Personalized (N-of-1) Trials in the Mobile Health Era: Patient and Primary Care Provider Perspectives. *Journal of Clinical Epidemiology*. doi:10.1016/j.jclinepi.2017.06.008
27. **Alcántara, C.**, *Giorgio, L.C., *Fan, W., Doyle, D.M., Shaffer, J.A. (2017). Anxiety Sensitivity and Racial Differences in Sleep Duration: Results from a National Survey of Adults with Cardiovascular Disease. *Journal of Anxiety Disorders*, 48, 102-108. doi: 10.1016/j.janxdis.2016.10.002
28. Burg, M.M., Schwartz, J.E., Kronish, I.M., Diaz, K.M., **Alcántara, C.**, Duer-Hefele, J., Davidson, K.W. Does Stress Cause You to Exercise Less? Or Does Exercising Cause You to be Less Stressed? Or is it Both? Testing the Bidirectional Stress-Exercise Association at the Group and Person (N of 1) Level. (2017). *Annals of Behavioral Medicine*. doi: 10.1007/s12160-017-9902-4
29. Moise, N., Ye, S., **Alcantara, C.**, Davidson, K. W., & Kronish, I. (2017). Depressive symptoms and decision-making preferences in patients with comorbid illnesses. *Journal of Psychosomatic Research*, 92, 63-66. doi: 10.1016/j.jpsychores.2015.12.001
30. Simonelli, G., Dudley, K. A., Weng, J., Gallo, L. C., Perreira, K., Shah, N. A., **Alcántara, C.** . . . Patel, S. R. (2017). Neighborhood Factors as Predictors of Poor Sleep in the Sueno Ancillary Study of the Hispanic Community Health Study/Study of Latinos (HCHS/SOL). *Sleep*, 40(1). doi: 10.1093/sleep/zsw025
31. **Alcántara, C.**, Li, X., Canino, G., & Alegría, M. (2016). Treatment Moderators and Effectiveness of Engagement and Counseling for Latinos Intervention on Worry Reduction in a Low-Income Primary Care Sample. *Journal of Consulting & Clinical Psychology*, 84(11), 1016-1022. doi: 10.1037/ccp0000146
32. **Alcántara, C.**, Biggs, M.L., Davidson, K.W., Delaney, J.A., Jackson, C., Zee, P., Shea, S.J.C., & Redline, S. (2016). Sleep Disturbances and Depression in the Multi-Ethnic Study of Atherosclerosis. *Sleep*, 39(4), 915-925. doi: 10.5665/sleep.5654
33. Torres, J., **Alcántara, C.**, Rudolph, K., & Viruell-Fuentes, E. (2016). Cross-border ties as sources of risk and resilience: Do cross-border ties moderate the relationship between migration-related stress and psychological distress for Latino migrants in the U.S.? *Journal of Health & Social Behavior*, 57(4), 436-452. doi: 10.1177/0022146516667534.
34. Arellano-Morales, L., Elder, J.P., Sosa, E.T., Baquero, B., **Alcántara, C.** (2016). Health Promotion among Latino Adults: Conceptual Frameworks, Relevant Pathways, and Future Directions. *Journal of Latina/o Psychology*, 4(2), 83-97. doi: 10.1037/lat0000051Psychology.

35. Cespedes, E., Hu, F.B., Redline, S., Rosner, B., **Alcántara, C.**, Cai, J., Hall, M.H., et al. (2016). Comparison of Self-Reported Sleep Duration with Actigraphy: Results from the Hispanic Community Health Study/Study of Latinos Sueño Ancillary Study. *American Journal of Epidemiology*, 183(6), 561-573 doi: 10.1093/aje/kwv251
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57. Molina, K., & **Alcántara, C.** (2013). Household Structure, Family Ties, and Psychological Distress among US-born and Immigrant Latino Women. *Journal of Family Psychology*, 27(1), 147-158. doi: 10.1037/a0031135
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60. Gone, J. P., & **Alcántara, C.** (2010). The Ethnographically-Contextualized Case Study Method: Exploring ambitious achievement in an American Indian community. *Cultural Diversity & Ethnic Minority Psychology*, 16, 159-168. doi.org/10.1037/a0013873

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63. Nazzi, T., Iakimova, G., Bertoncini, J., Frédonie, S., & **Alcántara, C.** (2006). Early segmentation of fluent speech of fluent speech by infants acquiring French: Emerging evidence for crosslinguistic differences. *Journal of Memory and Language*, 54, 283-299.

Reviews, Chapters, Monographs, Editorials

1. Giorgio Cosenzo*, L.A., Diaz, S.V., Morris, M., **Alcántara, C.** (2020). Risk and protective factors for insomnia among Asian, Black, and Latinx adult immigrants in the United States: A socioecological analysis. In G. Hall & E. Huang (Eds.), *Mental and Behavioral Health of Immigrants in the United States*. Cambridge, MA: Academic Press.
2. **Alcántara, C.**, *Estevez, C.D., Alegría, M. (2017) Latino and Asian Immigrant Adult Health: Paradoxes and Explanations. In S. Schwartz & J. Unger (Eds.), *Oxford Handbook of Acculturation and Health*. New York: Oxford University Press.
3. **Alcántara, C.**, Cabassa, L.J., Suglia, S., Perez Ibarra, I., Falzon, A.L., McCullough, E., Alvi, T. (2017). Disaggregating Latina/o Surveillance Health Data across the Lifecourse: Barriers, Facilitators, and Exemplars. Report contracted by the Robert Wood Johnson Foundation (RWJF Grant #: 73637).
4. **Alcántara, C.**, & Lewis-Fernández, R. (2016). Latinas' and Latinos' Risk of Posttraumatic Stress Disorder After Trauma Exposure: A Review of Sociocultural Explanations. In D. Hinton & B. Good (Eds.), *Culture and PTSD*. Philadelphia, Pennsylvania: University of Pennsylvania Press.
5. **Alcántara, C.**, & Gone, J.P. (2013). Multicultural issues in the clinical interview and diagnostic process. In F.T.L. Leong, L. Comas-Díaz, G. Nagayama Hall, V. McLoyd, & J. Trimble (Eds.), *APA handbook of multicultural psychology: Applications and training* (Volume 2). Washington, DC: American Psychological Association.
6. **Alcántara, C.**, Hudson Banks, K., Haynes, T. Graham, E.T., Winborne, K., & Kohn-Wood, L.P. (2009). Diversity issues in clinical psychology. In D.C.S. Richard & S.K. Huprich (Eds.), *Clinical Psychology: Assessment, Treatment, and Research*, (pp. 447- 473). New York: Academic Press.
7. **Alcántara, C.**, & Gone, J. P. (2007). Suicide in Native American communities: A transactional-ecological formulation of the problem. In F. T. L. Leong & M. M. Leach (Eds.), *Suicide among racial and ethnic groups: Theory, research, and practice*, (pp. 173-199). New York: Brunner-Routledge.
8. Gone, J. P., & **Alcántara, C.** (2006). *Traditional healing and suicide prevention in Native American communities: Research and policy considerations*. Unpublished report contracted by the Office of Behavioral and Social Sciences Research, National Institutes of Health (Contract No. MI-60823).

INVITED AND/OR PEER-SELECTED PRESENTATIONS

*denotes trainee

Invited

Alcántara, C. (2021, April). *Culture and Latinx Sleep Health: Implications for Behavioral Sleep Medicine Interventions in the Digital Age*. Invited presentation for Department of Psychology Culture and Mental Health Colloquium Series at University of Oregon, Eugene, OR.

Alcántara, C. (2021, February). *Sociocultural Factors and Sleep Among Latinx Populations: Implications For Behavioral Health Interventions*. Invited presentation for Center for Sleep and Circadian Sciences Grand Rounds at University of Pittsburgh Medical Center, Pittsburgh, PA.

Alcántara, C. (2021, January). *Disaggregation of Latinx Health Data: Implications For Sleep and Behavioral Health Intervention Research*. Invited presentation for the Latinx Center of Excellence in Behavioral Health at University of California- Berkeley School of Social Welfare, Berkeley, CA.

Alcántara, C. (2020, December). *Sociocultural Factors and Sleep Among Latinx Populations: Implications For Behavioral Health Interventions*. Invited presentation for Virginia Tarlow Grand Rounds Speaker Series in the Department of Psychiatry and Behavioral Sciences at Northwestern University, Feinberg School of Medicine, Chicago, IL.

Alcántara, C. (2020, May). *Latina/o Immigrant Health and Health Trajectories: Beyond Socioeconomic Factors*. Invited presentation for the National Academies of Sciences, Engineering, & Medicine Committee on Population Virtual Seminar on Persistent and Large Racial/Ethnic Disparities: Beyond the Role of Socioeconomic Status (SES).

Alcántara, C. (2019, January). *Social Determinants of Latina/o Sleep Health: Insights and Implications for Behavioral Interventions*. Invited presentation for Center for Healthful Behavior Change in the Department of Population Health at New York University Langone School of Medicine, New York, NY.

Alcántara, C. (2019, January). *Social Determinants of Latina/o Sleep Health: Insights and Implications for Behavioral Interventions*. Invited presentation for Department of Psychology at University of Arizona, Tucson, AZ.

Alcántara, C. (2018, December). *Social Determinants of Latina/o Sleep Health: Insights and New Directions*. Invited presentation for Department of Psychiatry Grand Rounds at Weill Cornell Medical College-New York Presbyterian Hospital –Westchester Division, White Plains, NY.

Alcántara, C. (2017, June). *Unpacking Acculturation and Migration Health Data*. Invited presentation for the Robert Wood Johnson Foundation Racial/Ethnic Health Data Disaggregation Convening, Washington, DC.

Alcántara, C. (2017, March). *Social Determinants of Latina/o Sleep Health: Insights and New Directions*. Invited presentation for the Mt. Sinai Integrative Sleep Center in the Mount Sinai School of Medicine, New York, NY.

Alcántara, C. (2016, May). *Sleep in the 21st Century: A National Crisis and What We Can Do About It*. Invited presentation for the Columbia University School of Social Work Annual Alumni Conference, New York, NY.

Alcántara, C. (2015, November). *Latino Health: Exploring the Transnational Context*. Invited presentation for the Spanish Department at Franklin & Marshall College, Lancaster, PA.

Alcántara, C. (2015, April). *Context and Health: Exploring Migration, Socioeconomic, and Psychosocial Influences*. Invited presentation for Columbia University School of Social Work, New York, NY.

Alcántara, C. (2015, January). *Context and Health: Exploring Migration, Socioeconomic, and Psychosocial Influences*. Invited presentation for the Department of Psychology at San Diego State University, San Diego, CA.

Alcántara, C. (2014, October). *Aquí y Allá: Transnational Ties, Gender, and Latino Immigrant Health*. Invited presentation for the Latino Pedagogies: Theorizing a Transnational Experience Conference, Stony Brook University, Stony Brook, NY.

Alcántara, C. (2012, January). *Culture, Social Position, and the Mental Health of Latino Immigrants*. Invited presentation for the Department of Psychology at University of Southern California, Los Angeles, CA.

International

Alcántara, C. (2017, March). Employment and the Association of Stress with Insomnia and Habitual Sleep in Latina/os. In T. Lewis (Chair), *Hispanic Health Disparities*. Invited Symposium conducted at the 75th Annual Scientific Meeting of the American Psychosomatic Society, Sevilla, Spain.

Alcántara, C. (2016, October). *Sleep in the 21st Century: A Global Crisis and What We Can Do About It*. Invited presentation for the Columbia University School of Social Work Recruitment Event, Beijing, China.

Select National Presentations

Alcántara, C., Calvo, R., Marsiglia, F. Organista, K., (2021, January). *Research with Latinx Communities in Social Work: Challenges and Opportunities*. Invited symposium conducted at Society for Social Work Research Annual Conference (virtual meeting).

Alcántara, C., Li, G., *Zheng, X., *Giorgio, Ibarra, I.P. (2019, March). Self-Regulatory Processes and Sleep among Urban-Dwelling Latina/o Adults. In C. Alcántara (Chair), *Self-Regulatory Processes, Mental Health, and Help Seeking among Racial/Ethnic Minorities across the Lifecourse*, Symposium conducted at the Anxiety and Depression Association of America Annual Conference, Chicago, IL.

Fustis, E., Roember, L., **Alcantara, C.,** Arbid, N., Graham-LoPresti, J., Hayes-Skelton, S. (2018, April). Cultivating Awareness and Understanding of Privilege and Marginization to Enhance Culturally-Responsive Clinical Work and Mentorship: The Role of Cultural Humility and Compassion. Panel Discussion at the Anxiety and Depression Association of America Annual Conference, Washington, DC.

Alcántara, C., *Giorgio, L.C., Fan, W., Doyle, J. Shaffer, J.A. (2017, April). Anxiety Sensitivity and Racial Differences in Sleep Duration: Results from a National Survey of Adults with Cardiovascular Disease. In K. D'Anna-Hernandez (Chair), *Health Disparities in Anxiety and Behavioral Health Factors*, Symposium conducted at the Anxiety and Depression Association of America Annual Conference, San Francisco, CA.

Alcántara, C., Hayes-Skelton, S. (2016, April). In C. Alcantara & S. Hayes-Skelton (Co-Chairs), *Enhancing the Cultural Sensitivity of Interventions for Anxiety and Depression*. Roundtable conducted at the Anxiety and Depression Association of America Annual Conference, Philadelphia, PA.

Alcántara, C., Carnethon, M., Arredondo, E., Castaneda, S., Isasi, C.I., Ramos, A.R., Davis, S., Patel, S., Redline, S., Zee, P.C., & Gallo, L.C. (2016, March). Chronic Psychosocial and Sociocultural Stress and Sleep Disturbances in the HCHS/SOL- Sociocultural Ancillary Study. In W. Troxel (Chair), *From Couples to Communities: Understanding How Social Environments Influence Sleep*. Symposium conducted at the 74th Annual Scientific Meeting of the American Psychosomatic Society, Denver, CO

Alcantara, C., Diaz, K.M., Parsons, F., Schwartz, J.E., Burg, M., & Davidson, K.W. (2016, March). Anxiety Sensitivity, Stress, and 6-Month Exercise Behavior in Healthy Adults. In J. Stewart (Chair), *Learning From Healthy Populations*. Paper presented at the 74th Annual Scientific Meeting of the American Psychosomatic Society, Denver, CO.

Alcántara, C., Biggs, M.L., Davidson, K.W., Delaney, J.A., Jackson, C., Zee, P., Shea, S.J.C., & Redline, S. (2015, June). *Sleep Disturbances and Depression in the Multi-Ethnic Study of Atherosclerosis*. Poster presented at SLEEP, Seattle, WA.

Alcántara, C., Gill, A., Grant, C. (2015, April). Psychosocial and Sociodemographic Correlates of Sleep Deficiency in Adults with Coronary Heart Disease. In K. Martinez (Chair), *Culture, Biology, & Context: Does it Matter for Practice?* Symposium conducted at the Anxiety and Depression Association of America Annual Conference, Miami, FL.

Alcántara, C., Chen, X., Canino, G., Alegria, M.I. (2014, March). The Effect of a Cognitive Behavioral Intervention for Depression on Anxiety among Latino Primary Care Patients: Evidence of Transdiagnostic Clinical Utility. In C. Alcántara (Chair), *Racial/Ethnic and Sociocultural Considerations in the Search for Personalized Treatments for Anxiety and Mood Disorders*. Symposium conducted at the Anxiety Disorders and Depression Conference, Chicago, IL.

Alcántara, C., Molina, K., & Kawachi, I. (2013, November). Transnational, Social, and Neighborhood Ties and Smoking among Latino Immigrants: Does Gender Matter? Paper presented at the American Public Health Association 141st Annual Meeting and Exposition, Boston, MA.

Alcántara, C. (2013, August). Patient Preferred Outcomes and Interventions for Patients with Heart Attacks. In J.A. Shaffer & C. Alcántara (Co-Chairs), *Patient Oriented Research in Health Psychology*. Symposium conducted at the 121st Annual Convention of the American Psychological Association in Honolulu, Hawaii.

Alcántara, C., Chen, C., & Alegria, M. (2012, May). *Transnational Ties and Latino Immigrant Mental Health*. Paper presented at the 2nd Biennial American Psychological Association Division 45 Conference, Ann Arbor, MI.

Alcántara, C., Casement, M.D., & Lewis-Fernández, R. (2012, April). Conditional Risk Differences for PTSD among Latinos: A Systematic Review of Racial/Ethnic Differences and Sociocultural Explanations. Paper presented at the 32nd Annual Conference of the Anxiety Disorders Association of America, Arlington, Virginia.

Alcántara, C. (2010, November). Clinical Utility and Validity of Ataque de Nervios and Padeecer de Nervios among Mexican Mothers: A Mixed Method Analysis. Paper presented at NIH Trainee Seminar, Harvard School of Public Health, Boston, Massachusetts.

Alcántara, C., & Gone, J.P. (2007, January). Trauma and Aboriginal residential school syndrome: The need for counter narratives. In J.P. Gone (Chair), *Promoting (counter) narratives of resilience in multiply oppressed communities*. Symposium conducted at the National Multicultural Conference and Summit 2007: The psychology of multiple identities: Finding empowerment in the face of oppression, Seattle, Washington.

Alcántara, C. (2006, May). Turning the investigative lens inward. In C.Winston (Chair), *Up close and personal: Teaching and learning in a narrative, life story, and race graduate seminar in the department of psychology at the University of Michigan*. Symposium conducted at the meeting of the Second International Congress of Qualitative Inquiry, Urbana-Champaign, IL.