effective paraphrasing

A paraphrase is:

- Your own version of the meaning of the ideas and/or information of someone else; a very few essential words of the source's may be included.
- A proper way of using information from a source who you cite.
- Different from a summary in that it consists of approximately the same number of words as the original; whereas a summary focuses on the main idea and condenses information.

Paraphrasing is a valuable skill because

- The mental process required for successful paraphrasing helps you to grasp the full meaning of the original.
- It helps you control the temptation to quote too much.
- It is better than quoting information from an undistinguished passage.

How to paraphrase effectively

6 steps to follow:

- 1. Reread the original passage to grasp its full meaning.
- **2.** Think about the sense, the purpose, the reasoning of the original; then write out your paraphrase.
- **3.** Check your version with the original to make sure that yours accurately expresses all the essential information without relying on the same phrasing or form of expression.
- **4.** Use quotation marks to identify any unique terms you have borrowed exactly from the source.
- **5.** Jot down a few words to remind yourself later about how you plan on using your paraphrase. Write a key word or phrase to indicate the subject of your paraphrase.
- **6.** Record the source (including the page) so that you can credit it easily if you decide to incorporate the material into your paper.

Some examples to compare:

The original passage:

Students often overuse direct quotations when taking notes, and as a result they overuse quotations in the finished paper. Less than 5% of your final manuscript should appear as directly quoted matter. Therefore, you should strive to limit the amount of exact transcribing of source materials while taking notes.

A legitimate paraphrase:

In research papers students often quote excessively, failing to keep quoted material down to a desirable level. Since the problem usually originates during note taking, it is essential to minimize the material recorded verbatim.

An acceptable summary:

Students should take just a few notes in direct quotation from sources to help minimize the amount of quoted material in a research paper.

A plagiarized version:

Students often use too many direct quotations when they take notes, resulting in too many of them in the final research paper. In fact, less than 5% of the final copy should consist of directly quoted material. So it is important to limit the amount of source material copied while taking notes.