

What to Wear and What Not to Wear on Camera

Most of the time only your upper torso is shown from about the bottom of your rib cage to the top of your head. So this applies to your shirt or blouse.

1. Dress casually.
2. Avoid bright whites, deep blacks, and nude-colored clothing.
3. No super bright, vibrant colors. This being said, [warming](#) colors tend to look nice on camera. Pastels are ok, too.
4. Avoid all busy, repeating patterns, including stripes, herringbone, and checks.
5. Jewelry is okay, but be aware that we may ask you to remove it if it is too shiny or compromises the sound. This mainly applies to necklaces and bracelets.
6. No clothing with logos. (Anything with Columbia or CSSW is good though.)
7. If you sometimes wear contact lenses, they are preferable to glasses, but if you must wear glasses, that is totally fine.