

# RIANA ELYSE ANDERSON, PhD, LCP

Associate Professor  
Columbia University | School of Social Work  
1255 Amsterdam Avenue | Office 707 | New York, NY 10027  
Email: [riana.e.anderson@columbia.edu](mailto:riana.e.anderson@columbia.edu) | Office: 212.853.4824  
Website: [www.rianaelyse.com](http://www.rianaelyse.com) | Bluesky: [@rianaelyse](https://bsky.app/profile/@rianaelyse) | [Google Scholar](#) | [Bio](#)

## EDUCATION

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Certificate, Women's Entrepreneurship, October, 2023  
Cornell University; Bank of America Institute

Ph.D., Clinical Psychology and Community Psychology; Educational Psychology Fellow, August 2015  
University of Virginia - Department of Psychology  
Dissertation: *And Still WE Rise: Poverty Risk, Parent-Child Relationships, and Child Academic, Psychosocial, and Socioemotional Indicators of School Readiness in Urban Black Families*  
Co-Chairs: Nancy Deutsch and Melvin Wilson; Committee: Joseph Allen, Noelle Hurd, and Joanna Lee Williams

Predoctoral Internship, Clinical and Community Psychology, June 2015  
Yale University School of Medicine - Department of Psychiatry

M.A., Psychology, December 2011  
University of Virginia - Department of Psychology  
Thesis: *Demographic Influences on Parenting in Low-Income Families*  
Chair: Melvin Wilson; Second Reader: Joseph Allen

B.A., Psychology and Political Science, April 2006  
University of Michigan - Literature, Science, and the Arts

## ACADEMIC APPOINTMENTS

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Faculty Affiliate, July 2024-present  
Harvard University - FXB Center for Health & Human Rights

Non-Residential Fellow, July 2024-present  
Harvard University - Hutchins Center for African & African American Research, W. E. B. Du Bois Research Institute

Residential Fellow, September 2023-June 2024  
Harvard University - Hutchins Center for African & African American Research

Associate Professor, July 2023-present  
Columbia University - School of Social Work; Teacher's College  
*Hired with promotion and tenure*, July 2023

Residential Fellow, September 2022-June 2023  
Stanford University - Center for Advanced Study in the Behavioral Sciences

Assistant Professor, September 2018-June 2023  
University of Michigan - School of Public Health, Department of Health Behavior and Health Education  
*Promoted with tenure (declined)*, June 2023

Assistant Professor, August 2017-August 2018  
University of Southern California - Suzanne Dworak-Peck School of Social Work, Department of Children, Youth, and Families; Keck School of Medicine, Department of Preventive Medicine

Postdoctoral Fellow, August 2015-July 2017  
University of Pennsylvania - Graduate School of Education, Division of Applied Psychology & Human Development  
The Racial Empowerment Collaborative  
Mentor: Dr. Howard C. Stevenson

Works in Refereed Journals [\*: equal authorship; †: trainee/mentee]

- Fang, A., **Anderson, R. E.**, Carter, S., Eckstrand, K., Hsu, K. J., Jones, S., ... Illes, J. (2025). Bioethical and critical consciousness in clinical translational neuroscience. *Journal of Clinical and Translational Science*, 9, e37.
- Anderson, R.**, Johnson, N.<sup>†</sup>, Jones, S. C. T., Patterson, A.<sup>†</sup> & Anyiwo, A.<sup>†</sup> (2024). Racial socialization and Black adolescent mental health and well-being: A critical review and future directions. *Journal of Clinical Child & Adolescent Psychology*, 53 (5), 709-732.
- Anderson, R.\*** & Jones, S. C. T.\* (2024). Reflections from the Wading Pool: Detoxifying the Psychological Waters while Submerged in its Racist Waves. *American Psychologist*, 79, 606-617.
- Anderson, R.**, McCall, M., & Otaka, N. (2024). Pivoting: Responding to the mental health needs of youth of color with technology. *Current Directions in Psychological Science*, 33, 392-399.
- Christophe, N.K., Desmarais, A., Kiang, L., Jones, S., Stein, G., Stevenson, H.C., & **Anderson, R.E.** (2024). Differences and Similarities Between Ethnic-racial Identity and Critical Consciousness: Links Among Diverse Parents of Color. *American Journal of Orthopsychiatry*.
- Del Toro, J., **Anderson, R.**, Sun, X., & Lee, R. (2024). Adolescents' Resilience to Ethnic/Racial Discrimination: A Within-Family Design Reveals the Protective Role of Parents' Ethnic/Racial Identities. *American Psychologist*, 79, 1109-1122.
- Jones, S., Christophe, N. K., Stevenson, H., Stein, G., Kiang, L., Chan, M., & **Anderson, R.** (2024). We Got This: Evaluating Ethnic-Racial Socialization Competency Across Multiple Racial Groups. *Family Process*.
- Metzger, I. W., Jernigan-Noesi, M., Jones, S. C. T., Turner, E. A., Saleem, F., Jackson, J., **Anderson, R. E.**, Bartolomeo, L. A., Tineo, P., & Opara, I., (2024). Power to the People: Measuring Social Media and Mass Media Impact for Promotion and Tenure in Social and Applied Sciences. *Higher Education Policy*.
- Scott, C., Marcu, G., **Anderson, R.**, & Schoenebeck, S. (2023). Trauma-Informed Social Media: Towards Solutions for Reducing and Healing Online Harm. *Conference on Human Factors in Computing Systems*.
- Anyiwo, N.<sup>†</sup>, **Anderson, R.**, Marchand, A., Diemer, M., & Garrett, J. (2023). Raised to Rebel: Examining the Pathways between Parental Racial Socialization and Black Youth's Racial Justice Action. *Journal of Community & Applied Social Psychology*. 33, 270–286.
- Anderson, R.**, HaRim, L.<sup>†</sup>, Brooks, J.<sup>†</sup>, Charity-Parker, B.<sup>†</sup>, Inniss-Thompson, M.<sup>†</sup>, Gumudavelly, D.<sup>†</sup>, Mitchell, S.<sup>†</sup>, & Anyiwo, N.<sup>†</sup> (2023). "The Talk" Tells the Story: A Qualitative Investigation of Parents' Racial Socialization Competency With Black Adolescents. *Journal of Adolescent Research*. 38, 562-588.
- Brooks, J.<sup>†</sup>, Jones, S., Madubata, I., Mitchell, S., Walker, R., & **Anderson, R.** (2023). It Runs in the Family: Parent Racial Worries and Youth Internalizing Problems within Black Families. *Journal of Child and Family Studies*.
- Causadias, J., **Anderson, R.**, Ryu, E., Tein, J., & Kim, S (2023). Innovative Theory and Methods for the Next Generation of Diversity, Equity, and Inclusion Sciences: Introduction to the Special Issue. *Journal of Cultural Diversity & Ethnic Minority Psychology*. 9, 1-5.
- Kiang, L., Christophe, N. K., Stein, G. L., Stevenson, H. C., Jones, S. C. T., Chan, M., & **Anderson, R. E.** (2023). Ethnic-racial identity and socialization competency: How minoritized parents "Walk the Talk". *Cultural Diversity and Ethnic Minority Psychology*.
- Jones, S. C. T.\*, Simon, C.<sup>†</sup>, Yadeta, K., Patterson, A.<sup>†</sup>, & **Anderson, R.\*** (2023). When Resilience is Not Enough: Imagining Novel Approaches to Supporting Black Youth Navigating Racism. *Development and Psychopathology*, 35, 2132–2140. doi:10.1017/S0954579423000986
- Olson, D.<sup>†</sup>, Musgrave, T.<sup>†</sup>, Gumudavelly, D., Galan, C.<sup>†</sup>, Schoenebeck, S., Harrell, F., & **Anderson, R.** (2023). EMBRacing Technology with Black Youth to Better Assess and Address Experiences of Police Encounters: A Collaborative Virtual Reality Project. *Journal of Youth Development*.
- Anderson, R.**, Anyiwo, N.<sup>†</sup>, Gumudavelly, D.<sup>†</sup>, Reddy, S.<sup>†</sup>, Galan, C., Nguyen, A. & Taylor, R. (2022). Racial socialization prevalence between African American and Caribbean American parents and adolescents. *Journal of Child and Family Studies*. <https://doi.org/10.1007/s10826-022-02415-w>

- Christophe, K., Livas Stein, G., Kiang, L., Johnson, N.<sup>†</sup>, Anyiwo, N.<sup>†</sup>, Jones, S., Stevenson, H., & **Anderson, R.** (2022). A 21st Century Take on Racial-Ethnic Socialization: Patterns of Competency and Content among Diverse Parents of Color. *Social Sciences*, 11(2), 88.
- Crossing, A.<sup>†</sup>, Watkins, N.<sup>†</sup>, Gumudavelly, D.<sup>†</sup>, Logue, C.<sup>†</sup>, & **Anderson, R.** (2022). A Critical Race Theory of Psychology as Praxis: Utilizing Tenets of PsycCrit to Explore Parent and Child Factors in a Racial Socialization Intervention. *Journal of Adolescent Research*, 39, 950-977.
- Galan, C.<sup>†</sup>, Yu, A.<sup>†</sup>, O'Connor, J.<sup>†</sup>, Akinbola, D.<sup>†</sup>, & **Anderson, R.** (2022). Having The Talk when our Little Ones Can Barely Walk: Racial Socialization with Young Children in Contemporary Times. *Infant and Child Development*, 31, 1, e2235.
- Golden, A.<sup>†</sup>, **Anderson, R. E.**, Cooper, S., Hope, E., & Kloos, B. (2022). "With politics, it's easier to talk to them about it": Peer racial socialization and sociopolitical development among black college students. *Emerging Adulthood*, 10(4), 938-951.
- Jones, S. C. T.\*, **Anderson, R.\***, & Stevenson, H. (2022). Differentiating competency from content: Parental racial socialization profiles and their associated factors. *Family Process*, 61(2), 705-721.
- Kiang, L., Chan, M., Lassiter, R., Christophe, K., Stein, G., Jones, S., Stevenson, H., & **Anderson, R.** (2022). The Silver Linings of COVID-19 and Racism Pandemics? *Asian American Journal of Psychology*.
- Woody, M., Bell, E., Cruz, N., Wears, A., **Anderson, R.**, & Price, R. (2022). Racial stress and trauma and the development of adolescent depression: A review of the role of vigilance evoked by threat of racial harm. *Chronic Stress*, 6, 24705470221118574.
- Anderson, R.\***, Jones, S. C. T.\*, & Stevenson, H. (2021). Not the Same Old Song and Dance: Viewing Racial Socialization through a Family Systems Lens to Resist Racial Trauma. *Adversity and Resilience Science*, 2, 225-233.
- Anderson, R.**, Heard-Garris, N., & DeLapp, R. (2021). Future Directions for Vaccinating Children from the American Endemic: Treating Racism like a Virus. *Journal of Clinical Child & Adolescent Psychology*, 51, 1, 127-142.
- Anderson, R.**, Jones, S. C. T., Metzger, I., Saleem, F., Anyiwo, N.<sup>†</sup>, Nisbeth, K.<sup>†</sup>, Bess, K.<sup>†</sup>, Resnicow, K., & Stevenson, H. (2021). Interrupting the pathway from discrimination to psychological outcomes: The contribution of racial worries and racial socialization competency. *Child Development*, 92, 2375-2394.
- Fleming, P.J. Lopez, W.D., Spolum, M., **Anderson, R.E.**, Reyes, A.G., & Schulz, A.J. (2021). Policing is a public health issue: The important role of health educators. *Health Education & Behavior*, 48(5), 553-558.
- Jones, S. C. T., **Anderson, R.**, & Metzger, I. (2021). "Standing in the gap": The continued importance of culturally competent intervention in CBT for Black youth. *Evidence-Based Practice in Child & Adolescent Mental Health*, 5(3), 327-339.
- Metzger, I., **Anderson, R.**, Are, F., & Ritchwood, T. (2021). Healing interpersonal and racial trauma: Integrating racial socialization into TF-CBT for African American youth. *Child Maltreatment*, 26 (1), 17-27.  
-Selected as Child Maltreatment Article of the Year, 2021
- National Academies of Sciences, Engineering, and Medicine (2021). Reimagining a System of Care to Promote the Well-Being of Children and Families: Proceedings of a Workshop. Washington, DC: The National Academies Press. <https://doi.org/10.17226/26098>.
- Anderson, R. E.**, Jones, S. C. T., & Stevenson, H. (2020). The initial development and validation of the racial socialization competency scale: Quality and quantity. *Journal of Cultural Diversity & Ethnic Minority Psychology*, 26, 426-436.
- Anderson, R.**, Lee, D., Hope, M., Nisbeth, K.<sup>†</sup>, Bess, K.<sup>†</sup>, & Zimmerman, M. (2020). Disrupting the behavioral health consequences of racial discrimination: A longitudinal investigation of racial identity profiles and alcohol-related problems. *Health Education & Behavior*, 47, 5, 706-717.
- Anderson, R. E.**, Metzger, I., Applewhite, K., Sawyer, B., Jackson, W., Flores, S., McKenny, M.<sup>†</sup>, & Carter, R. (2020). Hands up, now what?: Black families' reactions to racial socialization interventions. *Journal of Youth Development*, 15, 5, 93-109.
- Jones, S. C. T\* & **Anderson, R. E.\*** (2020). "One Minute for Your Mind": The development, implementation, and application of Our Mental Health Minute. *Journal of Black Psychology*, 46(5), 351-363.
- Lee, D., **Anderson, R.**, Hope, M., & Zimmerman, M. (2020). The inter-developmental influence of racial discrimination on mental health: Connecting emerging adulthood to adulthood. *Developmental Psychology*, 56(7), 1413.

- McBride Murry, V. & **Anderson, R. E.** (2020). Introduction to an Applied Developmental Science spotlight series: Social justice frameworks to guide research, preventive interventions, and policies for diverse populations. *Applied Developmental Science*, 24, 3, 193-195.
- Jones, S., **Anderson, R.**, Gaskin-Wasson, A., Sawyer, B., Applewhite, K., & Metzger, I. (2020). From “crib to coffin”: The navigation of healing from racial trauma throughout the lifespan of Black Americans. *American Journal of Orthopsychiatry*, 90, 267-282.
- Oh, H., Waldman, K., Koyanagi, A., **Anderson, R.**, & DeVlyder, J. (2020). Major discriminatory events and suicidality amongst Black Americans: Findings from the National Survey of American Life. *Journal of Affective Disorders*, 263, 47-53.
- Saleem, F.<sup>†</sup>, **Anderson, R.**, & Williams, M. (2020). Addressing the “myth” of racial trauma: Developmental and ecological considerations for youth of color. *Clinical Child and Family Psychology Review*, 23, 1-14.
- Anderson, R. E.** (2019). The strength of Black families: A commentary on Leading with Racial Equity. *Journal of Family Social Work*, 22, 333-336.
- Anderson, R. E.**, Jones, S. C. T., Anyiwo, N.<sup>†</sup>, McKenny, M.<sup>†</sup>, & Gaylord-Harden, N. (2019). What’s race got to do with it? The contribution of racial socialization to Black adolescent coping. *Journal of Research on Adolescence*, 29, 822-831.
- Anderson, R. E.**, McKenny, M.<sup>†</sup>, & Stevenson, H. (2019). EMBRace: Developing a racial socialization intervention to reduce racial stress and enhance racial coping with Black parents and adolescents. *Family Process; Special Issue on Social Justice and Family and Couples Therapy*, 58, 53-67.
- Recognized as One of the Top Most Downloaded Papers for Family Process 2018-2019**  
**-Recognized as [24 Most Influential Articles on Social Justice and Diversity in Family Therapy 1980-2019](#)**
- Anderson, R. E.**, Saleem, F. T.<sup>†</sup>, & Huguley, J. P. (2019). Choosing to see the racial stress that afflicts our Black students. *Phi Delta Kappan*, 101, 20-25.
- Anderson, R. E.** & Stevenson, H. (2019). RECASTing racial stress and trauma: Theorizing the healing potential of racial socialization in African American families. *American Psychologist; Special Issue on Racial Trauma and Healing: Theory, Research, and Public Policy*, 74, 63-75.
- Brown, C. S., & **Anderson, R. E.** (2019). It’s Never Too Young to Talk about Race and Gender. *Human Development*, 63, 1-3.
- Anderson, R. E.**, Jones, S. C. T., Navarro, C.<sup>†</sup>, McKenny, M.<sup>†</sup>, & Stevenson, H. (2018). Addressing the mental health needs of vulnerable Black youth: Solutions from a case in the EMBRace intervention. *International Journal of Environmental Research and Public Health*, 15(5).
- Anderson, R. E.** (2018). And Still WE Rise: Parent-child relationships and child school readiness in urban Black families. *Journal of Family Psychology*, 32, 60-70.
- Anderson, R. E.**, McKenny, M.<sup>†</sup>, Mitchell, A.<sup>†</sup>, Koku, L.<sup>†</sup>, & Stevenson, H. (2018). EMBRacing racial stress and trauma: Preliminary feasibility and coping outcomes of a racial socialization intervention. *Journal of Black Psychology*, 44, 25-46.
- Metzger, I., Salami, T., Carter, S., Halliday-Boykins, C., **Anderson, R.**, Jernigan, M., & Ritchwood, T. (2018). Experiences with racial discrimination and drinking habits: The moderating roles of perceived stress for African American emerging adults. *Journal of Cultural Diversity & Ethnic Minority Psychology*, 24, 489-497.
- Smith-Bynum, M.A., **Anderson, R.E.**, Davis, B.L., Franco, M.G., & English, D. (2016). Racial coping and dyadic warmth in African American mothers and adolescents: An observational study of family processes. *Child Development*, 87, 1926-1939.
- Anderson, R. E.** (2015). Focusing on family: Parent-child relationships and school readiness among economically impoverished Black children. *The Journal of Negro Education*, 84, 442-456.
- Anderson, R. E.**, Hussain, S.<sup>†</sup>, Wilson, M., Shaw, D., Dishion, T., & Williams, J. (2015). Pathways to pain: Racial discrimination and relations between parental functioning and child psychosocial well-being. *Journal of Black Psychology*, 41, 491-512.
- Winner of the Association of Black Psychologists Student Research Award**

- Williams, J. L., **Anderson, R. E.**, Francois, A. G., Hussain, S., & Tolan, P. H. (2014). Ethnic identity and positive youth development in adolescent males: A culturally integrated approach. *Applied Developmental Science, 18*, 110-122.
- Williams, J. L., Tolan, P. H., Durkee, M. I., Francois, A. G., & **Anderson, R. E.** (2012). Integrating racial and ethnic identity research into developmental understanding of adolescents. *Child Development Perspectives; Special Section on Positive Development in Minority Children, 6*, 1-8.
- Hill, J. L., Mance, G. A., **Anderson, R. E.**, & Smith, E. P. (2012). The role of ethnic identity in interventions to promote positive adolescent development. *Global Journal of Community Psychology Practice, 2*, 1-12.

#### Submitted Manuscripts

- Christophe, N.K., Stevenson, H.C., Kiang, L., Stein, G.L., Desmarais, A., Winn, D.M., Jones, S.C.T., & **Anderson, R.E.** (under review). Validation of the parental worries about racial profiling scale and the creation of a short form.
- Gumudavelly, D.<sup>†</sup> Ha, E.<sup>†</sup>, ... & **Anderson, R. E.** (invited; in revision). Contributions of Family Science to Anti-Racism Efforts.
- Saleem, F., Christophe, K., Anyiwo., N., Bernard, D., Jones, S., & **Anderson, R. E.** (in revision). The role of racial socialization content and competency in linking parental worries to child internalizing outcomes for Black families.
- Witherspoon, D., Lozada, F., Banerjee, M., Cooper, S., Jones, S., **Anderson, R.**, Neblett, E., Rivas-Drake, D., Saleem, F., & Smalls Glover, C. (under review). A mediational meta-analysis to examine the impact of ethnic-racial socialization on psychological and academic adjustment of African American youth: A focus on ethnic-racial identity and discrimination experiences.

#### Works in Preparation

- Anderson, R.** (in preparation). Psychological reparations: Healing racial injury within the United States.
- Anderson, R.**, Galan, C.<sup>†</sup>, Johnson, N.<sup>†</sup>, ... & Stevenson, H. (in preparation). Racial socialization competency and parental mental health: An oft unexplored protective factor for adults experiencing racial discrimination.
- McKenny, M.<sup>†</sup>, Ahn, L.<sup>†</sup>, Gumudavelly, D.<sup>†</sup>, Navarro, C.<sup>†</sup>, Joshi, S.<sup>†</sup>, & **Anderson, R.** (in preparation). EMBRacing Social Justice through Practice: Training Clinicians on Tools for Racial Coping through a Community-Based Intervention for Black Families.

#### Chapters in Edited Collections

- Breland-Noble, A., Patterson, A.<sup>†</sup>, Weller, B., & **Anderson, R.** (2023). Racism in Pediatric Mental Health. In Trent, M., Dooley, D., & Dougé, J. (Eds.), *Addressing Racism in Pediatrics; American Academy of Pediatrics*.
- Clark, T.<sup>†</sup>, Brown, A., Zhou, E., McKenny, M.<sup>†</sup>, Patterson, A.<sup>†</sup>, Ha, E.<sup>†</sup>, Metzger, I., Galán, C., & **Anderson, R. E.** (2023). Therapeutic Use of Racial Socialization for Families of Color and Clinicians. In *Family socialization, race, and inequality in the United States*.
- McKenny, M.<sup>†</sup> & **Anderson, R.** (2020). EMBRacing community-engaged research: Experiences with the development and implementation of the Engaging, Managing, and Bonding through Race intervention. In Sveden, L. (Ed.), *Creating culture through health leadership*. (pp. 85-110). Cincinnati, OH; University of Cincinnati.
- Lewis, M. L., McConnico, N., & **Anderson, R. E.** (2018). Making meaning from trauma and violence: The influence of culture, traditional beliefs, and historical trauma. In J. D. Osofsky & B. M. Groves, (Eds.), *Violence and trauma in the lives of children: 2 volumes*. (pp. 7-23; Volume 2). Santa Barbara, CA, US.
- Mattis, J. S., Grayman Simpson, N., Powell-Hammond, W., **Anderson, R. E.**, Kimbro, L., & Mattis, J. H. (2016). Positive psychology in African Americans. In E. C. Chang, C. A. Downey, J. K. Hirsch, & N. J. Lin, (Eds.), *Positive psychology in racial and ethnic minority groups: Theory, research, and practice*. Cultural, racial, and ethnic psychology book series, (pp. 83-107). Washington, DC, US: American Psychological Association.
- Anderson, R.**, Jones, S. C. T., & Strong, K. (invited; under review). Black Life Matters: The importance of Black youth's physical, mental, and educational wellness in the movement for Black Lives.

#### Encyclopedia Entries

- Charity-Parker, B.<sup>†</sup>, McKenny, M.<sup>†</sup>, Billingsly, J., & **Anderson, R. E.** (2023). Racial-ethnic protective factors. In Halpern-Felsher, Bonnie (eds.) *Encyclopedia of Child and Adolescent Health*, vol. 3, pp. 614-623. UK: Elsevier.



- Anderson, R. E.,** McBride Murry, V., & McKenny, M. (2018). Racial and ethnic identity. In Bornstein, M. (Ed.) *The SAGE encyclopedia of lifespan human development* (pp. 1803-1805). Thousand Oaks, CA: SAGE Publications, Inc.
- Anderson, R. E.** (2016). Communities, neighbors, and families. In *The Encyclopedia of Family Studies*. (pp. 391-399). Oxford, UK: Wiley Blackwell.

### Other Works

- Anderson, R. E. & Hussain, S.<sup>†</sup>** (2014). The role of discrimination in parental depression and child emotional problems among low-income Black families. CYF News, American Psychological Association Children, Youth and Families Newsletter, May 2014.
- Anderson, R.** (2013). Happy birthday Trayvon: The link between discrimination and child psychosocial outcomes. *The Rookie, SPSSI Student Newsletter, Spring 2013*, 8-9.

### OpEds and Commissioned Blogs and Articles

- Essence | [Trump Is Giving Schools An Ultimatum On DEI. For Black Youth, This Game Has Real Consequences](#) | March 27, 2025
- Psychology Today | [What To Do When a Bully Tries to Intimidate You](#) | March 20, 2025
- The American Prospect | [Psychological Reparations](#) | June 13, 2024
- Psychology Today | [Keep That Crown Held High: Protection on and in the Head](#) | February 29, 2024
- Greater Good Magazine | [How Talking About Race Can Bring Black Families Together](#) | June 21, 2022
- Education Week | [How to Have Constructive Conversations About Race](#) | February 16, 2022
- Health Affairs | [Structural Racism is Not an Exemption from Accountability](#) | May 27, 2021
- Psychology Today | [The Problematic Policing of Black Bodies and Minds](#) | February 26, 2021
- Newsweek | [Black Voters Showed Up for America. Here's How America Can Show Up for Them](#) | November 13, 2020
- Courier Newsroom | [Black Youth Have Heard 'The Talk.' It's Time Everyone Else Did, Too](#) | October 30, 2020
- Michigan Daily | [Policing is a Public Health Issue](#) | September 14, 2020
- Medium | [Reopening Schools Means Black Lives DON'T Matter](#) | August 6, 2020
- National Alliance on Mental Illness | [Improving Social Determinants of Mental Health in the Black Community](#) | July 15, 2020
- Psychology Today | [Why We Can't Breathe](#) | May 28, 2020
- Psychology Today | [A Letter of Love to the Residents of Detroit During COVID-19](#) | April 10, 2020
- Bounceback Parenting | [Black History Month resources to encourage enriching racial dialogue early](#) | February 21, 2020
- NBC Newsroom - Parent Toolkit | Moving the Talk to the Walk for Black Children | January 20, 2020
- Equity Alliance Blog | [More than Reading, Writing, and 'Rithmetic: Racial Socialization for Black Children](#) | March 7, 2019
- Society for Research on Adolescence | [March Madness and the Making of a Winning Team](#) | May 3, 2018
- Society for Research on Adolescence | [Why You Should Care about #BlackPanther and #WakandaWeek](#) | March 16, 2018
- American Psychological Association | [But Daddy, Why Was He Shot? How to Talk to Children about Race Today](#) | July 26, 2017
- Brown Skin Women | The Face of Depression | June 19, 2017
- Medium [@rianaelyse] | [Keep Austin... White?](#) | April 9, 2017
- EmbraceRace on Medium [@rianaelyse] | ["That...is the real world..."](#) | February 27, 2017

### AWARDS

#### Awards

- APA - Distinguished Scientific Award for an Early Career Contribution to Psychology [Applied Psychology], 2025
- Federation of Associations in Behavioral & Brain Sciences (FABBS) - Kellina Craig-Henderson Inclusivity, Diversity, Equity, and Accessibility Award, 2024
- Yale School of Medicine, Department of Psychiatry, Psychology Section - Distinguished Alumni Award, 2023
- Association for Psychological Science - Janet Taylor Spence Award for Transformative Early Career Contributions, 2023
- American Psychological Foundation & APA Division 12 - Theodore Blau Early Career Award, 2022
- University of Michigan Black Celebratory - Faculty Cornerstone Award, 2022
- Society for Research on Adolescence - Early Career Research Award, 2022
- Inside Higher Education: The Academic Minute - Best Health Segment Award, 2021
- Society for Research in Child Development - Early Career Research Contributions Award, 2021
- William T. Grant Foundation - Scholars Program Award, 2021
- FABBS - Child Development Impact Award, 2021
- University of Michigan, Depression Center - (Inaugural) Racial Injustice Award, 2020

- University of Michigan, Intergroup Relations Program - Outstanding Alumnx Award, 2020
- Society for Research in Child Development Black Caucus - Early Career Grant Award, 2019
- University of Michigan, Depression Center - Rachel Upjohn Clinical Scholars Award, 2019
- American Psychological Association PsycShorts Video Competition - Viewers' Choice Award Winner, 2019
- Michigan Center for Urban African American Aging Research (MCUAAAR) Research Scientist Award, 2019
- University of Pennsylvania, Graduate School of Education - Sadie Tanner Mossell Alexander Citation for Excellence in Leadership and Innovation, 2017
- University of Michigan Black Alumni Association - Making a Difference in Healthcare Award, 2016
- Association of Black Psychologists - Sage Student Research Award, 2015
- American Psychological Association Division 45 (Culture, Ethnicity, and Race) - A. Toy Caldwell-Colbert Student Contribution Service Award, 2014
- University of Virginia, Office of Graduate Diversity - Outstanding Graduate Student Award, 2014
- University of Virginia, Black Leadership Institute/NAACP - Outstanding Graduate Student Award, 2014
- University of Virginia, The Seven Society - Graduate Service Award, 2012

### Fellowships and Scholarships

- Harvard Hutchins Center - Fellow, 2023
- Stanford Center for the Advanced Study of Behavioral Sciences - Fellow, 2022
- Presidential Leadership Scholars - Fellow, 2022
- National Black Child Development Institute Policy Fellowship - Fellow, 2021
- University of Southern California, Rossier School of Education - Center for Empowered Learning and Development with Technology (CELD-TECH) with Media and Technology Fellowship, 2019
- Washington University in St. Louis, Brown School - Researcher Resiliency Training (RRT) Fellowship, 2019
- Robert Wood Johnson Foundation - New Connections Bi-Annual Symposium Fellow, 2018
- Society for Research in Child Development (SRCD) - Ethnic and Racial Issues Committee Grant Writing Bootcamp, 2017
- Robert Wood Johnson Foundation - Culture of Health Leaders Fellowship (Inaugural Cohort), 2016
- National Institute of Mental Health - Child Intervention, Prevention, & Services (CHIPS) Fellowship, 2016
- Alpha Kappa Alpha Educational Advancement Foundation, Inc. - Graduate Merit Scholarship, 2014
- United Martin Family Organization - Malverse Martin Graduate Scholarship Award, 2014
- Ford Foundation Fellowship Program - Postdoctoral Award Recipient, 2015
- University of Virginia, Graduate School of Arts and Sciences - Robert J. Huskey Travel Fellowship, 2013
- American Psychological Association Division 45 (Culture, Ethnicity, and Race) - Conference Scholarship, 2012
- Institute of Education Sciences (IES), Virginia Education Science Training - Interdisciplinary Research Fellowship, 2012
- University of Virginia, Evolutionary and Ontogenetic Dynamics Course - LIFE Academy Fellowship, 2011
- University of Virginia, Center for Children, Families, and the Law - Buffett Fellowship, 2011
- University of Virginia, Office of Graduate Student Diversity - Diversity in Graduate Studies Fellowship, 2009
- University of Virginia, Department of Psychology - Dean's Office Fellowship, 2009

### Honors

- APA - 10 Psychologists of Color at the Forefront of Racial Equity, 2024
- Hampton University - Black Psychologist Wall of Fame, 2023
- Forbes - 16 Healthcare Innovators That You Should Know, 2022
- The Root - The Root 100, 2021
- APA; Presidential Task Force on Strategies to Eradicate Racism, Discrimination and Hate - Presidential Citation, 2021
- Crain's Detroit Business - Notable Rising Star in Healthcare, 2021
- National Institute on Minority Health and Health Disparities - Health Disparities Research Institute Scholar, 2020
- Wayne State University - King, Chavez, Parks Visiting Scholar, 2019
- Society for Research in Child Development - Horowitz Millennium Scholars Program (MSP) Mentor, 2019; 2017; 2015
- Society for Research on Adolescence (SRA) - Emerging Scholar Recognition, 2018
- National Research Mentoring Network - Steps Toward Academic Research (STAR) Mentee, 2017
- Society for Research on Adolescence - Junior Mentor, 2014

### GRANTS

#### Current Funding

<i>Principal Investigator</i> , Annie E. Casey Foundation Implementation Award - <i>Funded</i> [\$100,000]	Anderson, R. (PI) 7/23-6/25
<i>Principal Investigator</i> , WT Grant Foundation Scholars Program - <i>Funded</i> [\$350,000]	Anderson, R. (PI) 7/21-6/26
<b><u>Completed Funding</u></b>	
<i>Participating Investigator</i> , National Institutes of Health NIMHD R01 - <i>Funded</i> [\$3,897,654]	Zimmerman, M. (PI) 9/20-3/25
<i>Principal Investigator</i> , University of Michigan Depression Center Eisenberg Racial Injustice Translational Research Grant - <i>Funded</i> [\$35,000]	Anderson, R. (PI) 9/20-9/22
<i>Principal Investigator</i> , Spencer Foundation COVID-19 Rapid Response Research Grant - <i>Funded</i> [\$50,000]	Anderson, R. (PI) 9/20-9/22
<i>Co-Principal Investigator</i> , National Science Foundation SBE Postdoctoral Fellowship - <i>Funded</i> [\$138,000]	Johnson, N. (PI) 9/20-9/22
<i>Principal Investigator</i> , University of Michigan Institute for Clinical & Health Research MICHR Pathway Pilot Grant - <i>Funded</i> [\$25,000]	Anderson, R. (PI) 6/20-6/22
<i>Principal Investigator</i> , Michigan Center for Urban African American Aging Research Pilot Scholar Mentoring and Funding Award - <i>Tentative</i> [\$25,000]	Anderson, R. (PI) 6/20-6/22
<i>Participating Investigator</i> , National Institutes of Health Health and Human Services R25 - <i>Funded</i> [\$853,507]	Coombe, C. (PI) 5/20-1/24
<i>Principal Investigator</i> , University of Michigan Depression Center Rachel Upjohn Clinical Scholars Award - <i>Funded</i> [\$50,000]	Anderson, R. (PI) 1/20-1/22
<i>Principal Investigator</i> , Michigan Health Endowment Foundation Community Health Impact - <i>Funded</i> [\$100,000]	Anderson, R. (PI) 9/20-9/21
<i>Co-Principal Investigator</i> , National Science Foundation SBE Postdoctoral Fellowship - <i>Funded</i> [\$138,000]	Anyiwo, N. (PI) 7/19-7/21
<i>Principal Investigator</i> , Society for Research in Child Development Black Caucus (Inaugural) Early Career Grant - <i>Funded</i> [\$1,500]	Anderson, R. (PI) 7/19-6/21
<i>Principal Investigator</i> , Society for Research in Child Development (Inaugural) Small Grant Pilot Research Award - <i>Funded</i> [\$7,500]	Anderson, R. (PI) 9/18-5/21
<i>Co-Investigator</i> , JPB Foundation Discretionary Planning Grant - <i>Funded</i> [\$500,000]	Brown, R. (PI) 7/19-7/20
<i>Principal Investigator</i> , Robert Wood Johnson Foundation Culture of Health Leaders Strategic Initiatives Project - <i>Funded</i> [\$35,000]	Anderson, R. (PI) 11/18-12/19
<i>Principal Investigator</i> , Robert Wood Johnson Foundation Culture of Health Leaders - <i>Funded</i> [\$60,000]	Anderson, R. (PI) 9/16-11/19
<i>Co-Principal Investigator</i> , Society for Community Research and Action Racial and Social Justice Mini-Grant - <i>Funded</i> [\$500]	McKinney, M. (Lead Applicant) 10/16-10/17
<i>Co-Principal Investigator</i> , University Research Foundation, University of Pennsylvania Spring 2016 University Research Foundation Grant - <i>Funded</i> [\$49,888]	Stevenson, H. (Co-PI) 7/16-8/17
<i>Data Consultant</i> , 84.215P - Department of Education, Office of Innovation and Improvement Promise Neighborhood Planning Grant - <i>Funded</i> [\$470,259]	Ellis, G. (PI) 12/11-12/12
<i>Co-Author</i> , FAM-11-067 - Virginia Department of Social Services, Division of Family Services Child Abuse and Neglect Prevention Program - <i>Funded</i> [\$45,213]	Ellis, G. (PI) 10/11-10/12

**Proposals Under Review**

<i>Principal Investigator</i> , WT Grant Foundation Mentoring Award [\$110,000]	Anderson, R. (Co-PI) 7/25-6/27
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### Unfunded Proposals

<i>Principal Investigator</i> , New School Ventures Fund Major Research Grant - <i>Finalist</i> [\$200,000]	Anderson, R. (PI) 9/23
<i>Principal Investigator</i> , WT Grant Foundation Major Research Grant - <i>Finalist</i> [\$600,000]	Anderson, R. (PI) 7/23
<i>Principal Investigator</i> , National Institutes of Health NIMH R34 - [\$450,000]	Anderson, R. (PI) 10/21
<i>Principal Investigator</i> , National Institutes of Health NIMH R01 - <i>Scored</i> [\$3,738,541]	Anderson, R. (PI) 10/20

### ACADEMIC & INDUSTRY CONFERENCE PRESENTATIONS

#### Delayed/Canceled Due to COVID-19

- International Society for the Study of Behavioral Development (June, 2022). One symposium.
- International Society for the Study of Behavioral Development (June, 2020). One symposium.
- Resource Centers for Minority Aging Research (April, 2020). One poster.
- Society for Research on Adolescence (March, 2020). One panel, one invited symposium.

#### Invited Speaker

**Anderson, R.** (November, 2023). *How Psychologists Can Dropkick Racism*. Flash Talks moderated by Ehrenreich-May, J. for the Presidential Address at the Association for Behavioral and Cognitive Therapies (ABCT) Annual Convention, Seattle, WA.

**Anderson, R. E. & Jones, S. C. T.** (October, 2022). *When the Rubber Band Can No Longer Function: Promoting Multisystemic Structural Resistance alongside Individual Resilience*. Individual paper presented at the Institute for Child Development Minnesota Symposium on Child Psychology (Resilience in Development: Pathways to Multisystem Integration), Minneapolis, MN.

**Anderson, R. E. & Clark, T.** (October, 2022). *Exploring The Therapeutic Use of Racial Socialization for Families of Color and Clinicians*. Individual paper presented at the National Symposium on Family Issues (Family Socialization around Race/Ethnicity and Racism: Advancing Understanding of Racial/Ethnic Inequalities in the U.S.), State College, PA.

**Anderson, R. E.** (August, 2022). [\*Vaccinating Children Against the Virus of Racism\*](#). Keynote talk presented at the American Psychological Association Convention, Minneapolis, MN.

**Anderson, R. E.** (August, 2022). *The Possibility of Black Youth: Advancing their Mental Health and our Perspectives*. Individual talk during The Future of Science on Youth: Data Blitz panel presented at the American Psychological Association Convention, Minneapolis, MN.

**Anderson, R. E.** (October, 2021). *Healing Racial Trauma: Focusing on Racial Socialization as a CBT Strategy for Black Youth*. Individual paper presented at the Kennedy Krieger Trauma Conference, virtual.

**Anderson, R. E., Reddy, S., Arnold, M., & Ferguson, A.** (May, 2021). *The EMBRace Program*. Individual paper presented at the Conference on Adolescent Health, virtual.

**Anderson, R. E., Cokley, K., & Awad, G.** (April, 2021). *How to Combat Anti-Blackness in the Academy as a Graduate Student*. In D. Daniel (chair) Graduate Student Council's Speaker's Series. Panel presented at the American Educational Research Association Conference, virtual.

Yip, T., Neblett, E., & Causidias, J. (March, 2021). *The Future of Developmental Science*. Panel moderated by **Anderson, R.** at Society for Research on Adolescence Conference, virtual.

#### Workshops

**Anderson, R.** (November, 2023). *Pivoting: Responding to the Mental Health Needs of Youth of Color with Technology*. Workshop Speaker, Going Digital: Behavioral Health Tech Conference, Phoenix, AZ.

**Anderson, R. E., Jones, S. C. T., Henderson, D., Griffin, C., Metzger, I., & Applewhite, K.** (May, 2020). *Level Up: Building Family, School, & Community Systems' Strategies to Protect Black Youth from Racial Stress and Trauma*. Workshop presented at the Georgia Psychological Association Conference, virtual.

**Anderson, R. E.,** Jones, S. C. T., Henderson, D., Griffin, C., Metzger, I., & Applewhite, K. (August, 2019). *"Levels to this": Family, School, & Community Protecting Black Youth from Racial Stress & Trauma*. Collaborative symposium (Divisions 9, 27, 45, and 53) presented at the American Psychological Association Conference, Chicago, IL.

**Anderson, R. E. & McKenny, M.** (April, 2018). *EMBRacing Familial and Community Trauma: Strategies in Managing Racial Stress*. Workshop presented at the Black Communities Conference, Durham, NC.

**Anderson, R. E. & McKenny, M.** (February, 2017). *EMBRacing Familial and Community Trauma: Strategies in Managing Racial Stress*. Workshop presented at the Teachers College Winter Roundtable, New York, NY.

### Papers

Del Toro, J., **Anderson, R.,** Sun, X., & Lee, R. (March, 2023). *Adolescents' Resilience to Ethnic/Racial Discrimination: A Within-Family Design Reveals the Protective Role of Parents' Ethnic/Racial Identities*. In Health Disparities Across Borders: Global Approaches to Understanding Racism, Health, and Human Development Symposium presented at Society for Research in Child Development Conference, Salt Lake City.

Stokes, K., Harris, L., Bockneck, E., **Anderson, R.,** Iruka, I., & Pernice, F. (April, 2021). *Parenting and Racial Socialization in Early Childhood from the Perspective of African American Mothers*. In K. Stokes & D. Brown (Co-chairs) Racial Socialization and Positive Parenting Across Ages in African American Families Symposium presented at Society for Research in Child Development Conference, Virtual.

Jones, S., **Anderson, R.,** & Stevenson, H. (April, 2021). *Black Parents' Racial Socialization Content & Competency: Patterns, Predictors, and Psychological Well-being Associations*. In M. Banarjee (Chair) Ethnic-Racial Socialization in Multiple Contexts in Adolescence: Families, Peers & Schools. Symposium presented at Society for Research in Child Development Conference, Virtual.

Chan, M.,... & **Anderson, R.** (April, 2021). *Asian American Awareness and Activism: The Silver Lining of COVID-19 and Racism Pandemics?* In V. Raval (Chair) Ethnic/Racial Socialization, Activism, and Adjustment in Asian American Families Navigating COVID-19 and Racism Pandemics. Symposium presented at Society for Research in Child Development Conference, Virtual.

**Anderson, R. E.** (November, 2020). *EMBRace: The Development of a Racial Socialization Intervention to Reduce Racial Stress and Trauma and Enhance Racial Coping with Black Families*. In D. Bernard (Chair) Identifying Barriers and Mechanisms for the Treatment of Racial Trauma Among Black Communities: Implications for Bridging Science and Practice presented at the International Society for Traumatic Stress Studies, Virtual.

**Anderson, R. E.,** Jones, S. C. T., & Stevenson, H. (March, 2019). *Quality over Quantity: The Validation of the Racial Socialization Competency Scale*. In A. Williams (Chair) Why Do Parents Talk to Their Children about Race? Consideration of Parent and Child Beliefs, Values, and Experiences presented at the International Convention of Psychological Science, Paris, France.

**Anderson, R. E.,** McKenny, M., Talley, L., & Stevenson, H. (July, 2018). *EMBRacing our Academic Achievement: Out-of-School Interventions and Educational Outcomes for Black Adolescents*. In K. Minor (Chair) Contextual Assets in Early-Middle Adolescence: Promoting Positive Academic Outcomes presented at the International Society for the Study of Behavioral Development Conference, Gold Coast, Australia.

**Anderson, R. E.,** Jones, S. C. T., Anyiwo, N., McKenny, M., & Gaylord-Harden, N. (April, 2018). *What's Race Got to Do with It? The Contribution of Racial Socialization to Black Adolescent Coping*. In J. Scott (Chair) Racial Coping Among Black and Latino Youth. Symposium presented at the Society for Research on Adolescence Conference, Minneapolis, MN.

**Anderson, R.,** McKenny, M., Talley, L., & Stevenson, H. (January, 2018). *EMBRacing our Fears: A Racial Socialization Intervention Addressing Parental Concerns for Black Children*. In N. Anyiwo (Chair) To be Young & Black: Using Intervention to Examine How Black Parents and Youth Make Meaning of Racialized Experiences. Symposium presented at the Society for Social Work and Research Conference, Washington, DC.

**Anderson, R. & Stevenson, H.** (April, 2017). *EMBRacing Racial Socialization Strategies for the Intervention of Racial Stress and Trauma*. In R. Anderson (Chair) Hands Up, Now What?: New Clinical and Community Interventions to Reduce Racial Stress and Trauma across the Developmental Lifespan. Symposium presented at the Society for Research in Child Development Conference, Austin, TX.

**Anderson, R. & Stevenson, H.** (February, 2017). *EMBRacing New Strategies for the Measurement and Intervention of Racial Stress and Trauma*. In R. Anderson (Chair) Hands Up, Now What?: New Clinical and Community Interventions to Reduce Racial Stress and Trauma. Symposium presented at the Teachers College Winter Roundtable, New York, NY.

**Anderson, R.,** Talley, L., McKenny, M., & Stevenson, H. (October, 2016). *The Trayvon Effect: An Intervention Addressing Mothers Concerns for Black Sons amid Heightened Discrimination*. In H. Stevenson (Chair) & E. Neblett (Discussant), Where is the Balm? - Racial Healing & Empowerment through Intervention. Symposium presented at the Society for Research in Child Development's Babies, Boys, & Men of Color Conference, Tampa, FL.

**Anderson, R.,** Talley, L., McKenny, M. (July, 2016). *EMBRacing Black Familial Racial Stress: Improving Racial Socialization Competency*. In C. Jacobs (Chair) & D. Johnson (Discussant), Strategizing Race Conversations: Developing Racial Literacy for Youth. Symposium presented at the American Psychological Association's Division 45 Conference, Palo Alto, PA.

**Anderson, R.,** Talley, L., Ahn, H. R. (April, 2016). *EMBRacing Racial Stress in Black Families: School, Community, and Family Ties within Interventions*. Roundtable presented at the International Network of Scholars, Washington, DC.

**Anderson, R.** (March, 2016). *EMBRacing Racial Stress in Black Families: Improving Competency in Racial Socialization Processes*. In A. Francois (Chair), #BlackLivesMatter: Can Adolescent Researchers Contribute To Racial Justice? Workshop presented at the Society for Research on Adolescence Conference, Baltimore, MD.

**Anderson, R.,** Portnow, S., Hussain, S., Wilson, M., Shaw, D., & Dishion, T. (March, 2015). *In the eye of the Beholder: Reporter Differences in Low-Income Parenting Practices*. In F. Lozada (Chair), Broadening the Parenting Lens: Considering Ethnic Minority Parents in Current Parenting Models. Symposium presented at the Society for Research in Child Development Conference, Philadelphia, PA.

**Anderson, R.** (May, 2014). *And Still WE Rise: Poverty Risk, Parent-Child Relationships, and Child School Readiness Indicators in Urban Black Families*. Paper presented at the Black Graduate Conference in Psychology, Washington, DC.

**Anderson, R. & Smith-Bynum, M.** (March, 2013). *Train up a Child: Analyses of Racial Socialization, Parent-Child Relationship, and Adolescent Functioning in Black Families*. In M. Smith-Bynum (Chair) & V. Murry-McBride (Discussant), African American Parenting Under the Microscope: An Examination of Parenting Styles, Gender, and Racial Socialization. Symposium presented at the Society for Research on Adolescence Conference, Austin, TX.

**Anderson, R.** (August, 2013). *I Ain't Got No Worries: Sex Differences in Child Psychosocial Outcomes via Parental Discrimination and Functioning*. In A. Thomas (Chair) & W. Powell-Hammond (Discussant), Exploring their Lives: Possible Precursors of Violent Behavior in Black Men. Symposium presented at the American Psychological Association's Division 51 Conference, Honolulu, HI.

**Anderson, R.** (May, 2013). *Averting Pathways to Pain: Discrimination, Ethnic Identity, and Parenting in Black Low-Income Families* [C. Caldwell (Discussant)]. Paper presented at the LIFE Academy, Ann Arbor, MI.

Williams, J. L., Tolan, P. H., & **Anderson, R. E.** (April, 2013). *Positive Youth Development and Ethnic Identity in Adolescent Males: A Culturally-Integrated Approach*. In J. L. Williams (Chair), Linking Ethnic Identity And Positive Youth Development Among Diverse Groups. Paper presented at the biennial meeting of the Society for Research in Child Development, Seattle, WA.

**Anderson, R.,** Hussain, S., & Durkee, M. (October, 2012). *A Reflection of Me: Parental Overreactivity, Ethnic Identity, and Child Outcomes*. Paper presented at the Institute for the Study and Promotion of Race and Culture Conference, Boston, MA.

Jones, S., **Anderson, R.,** Thomas, A., & Hussain, S. (July, 2012). *From Discrimination to Altercation: The Role of Coping on Black Adolescent Males' Aggression*. Paper presented at the Black Graduate Conference in Psychology, Los Angeles, CA.

**Anderson, R. & Hussain, S.** (May, 2012). *Averting Pathways to Pain: Ethnic Identity and Perceptions of Racial Discrimination*. In M. Durkee (Chair) & E. Neblett (Discussant), Perception & Contact: Implications of Adult Racial Perceptions and Experiences in Differing Groups. Symposium presented at the American Psychological Association's Division 45 Conference, Ann Arbor, MI.

**Anderson, R. & Durkee, M.** (May, 2012). *A Reflection of Me: Parental Overreactivity, Ethnic Identity, and Child Outcomes*. In A. Thomas (Chair) & C. Caldwell (Discussant), Fostering Positive Development, Fostering Strength: Parenting and Child Mental Health in African-Americans. Symposium presented at the American Psychological Association's Division 45 Conference, Ann Arbor, MI.

**Anderson, R.,** Hill, J., Mance, G., & Smith, E. (July, 2011). *Black Power: The Impact of Ethnic Identification on Low-Income African American Parenting Style and Child Outcome*. In J. Hill (Chair) & E. Peters (Discussant), The Role of Ethnic Identity in Interventions to Promote Positive Adolescent Development. Symposium presented at the Society for Community Research and Action Conference, Chicago, IL.

**Anderson, R.** (June, 2011). *Demographic Influences on Parenting Style in Low-Income Families*. Paper presented at the Black Graduate Conference in Psychology, Miami, FL.

**Anderson, R.** & Nichols, T. (October, 2010). *Unheard Voices: Curriculum Recommendations for Diversity Inclusion in Psychology Training Programs*. Paper presented at the Institute for the Study and Promotion of Race and Culture Conference, Boston, MA.

Lee, J., Durkee, M., Nichols, T., & **Anderson, R.** (October, 2010). *The Pain from Within: Implications of Intra-Group Racial Microaggressions in Higher Education*. Paper presented at the Institute for the Study and Promotion of Race and Culture Conference, Boston, MA.

### Posters

Patterson, A., Solana-Vargas, C., & **Anderson, R.** (March, 2023). *Assessing the Relationship between Racial Identity on Racial Socialization Behaviors among Black Parents*. Poster presented at Society for Research in Child Development Conference, Salt Lake City.

Satinsky, E., **Anderson, R.**, Christophe, K., Livas Stein, G., Kiang, L., Jones, S., Stevenson, H., Morales, I., Quezada, D., & Galan, C. (March, 2023). *Parental Racial Worries, Youth Mental Health, and the Moderating Role of Parents' Racial Socialization Competency*. Poster presented at Society for Research in Child Development Conference, Salt Lake City.

O'Connor, J., White, A., & **Anderson, R.** (March, 2023). *The Influence of Parental Discrimination and Racial Socialization Competency on Child Behavioral Problems*. Poster presented at Society for Research in Child Development Conference, Salt Lake City.

Zhou, E., Kiang, L., Christophe, K., Livas Stein, G., Jones, S., Stevenson, H., **Anderson, R.**, & Galan, C. (March, 2023). *Racial Socialization Behaviors and Their Determinants Predicting Child Behavioral and Emotional Problems in Asian American Children*. Poster presented at Society for Research in Child Development Conference, Salt Lake City.

**Anderson, R.** (January, 2019). *The Engaging, Managing, and Bonding through Race (EMBRace) Intervention*. Poster presented at the Robert Wood Johnson Foundation's Annual Leadership Institute, Indianapolis, IN.

Williams, A., Navarro, C., **Anderson, R.**, & DeVylder, J. (October, 2018). *Procured to Protect and Serve: The Relationship between Perceptions of Police Interactions with Black Youth and Parental Mental Health*. Poster presented at the Healthy Teen Network Conference, San Diego, CA.

Martinez, S., Rhyne, I., & **Anderson, R.** (February, 2017). *EMBRacing One Another: Examining Racial Socialization Techniques in Black Families*. Poster presented at the Teachers College Winter Roundtable, New York, NY.

Wood, M., Suntheimer, N., Xue, Q., & **Anderson, R.** (February, 2017). *Racial Coping Skills and the Parent-Child Relationship: Observing Dynamic Shifts in Response to Racial Socialization*. Poster presented at the Teachers College Winter Roundtable, New York, NY.

McKenny, M., Mehta, T., Jang, J., Truskey, L., & **Anderson, R.** (October, 2016). *Engaging, Managing, and Bonding through Race (EMBRace): An Intervention to Reduce Racial Stress and Improve Family Relationships*. Poster presented at the Research, Policy, and Practice Conference of the School District of Philadelphia, Philadelphia, PA.

Koku, L. & **Anderson, R.** (September, 2016). *Am I Next?: Black Families Confront Racial Trauma in Clinical Intervention*. Poster presented at the Mellon Mays Undergraduate Research Program Research Day, Philadelphia, PA.

Smith-Bynum, M., **Anderson, R.**, & English, D. (August, 2014). *An Observational Study of Racial Coping in African American Mothers and Adolescents*. Poster presented through Division 45 at the American Psychological Association Conference, Washington, DC.

**Anderson, R.** (June, 2012). *Demographic Influences on Parenting Style in Low-Income Families*. Poster presented at the Society for the Psychological Study of Social Issues, Charlotte, NC.

**Anderson, R.** (June, 2012). *Demographic Influences on Parenting Style in Low-Income Families*. Poster presented at the Head Start Conference, Washington, DC.

**Anderson, R.** (May, 2012). *Demographic Influences on Parenting Style in Low-Income Families*. Poster presented at the LIFE Academy, Berlin, Germany.

**Anderson, R.** & Hussain, S. (March, 2012). *Averting Pathways to Pain: Ethnic Identity and Perceptions of Racial Discrimination*. Poster presented at the Huskey Research Symposium for Graduate Studies, Charlottesville, VA.

**Anderson, R.**, Emeh, C., & Durkee, M. (February, 2012). *Ethnic Identity and Maternal Overreactivity as Protective*

*Factors for Low-Income Black Families*. Poster presented at the Society for Research in Child Development's Positive Development of Minority Children Themed Meeting, Tampa, FL.

**Anderson, R.** (June, 2010). *Effects of Multiple Children on Black Parenting Style*. Poster presented at the American Psychological Association's Division 45 Conference, Ann Arbor, MI.

Crosby-Budinger, M. & **Anderson, R.** (March, 2009). *Project Care: Strong Families Project*. Poster presented at the Johns Hopkins Urban Health Institute's Reverse Research Day, Baltimore, MD.

#### Discussant/Moderator/Roundtable/Panelist

**Anderson, R.** (chair), McCall, M., Livas Stein, G., Jones, S. C. T., & Saleem, F. (May, 2024) *Pivoting: Responding to the Mental Health Needs of Youth of Color with Technology*. Roundtable moderated by **Anderson, R.**, at the Society for Research in Child Development Anti-Racist Developmental Science Summit Session, Panama City, Panama.

Brenick, A. (chair), **Anderson, R.**, LaRusso, M., & Rogers, L. (May, 2024) *Together We Rise: Community Partnerships and Interventions as Agents of Social Justice for Youth*. Roundtable moderated by Brenick, A. at the Society for Research in Child Development Anti-Racist Developmental Science Summit Session, Panama City, Panama.

Price, M. (chair), Schleider, J., Barnett, M., **Anderson, R.**, Metzger, I., & Lau, A. (November, 2023). *Innovative Intervention and Implementation Science to Promote Mental Health Equity for Stigmatized Youth*. Panel moderated by Saldana, L. at the Association for Behavioral and Cognitive Therapies (ABCT) Annual Convention, Seattle, WA.

**Anderson, R.**, Jones, S., Spinrad, T., & Kerr, M. (March, 2023). *Measuring Racial-Ethnic Socialization: Where Do We Go from Here?* Panel moderated by Botto, I. at Society for Research in Child Development Conference, Salt Lake City.

Diomedes, M., Barragan, R., & Molgaard, M. (March, 2023). *How Caregivers Address Social Injustices to Promote Children's Wellbeing*. Flash Talks moderated by **Anderson, R.** for the Equity & Justice Committee at Society for Research in Child Development Conference, Salt Lake City.

**Anderson, R.** (May, 2022). *Developing and Testing Culturally-Responsive Approaches for Preventing Disproportionality and Racial Bias in Secondary Schools*. Presentation moderated by Bradshaw, C.P. at SRCD Construction of the 'Other': Development, Consequences, and Applied Implications of Racism, Prejudice, and Discrimination, Rio Grande, Puerto Rico, USA.

**Anderson, R.** (May, 2022). "Construction of the 'Other': Development, Consequences, and Applied Implications of Racism, Prejudice, and Discrimination". Special Topic: *The Role of Culturally Specific Coping Among Black Youth and Adolescents*. Presentation moderated by Bernard, D. at SRCD Construction of the 'Other': Development, Consequences, and Applied Implications of Racism, Prejudice, and Discrimination, Rio Grande, Puerto Rico, USA.

**Anderson, R.**, Carter, S., Eckstrand, K., Hsu, K., Jacoby, R., Jones, S., Kryza-Lacombe, M., Peckham, A., Siegle, G., Uddin, L., Weierich, M., Woody, M. (November, 2021). *Toward an Intersectional Model of Translational Neuroscience: Engaging Marginalized Community Partners to Adopt Neuroscience in Psychology Clinics*. Presentation moderated by Illes, J. at Annual Association for Behavioral and Cognitive Therapies (ABCT) Special Interest Group (SIG) Meeting, Virtual.

**Anderson, R.**, Boustani, M., Chou, T., Morrow, A., Youngstrom, E., Zhao, X., Jones, S. (November, 2021). *Disseminating CBT through Public-Facing Platforms*. Presentation moderated by Zhao, A. X. at Annual Association for Behavioral and Cognitive Therapies (ABCT) Special Interest Group (SIG) Meeting, Virtual.

**Anderson, R.**, Lozada, F., & Mims, L. (April, 2021). "Resilience Reconsidered: The Brilliance of Black Children and Families as Axiomatic". Roundtable moderated by Bocknek, E. at Society for Research in Child Development Conference, Virtual.

Deutsch, N., Howard, L., Strambler, M., & Rivas-Drake, D. (March, 2015). "Why is a White Guy Interested in Racial Discrimination?": *The Role of the Researcher's Social Identity in Developmental Science*. Conversation Roundtable moderated by English, D. & **Anderson, R.** at Society for Research in Child Development Conference, Philadelphia, PA.

#### INVITED PRESENTATIONS

Guest Speaker, Liberation Ventures Reparations Research Consortium, March 21, 2024  
*Psychological Reparations*

Guest Speaker, National Parent Teacher Association and the American Psychological Association, June 22, 2023  
*How Racial Socialization Supports Healthy Emotional Growth*

Panelist, National Urban League, July 21, 2022

[\*Racism is a Pre-Existing Condition: Closing the Health Gap\*](#)

Guest Speaker, Academics for Black Survival and Wellness, June 28, 2022

*Pathways to Liberated Black Futures for Black Youth and Families*, Annual Wellness Week

Panelist, Robert Wood Johnson Foundation, May 31, 2022

*Increasing Equity in Access to Mental Health Support in the Era of COVID-19*

Guest Speaker, First Corinthian Baptist Church and The HOPE Center Harlem, October 15, 2021

*Anti-Black Practice in Action*, Racism, Trauma, Grief, & The Role of the Black Church Conference

Panelist, National Urban League, September 28, 2021

*An Uncharted Future: Where Do We Go From Here?*

Guest Speaker, University of Michigan Department of Pediatrics, May 25, 2021

*Discrimination as a (Former) Determinant of Health*, Forum on Racism and Justice

Panelist, Nickelodeon, March 23, 2021

*Teaching Anti-Racism and Social Justice*, American Federation of Teachers Annual Conference

Panelist, NYU McSilver Institute, January 18, 2021

*Ring the Alarm: Mental Health & Black Youth*

Guest Speaker, American Psychological Association, December 10, 2020

*Checking on Our Mental Health as a Practitioner*, Equity Flattens the Curve Virtual Check-In

Panelist, The Urban Institute, December 2, 2020

*Trauma-Informed Practices for Returning to School in the Time of COVID-19 and Disparities in Policing*, Promise Neighborhood Conference

Keynote, Mental Health and Wellness, Institute for Population Health, Community Action Network, October 30, 2020

*Healing the Virus: Mental Health Considerations for Detroit Youth*

Panelist, The Democracy & Debate Theme Semester and the Office of Diversity, Equity, and Inclusion, The University of Michigan, October 22, 2020

*John Lewis: The Legacy of a Life Lived in Good Trouble*

Panelist, National Academies of Sciences, Engineering, and Medicine, September 14, 2020

*Behavioral and Public Health Systems*, Reimagining a System of Care to Promote the Well-Being of Children and Families: Forum for Children's Well-Being

Panelist, Essence and Sister to Sister, August 26, 2020

*Mobilizing in Action with Senator Kamala Harris*

Panelist, University of Virginia, August 20, 2020

*Race and Parenting in Extraordinary Times*, Retold Series

Panelist, National Urban League, August 13, 2020

*Surviving COVID while Black: The Pandemic Inside the Pandemic*, State of Black America UnMasked

Guest Speaker, Minority Organ Tissue Transplant Education Program, July 29, 2020

*Our Mental and Physical Health during COVID*, Wednesday Wellness Series

Keynote, The Association for Behavioral and Cognitive Therapies, July 31, 2020

*Healing Racial Trauma: Focusing on Racial Socialization as a CBT Strategy for Black Youth*, CE Webinar

Panelist, EmbraceRace, July 2, 2020

*Moving "The Talk" to "The Walk" for Black Children*, Weekly Webinar

Panelist, The Robertson Center, June 29, 2020

*Talking to Kids About Racial Violence*

Keynote, Metro Detroit Association of Black Psychologists, June 28, 2020

*"The Talk" and COVID-19: The Influence of Racism and Racial Socialization in a Global Pandemic*

Keynote, COVID Black, June 27, 2020

*Pandemic & Protests: Black Teen Town Hall*



- Keynote, Senator Stephanie Chang, June 27, 2020  
*Finding the Balance: Trauma, Racial Injustice, and COVID-19*
- Panelist, Detroit Church, June 21, 2020  
*What does Racial Justice look like?*
- Panelist, Alliance for Health Policy, June 19, 2020  
*Advancing Mental Health During the Pandemic: COVID-19 in Color: Mental Health and Community Responses*
- Keynote, Power to the People 313, June 19, 2020  
*Juneteenth Celebration: Mental Health Check-in*
- Panelist, Detroit City Council, June 18, 2020  
Black Voices on Black Lives: Perspectives and Calls to Action on Building Social and Racial Justice
- Keynote, Prep for Prep, June 13, 2020  
*Prep for ACTion: Reducing Racism-Related Stress, Aspects of Leadership Retreat*
- Panelist, American Psychological Association's Society for Child and Family Policy and Practice, June 9, 2020  
*Strengthening the Development of Black Boys: Lessons from the EMBRace Intervention*
- Panelist, University of Michigan, June 5, 2020  
*Constructive Conversations for Societal Change Town Hall*
- Panelist, Substance Abuse and Mental Health Services Administration (SAMHSA), May 15, 2020  
*Addressing Racial Trauma in Youth of Color: Conceptual Framing and Applied Clinical Strategies*
- Panelist, Alpha Kappa Alpha Sorority, Inc., Alpha Rho Omega Chapter, May 4; 11, 2020  
*Mental and Emotional Wellness, Weekly Health & Nutrition Committee Panel*
- Panelist, Senator Stephanie Chang, April 16, 2020  
*Mental Health in the Midst of COVID, Mental Health Coffee Hour*
- Guest Speaker, University of Michigan's Department of Psychiatry, March 10, 2020  
*Discrimination as a (Former) Determinant of Health, Diversity, Equity, and Inclusion Lunch and Learn*
- Keynote Speaker, University of Michigan's Schools of Education and Social Work, February 24, 2020  
*Healing from Racial Trauma: Lessons from a Public Health Intervention, Workshop*
- Guest Speaker, University of Michigan's Department of Psychiatry, February 11, 2020  
*Discrimination as a (Former) Determinant of Health, Diversity, Equity, and Inclusion Monthly Seminar*
- Guest Speaker, Indiana University, Department of Psychological and Brain Sciences, December 6, 2019  
*Preparing for Racism like We Do Plane Crashes: Moving "The Talk" to "The Walk", Weekly Clinical Colloquium*
- Guest Speaker, University of Michigan's School of Public Health Nutrition Department, October 9, 2019  
*Discrimination as a (Former) Determinant of Health, Monthly Seminar*
- Panelist, Sesame Workshop, October 8, 2019  
*"I" is for Identity, Identity Matters Panel for the 50<sup>th</sup> Anniversary of Sesame Street*
- Guest Speaker, University of Michigan's Center for Human Growth and Development, September 24, 2019  
*Discrimination as a (Former) Determinant of Health, Monthly Seminar*
- Keynote Speaker, Wayne State University's Graduate School, September 14, 2019  
*The Accidental Academic, ReBUILDetroit Professional Development Day*
- Keynote Speaker, Wayne State University's Graduate School, September 13, 2019  
*Preparing for Racism like We Do Plane Crashes: Moving "The Talk" to "The Walk", Annual King-Chavez Parks Visiting Scholar Day*
- Panelist, University of Michigan, September 5, 2019  
*Walk it like I talk it: Perspectives from a Culturally-Relevant Parenting Approach, Mothering in the Age of Intensive Parenting: Implications for Women and Children's Well-Being Conference*
- Panelist, Washington University's Researcher Resilience Training Program, July 29, 2019  
*RECASTing Racial Stress and Trauma in the United States, Conference on Child Behavioral Health in Sub Saharan Africa, Senior Fellows Panel*

- Panelist, Future 4 Teens, April 4, 2019  
*Mental Health Services*, College Experience Day
- Panelist, Washington University's Collaboration on Race, Inequality and Social Mobility, March 28, 2019  
*What's Race Got to do with it? [Everything]*, Race at the Forefront Conference, Health Panel
- Panelist, SRCD's Equity & Justice Committee, March 21, 2019  
*Thoughtful Conversations with Young Children about Gender, Race, and Social Class*, SRCD Biennial Conference
- Panelist, SRCD's Black Caucus, March 21, 2019  
*The Job Search and Postdocs*, SRCD Biennial Conference - Tri-Caucus Intersectional Lounge Mentoring Panel
- Panelist, SRCD's Horowitz Millennium Scholars Program, March 20, 2019  
*Publishing as a Developmental Scientist*, SRCD Biennial Conference
- Guest Speaker, National Child Trauma Network, February 27, 2019  
*RECASTing racial stress and trauma*, Justice Consortium Adaptation of School Resources for Race and Trauma in the Classroom
- Panelist, University of Michigan, February 21, 2019  
*Plight of the Black Academic*, Detroit Center Eye on Detroit Series
- Guest Speaker, Wayne State University, February 20, 2019  
*Defining and refining racism in psychology practice and education*
- Panelist, Yale University, February 8, 2019  
*Building the Black Home and Family*, Black Solidarity Conference
- Keynote Speaker, New York University, February 7, 2019  
*Discrimination as a (former) determinant of health*, McSilver Institute for Poverty, Policy, and Research Inaugural Brown Bag Series
- Panelist, Color Blind Girl, December 19, 2018  
*Crumbling Walls: A Conversation about Race*, Live Broadcast
- Panelist, EmbraceRace, December 18, 2018  
*A Look at Racial Incongruence*, Monthly Webinar
- Guest Speaker & Workshop Facilitator, Children's Hospital Los Angeles, June 24, 2018  
*EMBRacing Familial and Community Trauma: Strategies in Managing Racial Stress*, UCEDD's Diversity Committee Annual Seminar: Working with Black and African American Communities: Exploring Racial Stress and Promoting Resiliency
- Panelist & Workshop Facilitator, University of Michigan, April 6, 2018  
*EMBRacing Familial and Community Trauma: Strategies in Managing Racial Stress*, School of Public Health, Public Health Students of African Descent Organization's Annual Conference
- Guest Speaker, Johns Hopkins University, November 8, 2017  
*"But Dad, Why Was He Shot"? Racial Socialization and the Psychosocial Well-Being of Black Youth*, Bloomberg School of Public Health, Department of Mental Health Faculty Seminar
- Guest Speaker, University of Pennsylvania, November 7, 2017  
*"But Dad, Why Was He Shot"? Racial Socialization and the Psychosocial Well-Being of Black Youth*, Graduate School of Education, WSDM Brown Bag Faculty Lunch Series
- Guest Speaker, Swarthmore College, November 6, 2017  
*Coping with the Racialized World: The Psychosocial Wellbeing of Black Youth and Emerging Adults*, Black Cultural Center - Unity Hour Series
- Guest Speaker, Drexel University, November 6, 2017  
*A Conversation about Race, Cultural Equity, and Mutual Understanding*, Underrepresented Minority Faculty Interest Group
- Panelist, University of Southern California, September 13, 2017  
*Preparing for the Job Market: Materials, Interviews, Communication, and More*, Professional Development Series
- Guest Speaker, Drexel University, April 11, 2017

*A Conversation about Race, Cultural Equity, and Mutual Understanding*, Underrepresented Minority Faculty Interest Group

Guest Speaker, Haddington Public Library, December 15, 2016

*Let's Talk About Race*

Panelist, Rutgers University, November 30, 2016

*The National Equity Atlas: Racial Socialization, Social-Economics, and your Community!* Building a Culture of Health in New Jersey: Advancing the Population Health Agenda - New Jersey Culture of Health Conference

Guest Speaker, Drexel University, November 21, 2016

*EMBRacing New Strategies for the Clinical Intervention of Racial Stress and Trauma in Black Families*, Center for Family Intervention Science and Couple and Family Therapy - Grand Rounds

Panelist, University of Pennsylvania, October 26, 2016

*Strategies for Recognizing and Navigating Racial Stress and Trauma*, Black Graduate and Professional Student Association - Community Healing Series

Guest Speaker, Philadelphia Department of Behavioral Health, September 7, 2016

*EMBRacing New Strategies for the Clinical Intervention of Racial Stress and Trauma in Black Families*, Community Behavioral Health - Lunch & Learn Series

Guest Speaker, Swarthmore College, March 1, 2016

*"On February 26th, I Lost my Life Too": Healing From our Racial Stress and Trauma as a Family*, Black Cultural Center - Unity Hour Series

Panelist, University of Michigan, June 6, 2015

*Early Career Panel*, Black Graduate Conference in Psychology

Panel Moderator, University of Virginia, March 27, 2014

*Excellence in Diversity*, Graduate Student Diversity Office

Panelist, University of Virginia, February 22, 2014

*12 Years a Slave Film Discussion*, University Programs Council

Panel Moderator, University of Virginia, August 24, 2013

*Mind & Body: Tips for a Healthy Graduate Student Lifestyle*, Graduate Student Diversity Retreat

Keynote Speaker, University of Virginia, March 23, 2012

*Triple Jeopardy: What it Means to be an Educated Black Woman*, Black Student Alliance - Ladies Cocktail Soiree

Panelist, University of Virginia, September 30, 2010

*Race, Labor, & Public Policy in America: Post-Baccalaureate Opportunities in Public Policy*, Class Matters Series

Panelist, Charlottesville High School, December 3, 2009

*Black Vernacular English and Code-Switching*

## ACADEMIC PRESENTATIONS

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**Anderson, R.** (March 28, 2025). *Activism in the Academy: I Will Not be Silenced*. Department of Psychology, Colloquium Speaker, Tulane University.

**Anderson, R.** (February 18, 2025). *Fight or Flight? Effectively Responding and Managing Mental Health in Black Youth Facing Discrimination Today*. School of Social Work, Guest Lecture, University of North Carolina Chapel Hill: Black History Month Research Series.

**Anderson, R.** (February 12, 2025). [\*Responding to the Mental Health Needs of Youth of Color by Any Means Necessary\*](#). [Gene Brody Symposium Speaker](#), University of Georgia.

**Anderson, R.** (February 27, 2025). *Clinical Strategies for Racial Socialization*. Guest Lecture, University of California, Los Angeles, Psych 127C: Clinical Psychological Science - Developmental Perspectives.

**Anderson, R.** (December 11, 2024). *Responding to the Mental Health Needs of Youth of Color by Any Means Necessary*. Department of Psychiatry Grand Rounds Speaker, Weill Cornell Medicine.

**Anderson, R.** (December 6, 2024). *Responding to the Mental Health Needs of Youth of Color by Any Means Necessary*. Department of Psychology Colloquium Speaker, University of Virginia.

- Anderson, R.** (November 8, 2024). [\*Responding to the Mental Health Needs of Youth of Color by Any Means Necessary\*](#). Department of Psychology Colloquium Speaker, Northwestern University.
- Anderson, R.** (October 16, 2024). *Clinical Strategies for Racial Socialization*. Guest Lecture, Children's National Medical Center, Diversity Seminar.
- Anderson, R.** (April 8, 2024). *How Psychologists Can Dropkick Racism*. Department of Psychology, Guest Lecture, Harvard University, PSY 2430: Cultural and Individual Diversity in Clinical Psychology.
- Anderson, R.** (March 20, 2024). *Psychological Reparations*. Colloquium, Harvard University Hutchins Center for African & African American Research.
- Anderson, R.** (December 4, 2023). *Pivoting: Responding to the Mental Health Needs of Youth of Color with Technology*. Department of Social & Behavioral Sciences Seminar Speaker, Harvard University T. H. Chan School of Public Health.
- Anderson, R.** (October 26, 2023). *Pivoting: Responding to the Mental Health Needs of Youth of Color with Technology*. Keynote Speaker, Rutgers University Graduate School of Applied and Professional Psychology's Annual Culture Conference.
- Anderson, R.** (June 13, 2023). *Practices to Reduce Race-Related Stress and Improve Outcomes for Black Youth*. Keynote Speaker, Boston Children's Hospital Division of Adolescent and Young Adult Medicine, Racial Equity and Social Justice Council's Inaugural Dr. Jessica Daniel Lecture.
- Anderson, R.** (May 4, 2023). *Practices to Reduce Race-Related Stress and Improve Outcomes for Black Youth*. Speaker, Children's Hospital of Orange County, Professional Practice Seminar in Diversity.
- Anderson, R.** (May 3, 2023). [\*Pivoting: Responding to the Mental Health Needs of Youth of Color with Technology\*](#). Keynote Speaker, The Warren Alpert Medical School of Brown University, The 25th Annual David H. Barlow Oration Academic Grand Rounds.
- Anderson, R.** (April 27, 2023). *Pivoting: Responding to the Mental Health Needs of Youth of Color with Technology*. Keynote Speaker, Stanford University, Race, Inequality, and Language in Education Series.
- Anderson, R.** (February 28, 2023). *Mental Wellness and Social Determinants of Health*. Guest Lecture, Vanderbilt University, EDP 6220: Urban Education and Social Policy.
- Anderson, R.** (February 27, 2023). *Pivoting: Responding to the Mental Health Needs of Youth of Color with Technology*. Speaker, University of California Berkeley, Institute of Human Development Colloquium.
- Anderson, R.** (February 21, 2023). *Exploring Stress and Interventions for Children of Color*. Guest Lecture, Stanford University, HUMBIO 128/PSYCH 101: Community Health Psychology.
- Anderson, R.** (January 31, 2023). *The RECAST model in community psychology*. Guest Lecture, Georgia State University, PSYC 4510: Community Psychology.
- Anderson, R.** (November 28, 2022). *With our powers combined: The development of a racial socialization app for youth of color*. Speaker, Stanford University, Social Psychology.
- Anderson, R.** (October 12, 2022). *Teen Talk\*: A novel app targeting racial discrimination to reduce mental health problems in youth of color*. Seminar Presentation, Stanford University, Center for Advanced Study in the Behavioral Sciences Seminar.
- Anderson, R.** (January 14, 2022). *Healing racial trauma: Focusing on racial socialization as a therapeutic strategy for Black youth*. Speaker, Michigan State University, Social/Brownbag Personality Colloquium.
- Anderson, R.** (January 7, 2022). *Healing racial trauma: Focusing on racial socialization as a therapeutic strategy for Black youth*. Speaker, University of California Los Angeles, Human Development & Psychology Colloquium Series.
- Anderson, R.** (November 19, 2021). *Building a Social Presence Online*. Panelist, Massachusetts Institute of Technology, Path of Professorship Workshop.
- Anderson, R.** (November 18, 2021). *Healing racial trauma: Focusing on racial socialization as a therapeutic strategy for Black youth*. Guest Lecture, Stanford University, Center for Education Policy Analysis (CEPA) Seminar Series.
- Anderson, R.** (October 28, 2021). *Using racial socialization strategies to help Black youth cope with racialized stressors*. Guest Lecture, Harvard University, PSY 2430: Cultural and Individual Diversity in Clinical Psychology.
- Anderson, R.** (April 15, 2021). *Using racial socialization strategies to help Black youth cope with racialized stressors*. Guest Lecture, Duke University, PSY 105: Abnormal Psychology.



- Anderson, R.** (April 5, 2021). *Using racial socialization strategies to help Black youth cope with racialized stressors*, Guest Lecture, University of California - Los Angeles, PSYCH 273: Professional and Ethical Issues in Clinical Psychology.
- Anderson, R.** (April 2, 2021). *Using racial socialization strategies to help Black youth cope with racialized stressors*, Speaker, University of Virginia, Clinical Psychology Lunch Series.
- Anderson, R.** (January 14, 2021). *Using racial socialization strategies to help Black youth cope with racialized stressors*, Speaker, New York University, Community Technical Assistance Center of New York.
- Anderson, R.** (December 1, 2020). *Healing racial trauma: Focusing on racial socialization as a CBT strategy for Black youth*, Speaker, University of Pittsburgh, Center on Race and Social Problems.
- Anderson, R.** (November 19, 2020). *Healing racial trauma: Focusing on racial socialization as a CBT strategy for Black youth*, Speaker, Yale University, Department of Psychology, Current Works in Clinical Psychology Series.
- Anderson, R.** (November 17, 2020). *Understanding and supporting students' experience with racialized trauma*, Guest Lecture, Harvard University Graduate School of Education, H390Y: School-Based Counseling to Support Children, Adolescents, and Families.
- Anderson, R.** (November 9, 2020). *Clinical and cognitive behavioral strategies for Black families*, Guest Lecture, University of California - Berkeley School of Social Welfare, Social Welfare 250Z, Cognitive Behavioral Methods.
- Anderson, R.** (October 16, 2020). *Preparing for Racism like We Do Plane Crashes: Moving "The Talk" to "The Walk"*, Speaker, University of North Carolina, Clinical Psychology Colloquium.
- Anderson, R.** (July 22, 2020). *Walk it Like I Talk it: Racial Socialization and "The Talk" for Black Families*, Speaker, Children's Hospital of Michigan, Intervention Didactics.
- Anderson, R.** (February 18, 2020). *Intervening on racial stress and trauma: Involving strengths from Black families*, Guest Lecture, University of Michigan, Public Health 886: Community Level Interventions.
- Anderson, R.** (February 10, 2020). *Preparing for Racism like We Do Plane Crashes: Moving "The Talk" to "The Walk"*, Guest Lecture, University of Michigan, Public Health 651: Health Promotion Interventions.
- Anderson, R.** (November 10, 2019). *How Racial Socialization and the Psychosocial Well-Being of Black Youth is a Public Health Issue*, Guest Lecture, University of Michigan, Public Health 710: Roots of Health Inequity.
- Anderson, R.** (April 4, 2019). *Intervening on racial stress and trauma: Involving strengths from Black families*, Guest Lecture, University of Michigan, Social Work 727: Families and Health.
- Anderson, R.** (November 1, 2018). *How Racial Socialization and the Psychosocial Well-Being of Black Youth is a Public Health Issue*, Guest Lecture, University of Michigan, Public Health 710: Roots of Health Inequity.
- Anderson, R.** (May 16, 2018). *Racial Socialization and Discrimination*, Guest Lecture, Stanford University, Psychology 286: The Psychology of Racial Inequality.
- Anderson, R.** (April 10, 2018). *Racial Socialization and the Psychosocial Well-Being of Black Youth*, Guest Lecture, University of Southern California, Preventive Medicine 599: Health Disparities in the US.
- Anderson, R.** (February 20, 2018). *Racial Socialization and the Psychosocial Well-Being of Black Youth*, Case Conference, Children's Hospital Los Angeles, Project Heal Trauma Didactic Meeting.
- Anderson, R.** (February 27, 2017). *Science and the Media*, Guest Lecture, Fordham University, Applied Developmental Psychology Practicum.
- Anderson, R.** (August 4, 2016). *Racial Literacy: What is it and how do I get it?* Guest Lecture, University of Pennsylvania, Graduate School of Education and Philadelphia Teach For America.
- Anderson, R.** (June 15, 2016). *Train up a Child*, Guest Lecture, University of Pennsylvania, African Studies 542: Psychology and Counseling of the African American.
- Anderson, R.** (March 29, 2016). *Train up a Child*, Guest Lecture, University of Pennsylvania, African Studies 542: Psychology and Counseling of the African American.
- Anderson, R.** (November 2, 2015). *The Accidental Academic*, Guest Lecture, University of Pennsylvania, Education 860: Proseminar in Human Development.
- Anderson, R.** (April 27, 2015). *Externalizing in Adolescent Girls*, Clinical Case Presentation, Yale University, West Haven Mental Health Clinic Child and Adolescent Service Seminar.

- Anderson, R.** (September 12, 2013). *And Still WE Rise: Poverty Risk, Family Resilience, and Child School Readiness in Urban Black Families*, Research Presentation, University of Virginia, Current Topics in Community Psychology Lunch.
- Anderson, R.** (May 29, 2013). *Parenting in Context: Parents Just Don't Understand*, Guest Lecture, University of Virginia, Interdisciplinary Studies 3461: Lifespan Development.
- Anderson, R.** (April 8, 2013). *DEFENSE*, Clinical Case Presentation, University of Virginia, CAPS Psychodynamic Workshop.
- Anderson, R.** (February 23, 2013). *Like Mother, Like Daughter*, Clinical Case Presentation, University of Virginia, CAPS Psychodynamic Workshop.
- Anderson, R.** (October 23, 2012). *Black Love: Parenting and Child Outcomes in Black Families*, Guest Lecture, University of Virginia, Psychology 4559: Contemporary Parenthood.
- Anderson, R.** (April 13, 2012). *Demographic Influences on Parenting Style in Low-Income Families, Part II*, Research Presentation, University of Virginia, Current Topics in Community Psychology Lunch.
- Cultural and Family Studies Laboratory (April, 2012). *The Impact of Ethnicity and Ethnic Identity on Parenting and Child Outcomes*, Research Symposium, University of Virginia, Current Topics in Community Psychology.
- Anderson, R.** (September, 2011). *Trial by Fire: Putting Clinical Methods and Ethics to the Test*, Research Presentation, University of Virginia, Current Topics in Community Psychology Lunch.
- Anderson, R.** (April 27, 2011). *Demographic Influences on Parenting Style in Low-Income Families*, Research Presentation, University of Virginia, Current Topics in Community Psychology Lunch.
- Anderson, R.** (April 25, 2011). *Stereotypes of a Black Male Misunderstood...and it's still all good*, Guest Lecture, University of Virginia, Psychology 2700: Intro to Child Psychology.
- The Psychology Department's Diversity Committee (March 17, 2011). *Mixing the Paint: Diversity in Research and Ethical Requirements*. Research Symposium University of Virginia, Current Topics in Community Psychology Lunch.
- Anderson, R.** (December 13, 2010). *Location, Location, Location: Ethnicity and Overreactive Parenting Style*, Guest Lecture, University of Virginia, Psychology 3005: Research Methods & Data Analysis I.
- Anderson, R.** (September 16, 2010). *Minority Report: The Effects of Multiple Children on Parenting Style*, Guest Lecture, University of Virginia, Psychology 8460: The Minority Family.
- Anderson, R.** (October 5, 2010). *Unheard Voices: Curriculum Recommendations for Diversity Inclusion in Psychology Training Programs*, Research Presentation, University of Virginia, Current Topics in Community Psychology Lunch.

## **TEACHING AND FACILITATION EXPERIENCE**

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### Teaching\*

- Primary Instructor, Columbia University, Winter, 2025  
Social Work 660: Human Behavior and the Social Environment
- Primary Instructor, University of Michigan, Winter, 2022; 2021; 2020; 2019  
Public Health 308: Black American Health: A Focus on Children, Families, and Communities
- Primary Instructor, University of Michigan, Fall, 2021; 2020; 2019  
Public Health 600: Psychosocial Factors in Health-Related Behavior
- Primary Instructor, University of Southern California, Winter, 2018  
Social Work 608: Research and Critical Analysis for Social Work with Children and Families
- Primary Instructor, University of Southern California, Fall, 2017  
Social Work 546: Research Methods
- Teaching Assistant [Co-Developer], University of Virginia, Fall, 2013  
Psychology 7740: Practicum to Clinical Intervention and Multicultural Issues, Dr. Patricia Llewellyn
- Teaching Assistant [Lab Instructor], University of Virginia, Spring 2012; Spring, 2010  
Psychology 3005: Research Methods & Data Analysis I, Dr. Amori Mikami; Dr. James Freeman
- Teaching Assistant [Lab Instructor], University of Virginia, Fall 2011



Psychology 3460: Children, Families, and the Law, Dr. N. Dickon Reppucci

Teaching Assistant [Discussion Instructor], University of Virginia, Spring 2011

Psychology 2700: Introduction to Child Psychology, Dr. Charlotte Patterson

Teaching Assistant [Review Instructor], University of Virginia, Spring 2010

Psychology 1010: Introduction to Psychology, Dr. Jonathan Haidt

Teaching Assistant [Review Instructor], University of Virginia, Fall 2009

Psychology 2400: Personality Psychology, Dr. Patricia Llewellyn

**\*Course evaluations available upon request**

### Facilitation

Facilitator, Robert Wood Johnson Foundation, Winter 2019; Winter 2018

Annual Leadership Institute - Exploring Racial Trauma and Healing

Facilitator, Robert Wood Johnson Foundation, Spring 2018

Health Policy Research Scholars - Expressing Identity: Why Who I am Impacts What I Do

Facilitator, University of Southern California, Fall 2017-Spring 2018

Black Minds Matter

Facilitator, Prep for Prep, Summer 2018; Summer 2017

College Transition Retreat - Under Pressure: Stress, Coping, and Cultural Considerations

Facilitator, University of Pennsylvania, Fall 2015-present

Racial Empowerment Collaborative - EMBRace Clinician Training; Racial Literacy Training

Facilitator, Yale University School of Medicine/The Consultation Center, Spring 2015

Department of Mental Health Services Prevention Training - Prevention Groupwork with Adolescent Girls

Facilitator, Young Black Professional Network of Charlottesville, Spring 2014

Umoja Self-Love Symposium - Engaging in Healthy Adolescent Relationships

Facilitator, City of Charlottesville, Spring 2012; Winter 2010

Dialogue on Race

## **RESEARCH EXPERIENCE**

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### *Principal Investigator*

September 2023-present

Harvard University, Hutchins Center for African and African American Research, Cambridge, CA

Research the role of psychology in the call for national reparations. Research historical and contemporaneous effects of race-based discrimination and explore individual-, community-, and policy-level solutions from a psychological perspective.

### *Principal Investigator*

September 2022-present

Stanford University, Center for Advanced Study in the Social and Behavioral Sciences, Stanford, CA

Research the feasibility, acceptability, and implementation of an app for youth of color aged 10-19 to learn more about and heal from racial discrimination experiences via racial socialization and other clinical strategies. Manage team, pitch product, hire developers, collaborate with youth-facing organizations and focus groups, acquire seed funds, and present the idea to stakeholders.

### *Co-Principal Investigator*

May 2020-present

University of Michigan, School of Public Health, Health Behavior & Health Education Department, Ann Arbor, MI

Explore the sociodemographic and racial constructs related to racial socialization strategies for Black, Asian, Latinx, and White parents in the Multi-RaSCS (racial socialization competency scale) study. Analyze data within and between racial/ethnic groups for 800 parents.

### *Principal Investigator*

August 2018-present

University of Michigan, School of Public Health, Health Behavior & Health Education Department, Ann Arbor, MI

Implement a 5-session family and culturally based intervention (EMBRace: Engaging, Managing, and Bonding through Race) in Detroit and develop comparative studies to establish efficacy of the intervention relative to other treatments. Develop and mentor research staff and students through data analysis, manuscript

preparation, and grant proposals. Assess whether EMBRace reduces racial stress and trauma for both parent and child through quantitative, qualitative, observational, and physiological analyses.

*Principal Investigator*

August 2020-August 2022

University of Michigan, School of Public Health, Health Behavior & Health Education Department, Ann Arbor, MI  
Survey the immediate COVID-19-related needs, perceptions, and actions of Black, Latinx, and Arab American youth related to educational inequality in Detroit. Conduct 1,000 surveys and interviews in partnership with youth organizers from 482Forward to investigate whether racial socialization efforts influence youth's critical actions through its impact on youth's attributions about the causes of educational and health inequality and their sense of agency.

*Principal Investigator*

August 2020-August 2022

University of Michigan, School of Public Health, Health Behavior & Health Education Department, Ann Arbor, MI  
Examine the patterns of Black youth's racism experiences, sociopolitical development (e.g., critical consciousness), and psychological well-being and identify the efficacy of cultural protective factors and racial coping strategies (e.g., racial socialization; activism) in minimizing racism's negative effect on youth's psychological well-being in the Racism and COVID Impacts on Student Mental Health (RACISMH) study.

*Principal Investigator*

August 2017-August 2018

University of Southern California, Suzanne Dworak-Peck School of Social Work, Children, Youth, and Families Department, Los Angeles, CA

Implement a 5-session family and culturally based intervention (EMBRace: Engaging, Managing, and Bonding through Race) in Los Angeles and develop comparative studies to establish efficacy of the intervention relative to other treatments. Develop and mentor research staff and students through data analysis, manuscript preparation, and grant proposals. Assess whether EMBRace reduces racial stress and trauma for both parent and child through quantitative, qualitative, observational, and physiological analyses.

*Ford Foundation Postdoctoral Fellow*

July 2015-June 2016

University of Pennsylvania, Graduate School of Education, Applied Psychology & Human Development Division, Philadelphia, PA

Mentor: Dr. Howard Stevenson

Research the dyadic nature of racial socialization in Black families to assess competence of transmission and familial functioning through the Racial Empowerment Collaborative (REC). Develop and implement EMBRace to investigate how racial socialization practices, family functioning, psychosocial well-being, and academic achievement change over the course of the intervention. Assess whether EMBRace reduces racial stress and trauma for both parent and child through quantitative, qualitative, observational, and physiological analyses.

*Predoctoral Psychology Fellow*

July 2014-June 2015

Yale University School of Medicine, The Consultation Center, Department of Psychiatry, New Haven, CT

Advisors: Drs. Nadia Ward & Derrick Gordon

Conducted, coded, and analyzed qualitative interviews focused on maternal stress and coping with mothers of adolescents within the Connecticut Gaining Early Awareness and Readiness for Undergraduate Programs (GEAR UP) study and evaluated program effectiveness regarding adolescent psychosocial and academic outcomes. Led and created curriculum for a positive youth development (PYD) intervention (Choosing Healthy Alternatives Making Positive Steps; CHAMPS) with adolescents at an alternative high school to encourage better decision making and academic and psychosocial well-being.

*Graduate Student Researcher*

January 2013-June 2014

University of Virginia, Promoting Healthy Adolescent Development Laboratory, Psychology Department, Charlottesville, VA

Advisor: Dr. Noelle Hurd (Dissertation Committee)

Participated in the creation of the Developing Resourcefulness, Engagement, Acceptance, and Mentoring (DREAM) intervention and prevention study for at-risk middle-school students regarding achievement and non-parental adult mentors. Co-developed sessions in the eight-session intervention on identity development and goal achievement, created and researched appropriate measures for assessment, and piloted the interviews.

*Fellow, Graduate Student Researcher*

August 2012-June 2014

Institute of Education Sciences (IES) - Virginia Education Science Training (VEST) - University of Virginia, Center for the Advanced Study of Teaching and Learning (CASTL), Charlottesville, VA

Advisors: Drs. Nancy Deutsch (Dissertation Co-Chair), David Grissmer, & Claire Cameron

Investigated cultural and contextual components of child academic and psychosocial outcomes in the WINGS for Kids social and emotional learning program, an intervention aimed to improve low-income children's ability to form positive relationships and make good decisions. Administered cognitive assessments and conducted family interviews in Charleston, SC. Wrote dissertation and manuscripts on culturally protective factors and coded and redeveloped qualitative interviews.

*Graduate Student Researcher*

April 2010-June 2014

University of Virginia, Race/Ethnicity/Culture Laboratory, Curry School of Education, Charlottesville, VA

Advisor: Dr. Joanna Lee Williams (Dissertation Committee)

Studied the relationship between PYD and adolescent ethnic identity (EID) in low-income, minority youth. Investigated the impact of racial and ethnic socialization on adolescent and young adult identity. Evaluated the impact of intra-group racial microaggressions through focus groups and interviews. Co-authored two manuscripts regarding PYD and EID in Black and Latino adolescent development.

*Graduate Student Researcher*

August 2009-June 2014

University of Virginia, Cultural and Family Studies Laboratory, Psychology Department, Charlottesville, VA

Advisor: Dr. Melvin Wilson (Dissertation Co-Chair)

Investigated parenting style and child outcomes of low-income families participating in the Early Steps Project, a longitudinal problem behavior intervention. Led various aspects of study analyses, including research formation, data analyses, and authorship of two manuscripts. Evaluated parenting style modification through intervention and the impact of sociodemographic variables (i.e. gender, income, residential location) on parenting style and subsequent child psychosocial outcomes.

*Fellow, UVa Representative*

August 2011-May 2013

International Max Planck Research School on the LIFE Course - University of Virginia, Evolutionary and Ontogenetic Dynamics Program, Charlottesville, VA

Co-Chair: Dr. John Nesselroade

Engaged in intensive study of systematic longitudinal changes in human behavior. Focused on integrative, interdisciplinary, and international approaches and methodology combining evolutionary, ontogenetic, and historical perspectives in studying individuals' development. Participated in biannual academies emphasizing statistical and methodological techniques for longitudinal research.

*Research Assistant*

June 2009-August 2009

Children's National Medical Center, Neuropsychology Lab, Division of Pediatric Neuropsychiatry, Washington, DC

Supervisor: Dr. Karin Walsh, PI: Dr. Gerard Gioia

Conducted research for a pilot study that measured the executive functioning of pediatric cancer and traumatic brain injury patients. Responsibilities consisted of conducting literature reviews and composing introduction and methods sections for a manuscript. Participated in neuropsychology journal club and shadowed pediatricians specializing in neurological disorders. Contacted patients to administer working memory and attention tests.

*Research Program Assistant*

September 2008-May 2009

Johns Hopkins University School of Medicine, Strong Families Project, Child and Adolescent Psychiatry, Baltimore, MD

Supervisor: Dr. Courtney Keeton, PI: Dr. John Walkup

Conducted research for various youth intervention studies. Utilized Community Based Participatory Research (CBPR) to help develop a faith- and community-based manualized group treatment of early child behavior problems in African American families attending Baltimore churches. Created SPSS databases and entered data for treatment study of selective mutism. Performed literature searches for manuscripts and presentations on child anxiety.

## **CLINICAL EXPERIENCE**

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*Licensure*

July 2020-

State of Michigan, Psychologist License #6301018427

*Postdoctoral Fellow*

March 2016-July 2018

University of Pennsylvania, Applied Psychology Division/ Harrity Upper School, Philadelphia, PA

Direct and supervise the EMBRace intervention at urban middle school. Train master's level Counseling Psychology students on the protocol regarding culturally relevant and family-based content, process, and delivery. Serve as clinician to families in the EMBRace program which aims to reduce racial stress and trauma in Black families.

*Predoctoral Fellow*

July 2014-June 2015

Yale University School of Medicine, The Consultation Center; West Haven Mental Health Clinic, New Haven, CT

Provided therapy for children, adolescents, adolescent groups, and family cases in community-based clinic and high school settings. Delivered a 12-session parent intervention (Parenting from the Inside Out; PIO) focusing on mentalizing in order to reduce stress in parents within community-based clinic. Facilitate weekly group sessions with adolescents in high school setting. Weekly caseload includes up to 13 individuals, families, and groups. Receive three weekly supervision sessions.

*Graduate Student Therapist*

September 2009-May 2014

University of Virginia, Mary Ainsworth Clinic, Department of Psychology, Charlottesville, VA

Assessed adults and youth on various measures (e.g., WISC-IV, WAIS III & IV, WMS IV, WJ III-C;-A, Rorschach, MMPI;-A, PAI, BASC-2, CCP-T, CBCL, Brown's Adolescent ADHD, etc.) and wrote 1 adult and 5 youth integrated reports. Conducted intakes and utilized assessments, evidenced-based practices, and empirically supported treatments (e.g., CBT, IPT) for client improvement typically focusing on internalizing problems. Received weekly individual or group supervision and participated in peer supervision.

*Practicum Student Therapist*

August 2012-May 2013

University of Virginia, Elson Student Health Center, Counseling and Psychological Services (CAPS), Charlottesville, VA

Conducted individual therapy with older adolescents and young adults through psychodynamic and CBT brief-treatment. Maintained a caseload of eight clients with two weekly supervision sessions. Completed weekly intakes and reports for continued services or referrals and collaborated with health-care providers on team to effectively treat clients experiencing a range of problems (e.g., Borderline Personality Disorder, PTSD, acculturation, etc.). Assisted in multicultural outreach in conjunction with the CAPS Multicultural Specialist and the Office of African American Affairs to promote services for Black students. Presented cases in psychodynamic and training workshops.

*Graduate Intern*

June 2012-August 2012

Edward C. Mazique Parent Child Center (Head Start), Washington, DC

Delivered culturally specific parenting workshops, conducted play therapy, and evaluated children's behaviors and emotions through observation and parent and teacher assessment (i.e., BRIEF, PreBERS). Served low-income families through family therapy and staff consultative services at Early/Head Start facility, with youth ranging in age from 6 months to 5 years old. Researched and encouraged parenting strategies related to African American, Ethiopian, and Hispanic cultures. Researched interventions improving positive behavior support for multiple systems (e.g., parent, teacher, and child) to reduce externalizing problem behaviors in children.

*Practicum Therapist*

August 2011-May 2012

Lafayette School and Treatment Center, Charlottesville, VA

Co-led group and family therapy and conducted individual therapy with up to 15 child and adolescent clients with varying internalizing and externalizing disorders with cumulative environmental problems. Group and individual therapy targeted anger management, problem solving and decision-making skills, and social skills training. Family therapy focused on individuation, enmeshment, and roles within the family. Overall milieu therapy was conducted throughout the academic and programmatic portions of the day, and management of mental health problems was taught during Life Skills classes.

## **ACADEMIC SERVICE AND PROFESSIONAL MEMBERSHIP**

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American Psychological Association - Member

-Children, Youth, and Families Committee - Appointed Member

-Division 9: The Society for the Psychological Study of Social Issues - Member

-Division 45: Society for the Psychological Study of Ethnic Minority Issues - Member

-Division 53: Society of Clinical Child & Adolescent Psychology - Member

-Presidential Task Force on Strategies to Eradicate Racism, Discrimination, and Hate - Appointed Member

- Racial and Ethnic Socialization Initiative: RESilience - Visiting Scholar, Blogger
- American Public Health Association - Member
- Association for Psychological Science - Member
- Black Graduate Conference in Psychology - Planning Committee
- Editorial/Grant Review Service
  - American Psychologist - Reviewer
  - Child Development - Reviewer
  - Cultural Diversity and Ethnic Minority Psychology - Consulting Editor; Reviewer
  - Developmental Psychology - Reviewer
  - Family Psychology - Reviewer
  - Journal of Clinical Child and Adolescent Psychology - Consulting Editor; Reviewer
  - Journal of Negro Education - Reviewer
  - Journal of Research on Adolescence - Reviewer
  - National Science Foundation - Grant Reviewer
  - Review of Research in Education - Associate Editor
- Harvard University Health Lab Accelerator - Mentor
- Health Equity Leadership Committee - Member
- Mental Health First Aid - Appointed Research Advisor
- Robert Wood Johnson Foundation Health Policy Research Scholars - Coach
- Society for Research on Adolescence
  - Emerging Scholars - Blogger
  - Early Career Committee - Member
  - Anti-Racism Task Force - Appointed Member
- Society for Research in Child Development - Member
  - Equity & Justice Committee - Appointed Member
  - Race, Ethnicity, Culture, and Context Panel Reviewer for Biennial Conference
  - Early Career Committee of the Special Topics in Character Development Conference
  - Scholar Development Program Advisory Committee - Member
- University of Michigan
  - Depression Center - Member, Clinical Scholar
  - Detroit Center - Advisory Board Member, Resident
  - HBHE Department - Co-Chair of Student Recruitment Committee
  - Institute for Social Research - Faculty Affiliate
  - Mothering in the Age of Intensive Parenting Conference - Planning Committee
  - National Center for Institutional Diversity - Diversity Scholars Network Member
  - The Program for Research on Black Americans - Faculty Affiliate
  - Research Center for Group Dynamics
  - Trotter Multicultural Center - Director Search Committee Member
  - Urban Research Center - Community-Academic Research Network Member

## GRADUATE SERVICE

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2025	<i>Co-Chair</i> , Dissertation Committee (Proposal) - Akilah Patterson, MPH; University of Michigan, Department of Health Behavior and Health Education, School of Public Health
2025	<i>Member</i> , Dissertation Committee (Defense) - Maegan Barber, PhD; Howard University, Clinical Psychology, Department of Psychology
2024	<i>Member</i> , Dissertation Committee (Defense) - Marlena Debreux, PhD; Vanderbilt University, Community Research and Action, Department of Human and Organizational Development
2022	<i>Member</i> , Dissertation Committee (Defense) - Monique McKenny, Ph.D.; University of Miami, Counseling Psychology; School of Education and Human Development
2022	<i>Member</i> , Dissertation Committee (Defense) - Kyle Nisbeth, Ph.D.; University of Michigan, Department of Health Behavior and Health Education, School of Public Health
2022	<i>Member</i> , Dissertation Committee (Proposal) - Destiny Printz, M.S.; University of Connecticut, Clinical Psychology; Department of Psychological Sciences

- 2021 *Member*, Dissertation Committee (Defense) - Danielle Marie Olson, Ph.D.; Massachusetts Institute of Technology; Department of Electrical Engineering and Computer Science
- 2021 *Member*, Preliminary Exam Committee - Marlena Debreaux, MA, MS; Vanderbilt University, Community Research and Action, Department of Human and Organizational Development
- 2021 *Member*, Dissertation Committee (Proposal) - Monique McKenny, M.Ed.; University of Miami, Counseling Psychology; School of Education and Human Development
- 2020 *Member*, Dissertation Committee (Proposal) - Adrianna Elizabeth Crossing, M.A.; Michigan State University, School Psychology; Counseling, Educational Psychology, and Special Education Department
- 2020 *Member*, Dissertation Committee (Proposal) - Kyle Nisbeth, MPH; University of Michigan, School of Public Health
- 2020 *Member*, Dissertation Committee (Proposal) - Danielle Marie Olson, M.S.; Massachusetts Institute of Technology; Department of Electrical Engineering and Computer Science
- 2020 *Member*, Preliminary Exam Committee - Dominique Sylvers, MPH; University of Michigan, School of Public Health
- 2019 *Member*, Preliminary Exam Committee - Kyle Nisbeth, MPH; University of Michigan, School of Public Health
- 2019 *Mentor*, Master of Science Thesis - Danielle Marie Olson, M.S.; Massachusetts Institute of Technology; Department of Electrical Engineering and Computer Science
- 2018 *Member*, Guidance Committee - Adrianna Elizabeth Crossing, M.A.; Michigan State University, School Psychology; Counseling, Educational Psychology, and Special Education Department
- 2018 *Member*, Qualifying Exam Committee - Joshua Schuschkle, M.A.; University of Southern California, Rossier School of Education
- 2018 *Member*, Dissertation Committee (Defense) - Dara Winley, Ph.D.; Drexel University, Couple and Family Therapy Department; College of Nursing and Health Professions

## MEDIA, PODCASTS, AND WEBINARS

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### [Media: Print](#)

- Center for Family Research | [Walking the talk - Spotlight on Riana Elyse Anderson](#) | March, 2025
- UNC School of Social Work | [2025 Black History Month Research Series discusses economic, health equity](#) | March 6, 2025
- Maryland Department of Health Office of Suicide Prevention | [Taking Care of Us: Trailblazer](#) | February 23, 2025
- Center for Family Research | [Gene Brody Symposium](#) | February 12, 2025
- Bold Journey | [Meet Riana Elyse Anderson](#) | February 11, 2025
- Vox | [How to get through this: Coping strategies for the next few days - and the next four years](#) | November 11, 2024
- APA | [10 psychologists of color at the forefront of racial equity](#) | November 1, 2024
- APA | [APA journal addresses racism in psychology](#) | July 22, 2024
- FABBS | [Kellina Craig-Henderson IDEA Award Winner](#) | June 28, 2024
- The American Prospect | [Psychological Reparations: Investments to repair racial harms are critical. But so is paying attention to the inner lives of Black Americans](#) | June 13, 2024
- American Psychological Association | [\[Artists\] fight mental health stigma through music](#) | March 7, 2024
- Greater Good Magazine | [How We Talk With Kids About Prejudice Matters](#) | August 16, 2023
- CBS News | [Mass shootings take a toll on Americans' mental health, even from a distance, experts say](#) | May 24, 2023
- NBC News | [Ralph Yarl shooting shows dangerous perception of Black children, experts say](#) | April 11, 2023
- Embrace Race | [Reflections on children's racial literacy](#) | February 3, 2023
- CNN | [To cope with release of violent videos, manage stress and know your own limits](#) | January 30, 2023
- Center for Parent & Teen Communication | [Encouraging Acceptance of Others](#) | November 10, 2022
- Chicago Parent | [How to keep Holiday Stress in Check](#) | October 30, 2022
- NPR | [Many children are regularly exposed to gun violence. Here's how to help them heal](#) | September 20, 2022
- In Style | [The Psychology of September](#) | September 15, 2022
- Because Of Them We Can | [Detroit Psychologist Celebrates Hire At Stanford, Columbia, & Harvard](#) | August 11, 2022
- The Hub | [Anti-Black Racism Negatively Impacts the Effectiveness of Psychotherapy on Black Youth](#) | June 8, 2022
- Forbes | [16 Healthcare Innovators That You Should Know](#) | June 21, 2022
- The Hub | [Anti-Black Racism Negatively Impacts the Effectiveness of Psychotherapy on Black Youth](#) | June 8, 2022
- AP | [Two years after Floyd murder, racial trauma permeates US](#) | May 25, 2022
- Essence | [Anti-Black Violence on our Mental Health](#) | May 19, 2022
- Parents | [Black Identity and What it Means to Be 'Black Enough'](#) | April 15, 2022
- BLAC | [King Boulevard](#) | March 16, 2022



- SRA | [Biennial Meeting Awards](#) | March 4, 2022
- Self | [Stressful News Cycle Tips: 13 Ways to Protect Your Mental Health](#) | March 3, 2022
- NBC 10 News | [Learning from our past: The ongoing fight against systemic racism](#) | February 25, 2022
- Washington Post | [Biden's free covid tests plan shortchanges Americans of color and hardest-hit communities](#) | February 12, 2022
- American Psychological Association | [Presidential Citation to the Task Force on Eradication of Racism](#) | January, 2022
- Presidential Leadership Scholars | [2022 Class of Presidential Leadership Scholars Announced](#) | January 18, 2022
- Inside Higher Education: The Academic Minute | [Stressors and the Black Community](#) | December 30, 2021
- Vox | [The world as we know it is ending. Why are we still at work?](#) | December 16, 2021
- Essence | [Create A Mental Healthcare Plan That Works For You Using These 9 Steps](#) | November 16, 2021
- The Root | [The Root 100 2021](#) | November 4, 2021
- Essence | [9 Mental Health Conversations You Can't Miss At ESSENCE Wellness House](#) | November 3, 2021
- Crain's Detroit Business | [Riana Anderson - Notable Rising Stars in Health Care 2021](#) | October, 2021
- The University Record | [Journalist Urges Audience to 'Opt In' to Confront "Twin Plagues"](#) | October 11, 2021
- Self Magazine | [13 Signs It's Time to Consider Therapy](#) | October 5, 2021
- Self Magazine | [10 Common Return-to-Work Concerns -and How to Mentally Prepare for Them](#) | September 29, 2021
- Prevention Magazine | [How to Talk to Your Kids About Racism, According to Experts](#) | August 23, 2021
- HuffPost | [8 Things Therapists Do In The Morning When They're Stressed](#) | August 19, 2021
- PBS | [Why Black Women are Saying No](#) | July 30, 2021
- Our Weekly | [State of Black America report focused on economic justice after the pandemic](#) | July 21, 2021
- Pattern Health | [A Moment with Riana Elyse Anderson](#) | June 29, 2021
- UM News | [How conversations about race help Black parents improve adolescents' psychological outcomes](#) | June 17, 2021
- American Psychological Association | [Raising Anti-racist Children](#) | June 2, 2021
- Forbes | [We Need To Talk About Black Therapist Burnout](#) | May 29, 2021
- Zora | ['Racial Battle Fatigue,' and 365 Days of Trauma](#) | May 24, 2021
- Center for Parent and Teen Communication | [How Your Stress May Affect Your Teen And What You Can Do About It](#) | May 20, 2021
- New York Times | [Retailers are Entering the Mental Health Market](#) | May 7, 2021
- Wiley Online Library | [Influential Articles on Social Justice and Diversity in Family Therapy](#) | May 6, 2021
- WT Grant Foundation | [Five Early Career Researchers Selected for the WT Grant Scholars Class of 2026](#) | April 26, 2021
- Michigan Chronicle | [The Toll on Mental Health and Moving Forward](#) | April 13, 2021
- National Council of Mental Well-being | [MHFA Research Advisor](#) | April 9, 2021
- SRCD | [2021 SRCD Biennial Awardees](#) | April 1, 2021
- Center for Parent and Teen Communication | [Honest Conversations with Teens about Racial Injustices](#) | March 25, 2021
- Yahoo Life | [This Oprah Photo Quickly Becoming the Latest Example of Digital Blackface](#) | March 10, 2021
- American Psychological Association | [Communicating with teens during COVID](#) | March 8, 2021
- HuffPost | [How Parents Can Help Their Kids Make Lasting Interracial Friendships](#) | February 12, 2021
- Women's Health | [12 Organizations That Support Black Women's Physical And Emotional Health](#) | February 5, 2021
- Society for Research in Child Development | [SRCD Members in the News: Dr. Riana Elyse Anderson](#) | December 21, 2020
- American Psychological Association | [New ways of measuring "The Talk"](#) | December 15, 2020
- Downtown Publications | [Racism impact: No longer a Black/White issue](#) | November 4, 2020
- The Keystone | [Black Youth Have Heard 'The Talk.' It's Time Everyone Else Did, Too.](#) | October 29, 2020
- Forbes | [8 Things Mental Health Experts Want you to Know on World Mental Health Day](#) | October 10, 2020
- HuffPost | [15 Things Therapists Do When They're Anxious Watching the Debates](#) | October 7, 2020
- Teen Vogue | ["Quarantine Fatigue" Is Real](#) | October 2, 2020
- KFGO | [Tips for managing mental health during COVID-19](#) | September 17, 2020
- MIT News | [Examining racial attitudes in virtual spaces through gaming](#) | September 17, 2020
- Reuters | [Reuters to host Twitter chat on managing mental health in a pandemic](#) | September 16, 2020
- Inside Higher Ed | [Stressors and the Black Community](#) | September 3, 2020
- Spencer Foundation | [Announcing our COVID-19-related research grants awardees](#) | September 2, 2020
- Parents Magazine | [How to Raise a Child Who Loves to Read](#) | August, 2020
- MLive | [Kamala Harris highlights voter suppression in virtual meeting with Michigan Black women](#) | August 26, 2020
- NPR/Michigan Radio | [Senator Kamala Harris encourages Black Michiganders to vote during virtual event](#) | August 26, 2020
- University of Michigan Depression Center | [Riana Anderson Receives Racial Injustice Award](#) | August 25, 2020
- University of Michigan Detroit | [UofM Professor as Panelist for National Urban League](#) | August 12, 2020
- Greater Good | [Seven Ways the Pandemic is Affecting Our Mental Health](#) | August 11, 2020
- Your Teen Mag | ["White Kids Are Using the N-Word at School!"](#) How To Talk About Discrimination | July, 2020

- The Detroit News | [Initiative aims to boost COVID-19 testing for Blacks, Latinos](#) | July 23, 2020
- Women's Health | [What Is Digital Blackface? Experts Explain Why The Social Media Practice Is Problematic](#) | July 20, 2020
- Refinery29 | [Feed Fatigue Is Real; But Pushing Past It Is Essential](#) | July 14, 2020
- The Bump | [When and How to Talk to Your Kids About Race](#) | June, 2020
- Motherly | [An Age-by-Age Guide to Talking to Your Kids About Racism](#) | June, 2020
- Elite Daily | [Here's How to Incorporate Anti-Racism into Your Daily Life](#) | June 28, 2020
- Ily Magazine | [Emotional Wellness](#) | June 21, 2020
- The Michigan Daily | [Racial Socialization-Based Research 'EMBRace' to Open Program in Detroit](#) | June 11, 2020
- Bridge Detroit | [Reaching out to Black People to Discuss Race? There's a Good and Bad Way to do That](#) | June 11, 2020
- Grow by WebMD | [Experts: White Parents Must Face Discomfort on Race](#) | June 11, 2020
- The Bridge Michigan | [Coronavirus Lays Bare Health Disparities Amid Michigan Protests](#) | June 11, 2020
- Elite Daily | [How to Talk to Your Parents About Racism Because It's So Important](#) | June 10, 2020
- Greater Good Magazine | [How Adults Can Support the Mental Health of Black Children](#) | June 9, 2020
- AP News/New York Times | [Black Activists Push for Criminal Justice System Overhaul](#) | June 7, 2020
- The University Record | [Town Hall Panelists Explore Ways to Fight Structural Racism](#) | June 5, 2020
- The Detroit News | [UM president on Black enrollment: 'We've got a lot more work to do'](#) | June 5, 2020
- Fast Company | [Will the Protests Spread COVID-19? The Police Response is The More Likely Culprit](#) | June 4, 2020
- Slate | [For Black Americans, Using Social Media Means Risking PTSD](#) | June 3, 2020
- Greater Good Magazine | [Anti-Racist Resources from Greater Good](#) | June 3, 2020
- Well and Good | [Your Anger is Health \(Especially Right Now\), According to a Psychologist](#) | June 2, 2020
- Women's Health | [How to Talk To Your Friends And Family About Race, According to Psychologists](#) | June 2, 2020
- The Michigan Daily | [Study Reveals Impact of Stay at Home Orders on Mental Health](#) | June 1, 2020
- University of Michigan News | [The Pandemic's Heavy Toll on Black Mental Health](#) | May 20, 2020
- Fierce for Black Women | [Black Women Coping with Stress and Anxiety in the Age of COVID-19](#) | April 23, 2020
- Black Mental Health Collaborative | [Rona Realness Twitter Chat](#) | April 15, 2020
- APA Monitor | [Working Together against Racism](#) | April 1, 2020
- The New York Times - Parenting | [This Black History Month's Lesson: Joy](#) | February 26, 2020
- University of Michigan - Depression Center | [Depression Center's Next Rachel Upjohn Scholar](#) | January 10, 2020
- The Hechinger Report | [Too Few Parents Talk to their Kids about Race and Identity, Report Finds](#) | November 13, 2019
- University of Michigan School of Public Health | [New Faculty Spotlight](#) | January 23, 2019
- Black Mental Wellness | [Guest Contributor](#) | January 16, 2019
- Society for Research on Adolescence | [Emerging Scholar Spotlight](#) | December, 2018
- Engaged UVA | [Alumni Spotlight - Research and Teaching in Partnership with Communities](#) | Fall, 2018
- The Pennsylvania Gazette | [Racial Rapport 101](#) | June 22, 2018
- The Notebook | [Depression Varies among Racial Groups](#) | March 21, 2018
- BuzzFeedNews | [Beyond Dope](#) | October, 8, 2017
- PennGSE Newsroom | [Racial Empowerment Collaborative Helps Families Confronting Racism](#) | June 16, 2017
- Blavity | [4 Dope Mental Health Media Scholars Team Up to Break Stigma](#) | May 1, 2017
- CurlyNikki | [How Two Black Psychologists Are Changing the Way We Talk about Mental Health](#) | April 12, 2017
- PennGSE Newsroom | [Anderson and Jones Host "Our Mental Health Minute" Series on YouTube](#) | April 6, 2017
- Philadelphia Family – Main Line Parent | [Why—and How—to Talk to Your Kids About Race](#) | Spring, 2017 – Issue 9
- Huffington Post | [How These Psychologists Are Prioritizing Mental Health Care for Black America](#) | March 28, 2017
- Philadelphia Weekly | [Does Being Black in America Require Therapy?](#) | August 10, 2016

### Media: Visual/Audio

- American Psychological Association | [Listening Well with Lindsey Stirling - Social media & mental health](#) | February 27, 2025
- Brainwaves | [Drop Kicking Racism](#) | February 4, 2024
- American Psychological Association | [Listening Well with MILCK - Coping with grief](#) | January 30, 2025
- PBS Vitals | [Wellness Inside Out: Navigating Perimenopause](#) | August 19, 2024
- Hutchins Center | [Teaching with Hiphop in the 7-12 Grade Classroom: A Book Talk with the Author Lauren Leigh Kelly](#) | April 25, 2024
- American Psychological Association | [Listening Well with MILCK - Mental health and musical inspiration](#) | April 10, 2024
- American Psychological Association | [Listening Well with Chelsea Cutler - Pressing pause on social media](#) | February 20, 2024
- PBS Vitals | [Wellness Inside Out: Reduce Stress from Racism](#) | January 3, 2024
- American Psychological Association | [Listening Well with Erick the Architect - Mental health stigma](#) | January 17, 2024

- PBS Vitals | [Wellness Inside Out: Rituals](#) | January 3, 2024
- PBS Vitals | [Wellness Inside Out: Introduction](#) | October 30, 2023
- Stanford CASBS | [My year at CASBS](#) | October 30, 2023
- NPR Embedded | [What Can Be Done After a Racist Attack?](#) | June 1, 2023
- Noggin | [Discussing Race with Young Children](#) | February 3, 2023
- The Guardian | [Let's Talk about Tyre Nichols](#) | February 3, 2023
- NowThis News | [You don't have to watch viral videos of Black trauma to see and to understand](#) | February 1, 2023
- NowThis News | [There's no excuse not to talk to your child about racism](#) | February 1, 2023
- NowThis News | [Focus on Black love, joy, & happiness — not just Black death](#) | February 1, 2023
- PBS Newshour | [How videos of police brutality traumatize many Americans](#) | January 30, 2023
- The Griot | [Is Social Media Hurting Our Youth?](#) | January 30, 2023
- Newsy | Black Youth Mental Health | September 7, 2022
- CNN Brazil | [Assassinato de George Floyd completa dois anos](#) | May 25, 2022
- Newsy | TBA | May 18, 2022
- FOX 2 | [Aftershocks of Buffalo Shooting at Home](#) | May 16, 2022
- WDIV 4 | [Mental Health Impact of Buffalo Shootings](#) | May 16, 2022
- CBS 2 | [Many Without Access To Federally Purchased COVID Tests Due to Household Test Limit](#) | January 21, 2022
- TED | [Riana Elyse Anderson: Vaccinating Children Against the Virus of Racism](#) | November 2021
- CBS News | [Impact of Omicron COVID-19 variant on Americans' mental health](#) | December 27, 2021
- The Black Women's Agenda, Inc | [Embracing Mental Wellness and Self Care Town Hall](#) | December 15, 2021
- BNC | [The Impact of Social Media on Teens' Mental Health](#) | December 8, 2021
- Essence | [Mind Over Matter | When to Seek Therapy](#) | November 12, 2021
- Essence | [Essence Wellness House: Winning At Managing Your Mental Health](#) | November 11, 2021
- TEDx Detroit | [Vaccinating Children against the American Endemic: How We Can Treat the Virus of Racism](#) | November 9, 2021
- Tim Black Show | [Black Mental Health in America](#) | November 9, 2021
- PBS NewsHour | [College Students' Stress Levels Are 'Bubbling Over.' Here's Why and How Schools Can Help](#) | November 2, 2021
- BNC | [New Norm: The Impact of COVID-19 On Children's Mental Health](#) | October 11, 2021
- University of Michigan | [DEI Summit Community Assembly](#) | October 11, 2021
- CNN | [Teen Mental Health + Social Media](#) | September 18, 2021
- CPTC | [Divas With A Purpose: Culturally Responsive Parenting](#) | August 2021
- National Urban League | [State of Black America 2021: The New Normal](#) | July 15, 2021
- University of Michigan | [Riana Anderson on Having Family Conversations about Race](#) | June 18, 2021
- National Parent Teacher Association | [Let's Talk about Racial Trauma](#) | June 4, 2021
- iHeart Media | [Experts Calling For More Funding Towards Mental Health Crisis](#) | June 1, 2021
- Gary and Shannon iHeartRadio | [Dr. Riana Anderson on Mental Health](#) | June 1, 2021
- PBS | [5 tips from mental health experts on transitioning out of COVID restrictions](#) | May 31, 2021
- PBS NewsHour | [How to take care of your mental health as the world returns to 'normal'](#) | May 28, 2021
- Apple TV; Oprah + Prince Harry Presents: The Me You Can't See | May 21, 2021
- WXYZ Detroit News | [Plymouth Township couple fears vandalism tied to teenagers' hateful language about Asians](#) | May 21, 2021
- CNN | [Impact of Chauvin Trial on Mental Health](#) | April 24, 2021
- CNN | [Mental Health Effects of the Pandemic: One Year Later](#) | March 13, 2021
- The Today Show | [Lift Every Voice: Thriving in Black Joy](#) | February 23, 2021
- CNN | Mental Health during the Holidays: Segments 1, [2](#), and [3](#) | November 21, 2020
- CNN | [Mental health and policing](#) | September 6, 2020
- Rolling Out | [AM Wakeup Call](#) | August 27, 2020
- Essence & Sister to Sister | [Mobilizing in Action with Kamala Harris](#) | August 26, 2020
- Newsy | [How unrest impacts Black American's mental health](#) | September 1, 2020
- CBS 42 | [Experts answer your back-to-school questions on 'Coronavirus House Calls'](#) | August 19, 2020
- National Urban League | [State of Black America Unmasked](#) | August 13, 2020
- Greater Good Magazine | [When Are Kids Old Enough to Talk About Racism?](#) | June, 2020
- Yahoo Finance | [How Businesses Can Address Mental Health & Racial Disparities](#) | June 22, 2020
- CBS | [Dr. Riana Anderson answers question from Huron girl in 'Coronavirus House Calls: Just for Kids'](#) | June 7, 2020
- CBS 42 | [Kids Ask Healthcare Superheroes Questions on 'Coronavirus House Calls'](#) | June 6, 2020
- PBS & American Black Journal | [Black Familial Mental Health](#) | May 31, 2020
- NPR & WHYY | [Embracing New Approach, African-American Families Help Kids Deal with Racism](#) | June 15, 2017



-WURD - The Lounge | [Mental Health among Black Millennials](#) | May 8, 2017

## Podcasts

-Talking About Kids | [What you need to know about racial socialization competency with Riana](#) | February 24, 2025  
 -We're Not OK | [Stress to Strength](#) | September 5, 2024  
 -WebMD | [From Microaggressions to Hypervigilance: How Racism Affects Black Mental Health](#) | February 1, 2024  
 -NPR | [Embedded: What Can Be Done After a Racist Attack?](#) | June 1, 2023  
 -Under the Cortex | [Spence Awardee Special Episode](#) | March 9, 2023  
 -Project Parenthood | [How Best to Raise Kids with a Positive Racial Identity](#) | March 8, 2023  
 -Our Body Politic | [Seeking Wellness in the Face of Tragedy](#) | May 28, 2022  
 -American Psychological Association's Speaking of Psychology | [Racism, racial discrimination and mental health](#) | May 25, 2022  
 -Healing Centered Conversations | [Pushin Prof Dr. Riana Elyse Anderson](#) | February 22, 2022  
 -Racially Just Schools | [How to Support Youth's Mental Health in Contexts of Racial Injustice & During COVID-19](#) | December 9, 2021  
 -The Barrier Breakdown: Disrupting Mental Health | [Episode 27: EMBRace and Racial Justice](#) | June 18, 2021  
 -Michigan Minds | [Racism and Mental Health](#) | February 25, 2021  
 -Population Healthy | [Black Families and Mental Health](#) | February 9, 2021  
 -Melanated Conversations | [Let's Have the Talk](#) | October 31, 2020  
 -Therapy for Black Girls | [Taking Action & Taking Care of Ourselves](#) | October 21, 2020  
 -Strength in the Midst of Change Podcast | [Talk, Walk, and Chalk](#) | July, 2020  
 -Distinctly Detroit | [Podcast](#) | May 10, 2020  
 -The London Times | [The Psychological Impact of Racism on Black Families](#) | June 22, 2020  
 -EDUCATED | [I Can't Breathe](#) | June 10, 2020  
 -Yale University - Flip the Script Podcast | [Dealing with Racism as a Family](#) | June 9, 2020  
 -University of Michigan Detroit | [Distinctly Detroit Podcast: Riana Anderson Talks About Helping Families Cope with the Stress of Racism and Her Life in Detroit](#) | June 2, 2020  
 -Our Mental Health Minute | [Putting Our Necks on the Line: Breathing in the Midst of Racism](#) | June 1, 2020  
 -She's A Genius Podcast | [Time to Recharge and Embrace Mental Health: Tools for Survival](#) | May 6, 2020  
 -What is Black Podcast | [Our Mental Health Minute](#) | May 4, 2020  
 -University of Michigan - Public Engagement & Impact | [Michigan Minds: One Minute for Your Mind](#) | December 13, 2019  
 -University of Michigan Intergroup Relations DialogueUP! | [Clinical Interventions to Reduce Racial Trauma](#) | November 22, 2019  
 -Black Mom Resource Podcast | The Talk | February 11, 2019  
 -What is Black Podcast | [Talking to Kids about Race](#) | January 21, 2019  
 -Black People Heal | [Therapy for Black Families](#) | February 1, 2018  
 -Multicultural Family Man Podcast | [Psychology & Reducing Race-Related Stress](#) | May 29, 2016

## Webinars

-Harvard T.H. Chan School of Public Health Center for Health Communication | [How Racial Discrimination Decays Mental Health and What We Can Do About It](#) | August 19, 2024  
 -Nickelodeon | [Teaching Anti-Racism and Social Justice with Nickelodeon's Rhymes Through Times](#) | March 23, 2021  
 -EmbraceRace | [Managing Racial Stress and Teaching Kids to do the same](#) | January 26, 2021  
 -NYU McSilver Institute | [Ring the Alarm: Mental Health & Black Youth](#) | January 18, 2021  
 -Ann Arbor Public Library | [Bright Nights Community Forum](#) | September 15, 2020  
 -MOTTEP | [Our Mental and Physical Health during COVID Wednesday Wellness Series](#) | July 29, 2020  
 -EmbraceRace | [Moving 'The Talk' to 'The Walk' for Black Children](#) | July 2, 2020  
 -Senator Stephanie Chang | [Finding the Balance](#) | June 26, 2020  
 -Detroit Church Panel | [What Justice Looks Like](#) | June 21, 2020  
 -Power to the People 313 | [Mental Health Check-in](#) | June 19, 2020  
 -Alliance for Health Policy | [COVID-19 Webinar Series: Advancing Mental Health During the Pandemic and Beyond](#) | June 19, 2020  
 -Society for Child and Family Policy and Practice | [Strengthening the Development of Black Boys](#) | June 12, 2020  
 -University of Michigan | [Constructive Conversations for Societal Change](#) | June 5, 2020  
 -Senator Stephanie Chang | Mental Health Hour | April 16, 2020  
 -EmbraceRace | [I Confuse a Lot of People!: A Conversation about Racial Incongruence](#) | December 18, 2018  
 -Teach for America - Philadelphia | [Community, Culture, & Practice](#) | July 31, 2016

## ADVISORY AND BOARD SERVICE

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- Google Kids and Family Advisory/Alphabet - Advisory Board Member
- Health Equity Leadership Committee - (Inaugural) Board Member
- Mental Health First Aid - Board Member
- Nickelodeon/Noggin - Advisory Board Member
- Our Mental Health Minute: Session Notes Podcast - Co-Founder, -Writer, -Producer, -Host (with Dr. Shawn C. T. Jones)
- Our Mental Health Minute Vlog - Co-Founder, -Writer, -Producer, -Star (with Dr. Shawn C. T. Jones)
- Sesame Workshop - Advisory Board Member
- State of Michigan - Student Recovery Committee; Student Wellness Subcommittee
- What is Black? Podcast - Board Member

## EMPLOYMENT AND CONSULTATION EXPERIENCE

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### *Chief Executive Officer & Founder*

RACE Space Inc., Stanford, CA

December 2022-present

Research and Action for Clinical Empowerment (RACE) Space Inc. seeks to become a public benefit corporation that provides technology-focused solutions towards the reduction and elimination of youth of color's mental health problems associated with racism. Experience building, founding, and leading research and development, finances, and staff workflows.

### *Consultant*

June 2021-present

Sesame Workshop, New York, NY

The Sesame Workshop Racial Justice Initiative focuses on ways to address police violence within programming utilizing data and evidence based approaches.

### *Consultant*

January 2021-present

Nickelodeon/Noggin/OK Play, New York, NY

The Racial Justice Research Initiative strives to engage diverse families in racial socialization. Through media, research, and scripted vignettes, the advisory committee will help to cultivate the familial content.

### *Consultant*

November 2020-present

Hunt Institute, Bezos Family Foundation, The Bill & Melinda Gates Foundation, and the Foundation for Child Development, Durham, NC

The Racial Identity Formation Collaborative examines the development of racial identity among young children of color for funding agendas and research proposals.

### *Consultant*

September 2020-present

Google Kids and Family Advisory, San Francisco, CA

This new advisory group will be focused on how to ensure equity and inclusion in the content Google supports and serves to organize the world's information and make it accessible to all.

### *Consultant*

June 2018-present

EmbraceRace, Amherst, MA

Develop curriculum regarding racial conversations with adults and youth with a team of racial socialization experts. The curriculum will be aimed at parents, but will benefit many non-parent adult caregivers, of birth-8<sup>th</sup> grade children of all racial identities. It will be organized around the two main pillars of EmbraceRace's work generally (Resources and Community Building) and include an interactive and multimedia range of online and offline activities.

### *Consultant*

August 2015-present

Racial Empowerment Collaborative, University of Pennsylvania, Philadelphia, PA

Develop and facilitate workshops and process-oriented groups regarding racial stress and trauma with organizations (e.g., KIPP, Mastery Charter Schools, Michigan State University, Teach For America, The Philly Food Trust, etc.). Guide participants through their organizational and personal response to current racialized events with a goal of better preparing staff to interact with and support youth.

### *Consultant, Graduate Intern*

May 2010-June 2014

University of Virginia, University and Community Action for Racial Equity (UCARE), Charlottesville, VA

Conducted research on effective multicultural and community training techniques for student and community organizations. Developed a training program for organizations at the University of Virginia to become competent in practices that support and foster inclusive environments, particularly as it relates to race, ethnicity, and culture, with a special emphasis on cross racial dialogue. Facilitated training in workshops and consulted others on their delivery.

*Buffett Fellow, Graduate Intern*

May 2011-May 2012

City of Promise Initiative, Charlottesville/Albemarle Commission on Children and Families (CCF), Charlottesville, VA

University of Virginia, Center for Children, Families, and the Law (CCFL), Charlottesville, VA

Conducted CBPR and Motivational Interviewing (MI) within a public housing facility to motivate families towards participation in services. Created a needs assessment survey to gauge unmet needs of families regarding child and neighborhood services. Researched empirically-based culturally-specific parenting interventions to improve parent skills and child outcomes. Assisted in writing two funded grants totaling over \$500,000 through the Virginia Department of Social Services Division of Family Services' Child Abuse and Neglect Prevention Program and the Department of Education's Promise Neighborhood Grant.

*Program Coordinator*

May 2010-August 2010

University of Virginia, Summer Undergraduate Research Program (SURP), Charlottesville, VA

Coordinated programming for SURP, an internship for diverse college juniors conducting research with Educational Psychology faculty and students. Organized weekly activities and meetings and conducted a workshop on conference presentations. Assisted in poster development and presentation, facilitated journal club meetings, and provided guidance for the graduate application process.

*Research Program Assistant*

Sep 2008-May 2009

Johns Hopkins University, School of Medicine, Child and Adolescent Psychiatry, Baltimore, MD

*\*Please see research experience for description.*

*Program Specialist*

August 2008-January 2009

Achieve Tutoring, Washington, DC

Created curriculum designed to enhance test performance of students within Washington, DC public schools (DCPS) through Achieve Tutoring, a No Child Left Behind government-sponsored Supplemental Educational Services (SES) tutoring vendor. Collected data on student performance within DCPS on academic standards and effective learning tools for student instruction and created the program's scope and sequence based on DCPS standards.

*Elementary School Teacher*

June 2006-June 2008

Teach For America, Atlanta Public Schools, Grove Park Elementary School, Atlanta, GA

Taught reading, language arts, social studies, and science at a low-performing public school through Teach For America, an organization focused on eliminating the achievement gap within education. Responsibilities included researching, creating, and implementing strategies of academic and social success through instruction and tutoring, behavior management, and cultural and social development. Served on the Black History program and Career Day committees and coached the basketball teams.

**REFERENCES AVAILABLE UPON REQUEST**

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